

# **DERBYSHIRE HEALTHCARE NHS FOUNDATION TRUST**

## **CLINICAL PSYCHOLOGY SERVICES**

### **JOB DESCRIPTION**

<b>JOB TITLE :</b>	Forensic/ Clinical Psychologist (Band 7/8a)
<b>ACCOUNTABLE TO:</b>	Consultant Clinical Psychologist –Forensic/Rehab Lead
<b>REPORTING TO:</b>	Clinical Psychology Manager
<b>RESPONSIBLE FOR:</b>	Assistant Psychologists and Trainee Clinical Psychologists as required.
<b>GRADE:</b>	1.0 FTE Band 7/8A
<b>BASE:</b>	Kingsway
<b>LIAISES WITH :</b>	Other team members, including, where applicable, other disciplines and agencies responsible for the client's care.

#### **Job Summary:**

Responsible for providing assessment, formulation and evidence based psychological interventions within the Derbyshire Healthcare Foundation NHS Trust forensic service.

This is a split post which includes working with individuals and groups in men's low secure setting (Kedleston Unit) and the Rehabilitation services.

As a key member of the service you will combine direct clinical work with supervision, training, consultation and service evaluation and development.

Working as a member of the Multi Disciplinary Team to provide a clinical service to high risk and difficult to engage clients who have complex mental health needs.

#### **KEY RESULT AREAS**

##### **1 Clinical:**

**Responsible for:**

- a) Provision of specialist psychological assessments of clients referred based upon the appropriate use, interpretation and integration of complex data from a variety of sources including psychological tests, self-report measures, rating scales, direct and indirect structured observations and semi-structured interviews with clients, family members and others involved in the client's care.
- b) Formulating and implementing plans for the formal psychological treatment and/or management of referred client's, based upon an appropriate conceptual framework of the client's problems, and employing methods based upon evidence of efficacy, across the full range of care settings.
- c) Implementing a range of psychological interventions for individuals, carers, families and groups, adjusting and refining psychological formulations as required.
- d) Evaluating and making decisions about treatment options taking into account both theoretical and therapeutic models and highly complex factors concerning historical and developmental processes that have shaped the individual, family or group.
- e) Exercising autonomous professional responsibility, within the context of multidisciplinary team working, for the assessment, treatment and discharge of clients.
- f) Consulting, advising, and/or supervising colleagues from other disciplines on the psychological formulation and management of patients with mental health problems or learning disabilities, particularly in areas of specialist knowledge.
- g) Contributing directly and indirectly to a psychologically based framework of understanding and care to the benefit of all clients of the service, across all settings and agencies serving the client group.
- h) Implementing case management within the framework of the Care Programme Approach if appropriate, including fulfilling the role of care co-ordinator if appropriate, initiating planning and review of care plans involving clients, carers, and others involved in the care package, in this process.
- i) Assessing, monitoring, and managing clinical risk in order to minimise this risk to patients, other people, and oneself, and providing advice on psychological aspects of risk assessment and management.
- j) Communicating orally and in writing, in a skilled and sensitive manner, information concerning the assessment, formulation and treatment plans of clients, to referrers and others involved in the clients care on a need to know basis. This may include preparation of reports for court, probation and MAPPA in line with job requirements

- k) Developing and maintaining links and liaison with officers and staff of Social Services, Probation, Police General Practitioners and other Health Care Workers in line with trust policies and procedures.
- l) Attending clinical meetings, case reviews, and case conferences as appropriate.
- m) Carrying out other clinical duties as may be agreed with the psychology manager.

## **2 Policy And Service Development:**

### **Responsible for:**

- a) Implementing policies and procedures relevant to the delivery of services within the agreed area of work.
- b) Contributing to the development, evaluation and monitoring of the team's operational policies and services, by providing a psychological perspective, and through the deployment of professional skills in research, service evaluation and audit.
- c) Identifying and advising the team, service, or psychology manager on potential improvements to working practices and procedures within own area of work.

## **3 Human Resources:**

### **3.1 Clinical Supervision, Teaching and training**

#### **Responsible for:**

- a) Receiving regular clinical supervision in accordance with Trust and professional good practice guidelines.
- b) Planning, organising, and providing teaching and training sessions on topics related to area of work for colleagues and/or staff from other disciplines, voluntary organisations, and self-help groups.
- c) Offer training and provide supervision to other MDT staff's related to their psychological work, as appropriate.
- d) Observing a personal duty of care in relation to equipment and resources used in the course of ones own work.
- e) Attending service and business meetings within the Department of Clinical Psychology and work area as required and agreed with the psychology manager.

- f) Providing, as required, professional and clinical supervision of assistant psychologists including workload management.
- g) Contributing to regional clinical psychology training through, for example, provision of clinical placement supervision for trainees, ensuring acquisition of required skills and competencies, and contributing to the monitoring and evaluation of these.

### **3.2 Management and recruitment**

- a) To manage the workloads of assistant and trainee clinical psychologists working within the team within the framework of the team/services's policies and procedures.

## **4 Research And Development:**

### **Responsible for:**

- a) Supervising research, particularly in areas of clinical relevance if appropriate and agreed.
- b) Utilising theory, evidence-based literature and research to support evidence-based practice in individual work and work with other team members.
- c) Undertaking clinical project management, including complex audit and service evaluation, with colleagues within the service to help develop service provision.

## **5. Information Technology:**

### **Responsible for:**

- a) Collecting, recording, maintaining and providing data and statistics, including clinical information, in accordance with Trust and National requirements and policy, and comply with appropriate monitoring and review processes as required.
- b) Processing text and constructing databases and spreadsheets for teaching and/or audit or research purposes..

## **6. General**

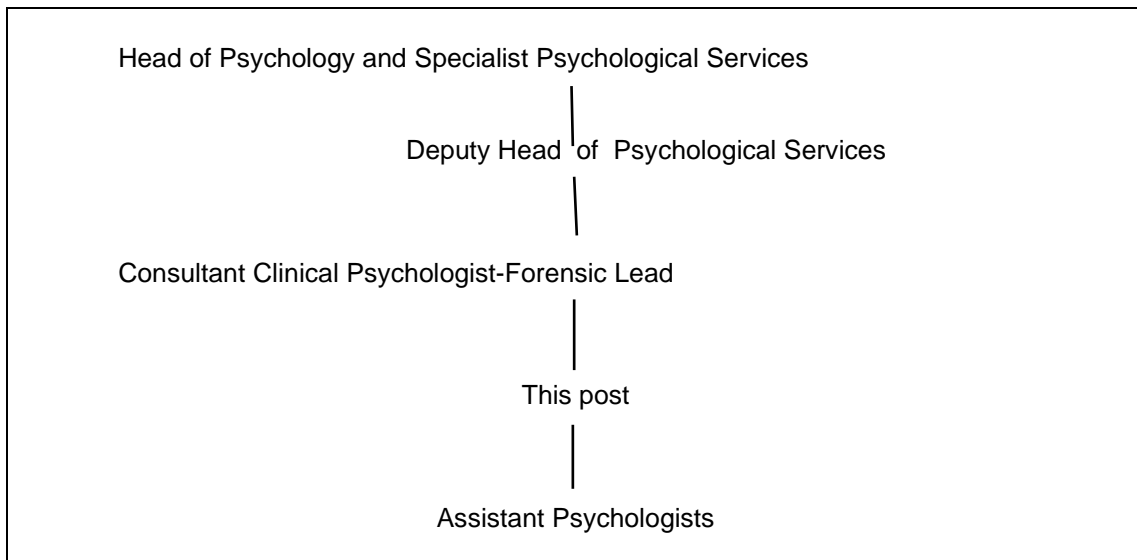
- a) To contribute to the development and maintenance of the highest professional standards of practice, through active participation in internal and external CPD training and development programmes, in consultation with the post holder's professional and service manager(s).

- b) To contribute to the development and articulation of best practice in psychology across the service, by continuing to develop the skills of a reflexive and reflective scientist practitioner, taking part in regular professional supervision and appraisal and maintaining an active engagement with current developments in the field of clinical psychology and related disciplines.
- c) To maintain the highest standards of clinical record keeping including electronic data entry and recording, report writing and the responsible exercise of professional self-governance in accordance with professional codes of practice of the Health Professions Council, British Psychological Society and Trust policies and procedures.
- d) To maintain up to date knowledge of legislation, national and local policies and issues in relation to both the specific client group and mental health and/or learning disabilities.

***To be noted:***

- This is not an exhaustive list of duties and responsibilities, and the post holder may be required to undertake other duties that fall within the grade of the job, in discussion with their manager.
- This job description will be reviewed regularly in the light of changing service requirements and any such changes will be discussed with the post holder.
- The post holder is expected to comply with all relevant Trust policies, procedures and guidelines, including those relating to Equal Opportunities, Health and Safety and Confidentiality of Information.

## **7. Organisational Chart**



#### **8. Job Description Agreement**

Job Holder's Signature:.....

Date: .....

Lead Clinical Psychologist Signature .....

Date: .....