

The Newcastle upon Tyne Hospitals NHS Foundation Trust**Job Description****Job Details**

Job Title	Dietitian
Pay Band	5
Directorate	Patient Services (Therapy services)
Base	Hospital Sites (Royal Victoria Infirmary, Freeman Hospital or Great North Children's Hospital) or Community

Essential Requirements

- Health Professions Council Registered Dietitian.
- Degree in Dietetics **or** Science/Nutrition Degree plus Post-graduate Diploma in Dietetics.
- Broad general knowledge of basic clinical dietetics with insight into specialist areas.
- Evidence of continuous professional development.
- Evidence of developing knowledge in order to provide cover for specialist dietitians without supervision.
- Understands professional standards and Code of Conduct as set out by the Health Professions Council.
- Good interpersonal skills.
- Keyboard skills.
- Full driving licence if required for the post

Desirable Requirements

- Basic Food Hygiene Certificate
- Clinical Supervisory skills training

Job Purpose

- Deliver a comprehensive and effective clinical nutrition and dietetic service to patients at hospital sites or in the community.
- Provide dietetic assessment, diagnosis, treatment, monitoring and management in the clinical setting.
- Act as a source of expertise in nutrition support and dietetics to patients, consultant medical staff, other health care professionals, carers and relatives.
- Deliver education and training to other healthcare staff and to patient groups.
- Participate in team, multi-disciplinary audit and research.

Dimensions

- This post is based in the Royal Victoria Infirmary or Great North Children's Hospital or Freeman Hospital or in a community setting

- For new graduates the post is eligible for the Preceptorship programme
- The post holder may be required to work in a flexible manner, supporting in outreach clinics or groups that extend beyond normal working hours or are scheduled for the evening or weekends.

Organisational Arrangements

Accountable to Head of Service

Knowledge, Training and Experience

- See essential requirements

Skills

Communication and Relationships

- Can communicate in verbal and written form with patients from all backgrounds and cultures effectively where there are barriers to change and difficulties in compliance.
- Can communicate in verbal and written form with other professional staff and public at all levels effectively.
- Ability to listen, interpret and empathise.
- Can plan, deliver and evaluate presentations and education sessions and interact with groups effectively.
- Instructs patients and carers on the use of feeds and feeding equipment.
- Adapting information from different situations and people using negotiating and motivational techniques.
- Is able to work with an interpreter if required.
- Have a role in multidisciplinary teams where required.
- Be able to manage difficult situations and disruption.

Analytical and Judgemental

- Make clinical judgements and recommendations on patient nutritional care based on clinical evidence that may be multi-factorial.
- Request clinical and biochemical investigations and interpret results in order to make clinical decisions including onward referral.
- Able to reallocate work at short notice whilst maintaining service.

Planning and Organisational

- Will plan, prioritise and manage own workload in conjunction with specialist dietitians
- Flexible, adaptable, able to work to deadlines,

Physical Dexterity

- Standard keyboard skills.
- Ability to undertake anthropometric measurements using appropriate equipment.
- Ability to connect feeding systems, programme and operate feeding pumps.

Key Result Areas**Patient / Client Care**

- Develops nutrition and/or dietetic treatment care plans for patients in general dietetics.
- Delivers patient education programmes such as cardiac rehabilitation
- Maintains records of patient care and communication with referrer.
- Continuously seeks to improve and develop professional practice within safe parameters.
- Reports and contributes to multi-disciplinary care teams and patient reviews to improve patient care.
- Advises medical and ward staff of nutrition care required.
- Liaises with Catering Department and Pharmacy on provision of appropriate foods and prescribed products.
- Plans patient discharge, if requirement of post, arranging continuation of care in the community, which may include provision of enteral feeding products and equipment and training of relevant carers to use same.
- Provides advice to Dietitians from other hospitals on specialised patient care when requested.
- Once Practice Supervisory Skills Training has been undertaken will be responsible for supporting student training and patient care when Student Dietitians are treating patients.
- Provide dietetic care, which may be in a specialist area, when Specialist Dietitians are on leave.

Policy and Service Development

- Works within agreed policies and contributes to policy review and development with clinical dietetic services in the department and across the Trust.

Financial and Physical Resources

- Follows the Trust aim that 'Every Penny Counts'
- Is mindful of the financial implications of feeding products and resources.

Human Resources

- Will be regularly involved in the training of student dietitians
- Will plan and deliver training to healthcare staff as required.

Information Resources

- Maintains own patient records of care and activity analysis as required.
- Participates in the updating and development of patient information and teaching materials using Trust guidance on patient information leaflets.

Research and Development

- Participates in clinical nutrition research and audit as required for the post.
- Continually evaluates own work and current practices through the application of the available evidence base.
- Supports other staff in developing and implementing changes to practice as a result of team audit.

Freedom to Act

- The post holder is managed on a day-to-day basis by a Lead Dietitian with work being assessed at regular intervals by 1:1 meeting with feedback
- Works independently, being responsible for autonomous assessment, clinical decision making, treatment selection and evaluation, within the Health Professions Council Code of Conduct, the British Dietetic Association Professional Standards of Practice and the Trust policies and procedures.
- Has access to clinical supervision from Specialist Dietitians as required.

Clinical governance

- Achieves the responsibilities of the Trust in clinical dietetics.

Effort & Environment

Physical

- Light physical work
- There will be frequent requirement for light physical effort to carry feeding pumps, feeding equipment, weighing scales, education resources and feeds to wards, clinics, or community settings

Mental

- Frequent concentration for report writing and dietary analysis calculation in a busy environment where work pattern is generally predictable.

Emotional

- Frequently provides dietetic care and advice to terminally ill, disabled and distressed patients and their relatives.
- Rarely exposed to highly distressing or emotional circumstances

Working Conditions

- Occasional exposure to offensive odours, proximity to bodily fluids, occasional verbal aggression.

The Newcastle upon Tyne Hospitals NHS Foundation Trust

Person Specification

JOB TITLE: Dietitian

BAND: 5

DIRECTORATE: Patient Services (Therapy services)

<u>REQUIREMENT</u>	<u>ESSENTIAL</u> Requirements necessary for safe and effective performance of the job	<u>DESIRABLE</u> Where available, elements that contribute to improved/immediate performance in the job	<u>ASSESSMENT</u>
Qualifications & Education	<ul style="list-style-type: none"> Degree in Dietetics or Science/Nutrition Degree plus Post-graduate Diploma in Dietetics. Full driving licence if required for the post Health Professions Council Registered Dietitian. 	<ul style="list-style-type: none"> Basic Food Hygiene Certificate 	
Knowledge & Experience	<ul style="list-style-type: none"> Broad general knowledge of basic clinical dietetics with insight into specialist areas. Evidence of continuous professional development. Evidence of developing knowledge in order to provide cover for specialist dietitians without supervision. 	<ul style="list-style-type: none"> Clinical Supervisory skills training 	
Skills & Abilities	<ul style="list-style-type: none"> Keyboard skills. Good interpersonal skills. 		
Values I Behavioural I Attitudes	<ul style="list-style-type: none"> Understands professional standards and Code of Conduct as set out by the Health Professions Council. 		
Core Behaviours	<ul style="list-style-type: none"> Alignment to Trust Values and Core Behaviours Take personal responsibility to: <ul style="list-style-type: none"> engage with the Trust's Climate Emergency Strategy and Sustainable Healthcare in Newcastle (SHINE) initiatives; assist in embedding our sustainability values into everyday practice; and help ensure such practice is applied consistently by you and your colleagues 		

CANDIDATE:

REFERENCE NO:

SIGNED BY:

DATE:

DESIGNATION: