



## **HEART Behaviours Framework**

| Our Values            | Our Behaviours  How we are with colleagues patients, carers and families   |   |  |
|-----------------------|--|---|--|
|                       | What we want to see from individuals and teams   | What we do not want to see from individuals and teams   |  |
| Honesty               |  |   |  |
| Truthfulness          | <ul> <li>We will be truthful and learn<br/>from our mistakes and take<br/>responsibility for our actions.</li> </ul>         | We will not blame others,<br>hide mistakes, and make<br>promises we cannot keep   |  |
| Open                  | <ul> <li>We will be impartial and open<br/>about the decisions we make<br/>and consider its impact on<br/>others.</li> </ul> | <ul> <li>We will not withhold<br/>information or make decisions<br/>in isolation of individuals,<br/>teams, or services.</li> </ul> |  |
| Speaking up           | <ul> <li>We will speak up, give<br/>feedback, encourage, and<br/>support those who do so.</li> </ul>                         | <ul> <li>We will not make people fear<br/>reprisal, revenge, or mock<br/>them for speaking up.</li> </ul>                           |  |
| Equity                |  |   |  |
| kindness and Caring   | <ul> <li>We will be friendly,<br/>welcoming, polite,<br/>approachable and look out for<br/>all people.</li> </ul>            | We will not ignore people or<br>be inconsiderate toward<br>others.  |  |
| Fairness              | <ul> <li>We will treat people equally,<br/>embrace diversity and<br/>difference.</li> </ul>                                  | We will not judge, deny<br>equitable access, or show<br>favouritism to others.  |  |
| Understanding         | We will show patience and<br>tolerance of others' views  | <ul> <li>We will not be dismissive of<br/>others' views, feelings,<br/>stories, or background</li> </ul>                            |  |
| Accountability        |  |   |  |
| Professional          | <ul> <li>We will be ethical, a role<br/>model, responsible for our<br/>attitude and behaviours</li> </ul>                    | We will not be unprofessional<br>or lack pride in our work.   |  |
| Excellence            | <ul> <li>We will take ownership for<br/>following best practice and<br/>going above and beyond</li> </ul>                    | We will not accept low<br>standards, fail to learn,<br>improve, and cut corners.  |  |
| Improving             | <ul> <li>We will be open to receiving<br/>feedback, learning and be<br/>proactive.</li> </ul>                                | <ul> <li>We will not put barriers or<br/>resistance to new ways of<br/>learning and doing things.</li> </ul>                        |  |
| Respect               |  |   |  |
| Attentive and Helpful | We will act with compassion<br>and be helpful and attentive<br>to the needs of others,                                       | We will not ignore people's<br>needs, be abrupt, rude,<br>shout, or bullying.   |  |
| Appreciative          | We will recognise people's<br>strengths, say thank you and<br>celebrate success, empower,                                    | We will not criticise or make<br>judgements or assumptions.<br>We will not take people and<br>their efforts for granted.            |  |





| Empathy     | and bring out the best in others.  • We will put ourselves in other         | We will not show a lack of  |  |
|-------------|---|---|--|
|             | peoples' shoes with compassion.   | interest or concern for others<br>'experience.  |  |
| Teamwork    |   |   |  |
| Involvement | We will include others,<br>collaborate, and work as a<br>team.              | We will not make decisions in<br>isolation and fail to<br>communicate with other<br>teams and services.                   |  |
| Support     | We will have a helpful<br>approach to how we work<br>with each other.       | <ul> <li>We will not ignore requests<br/>for help or create distrust<br/>through lack of support to<br/>others</li> </ul> |  |
| Goals       | We will understand and set<br>clear goals and objectives at<br>every level. | We will not leave people<br>unclear about expectations,<br>goals, and objectives.   |  |