



Job Description HR13b (Employee)

POST DETAILS

Job Title: Physiotherapy Technical Instructor	Band: 3
Location: As Advertised	Salary: AFC Band 3
Reports to: Physiotherapy Team Lead	Accountable to: Operational Lead, Outpatient Physiotherapy, Occupational Therapy and MSK Services, South Derbyshire
Working Pattern: As advertised	Job Type: Physiotherapy Technical Instructor
Date: 16.11.2022	

KEY PURPOSE/SUMMARY

Job Summary

- To provide specific support work to Physiotherapists, involving the practice of clinical techniques, which require technical skill and clinical understanding of patients requiring rehabilitation □ Aiding the rehabilitation of patients in the Outpatient Physiotherapy Service.
- To provide ongoing treatment, education and instruction to a referred caseload of patients, seen in both individual and group settings. This will include some amendment and progression of treatment programmes in agreement with the Physiotherapist.
- Work independently, when appropriate in outpatient department, but with access to a Physiotherapist
- To provide initial assessments for walking aids.
- To provide support to the Admin Team Lead, providing clerical and administrative duties as needed.



ORGANISATIONAL CHART/STRUCTURE

OPERATIONAL LEAD, OUTPATIENT PHYSIOTHERAPY OT & MSK SERVICES



OUTPATIENT PHYSIOTHERAPY TEAM LEAD



PHYSIOTHERAPISTS



PHYSIOTHERAPY ASSISTANT (THIS POST)

KEY DUTIES TASKS AND RESPONSIBILITIES **Patient Care**

- To provide skilled support to the Physiotherapists through ongoing treatment, education and instruction for patients seen in both individual and group settings. This will include some amendment and progression of treatment programmes in agreement with the Physiotherapist.
- To provide initial assessment for walking aids.
- To work without direct supervision, but with access to a Physiotherapist, reporting back on patient progress and informing the Physiotherapist of any problems or issues.
- To assist outpatient physiotherapists and occupational therapists in all aspects of patient care, with specific emphasis on exercise, education and mobility programmes, when working with the therapist or independently.
- To maintain and demonstrate the required level of clinical competence to ensure safe effective patient care.
- To use therapeutic skills within the guidance of the physiotherapist and have a theoretical understanding of orthopaedic and musculoskeletal conditions combined with a basic understanding of how equipment works and its appropriate application to patients.
- To use knowledge to recognise problems or complications, e.g. infection or deteriorating medical condition, and to discuss with the Physiotherapists whether medical review or alternative management is indicated.
- To treat patients individually or in a group setting in the Outpatient Department, ensuring that the background administrative duties are complete e.g. handouts, questionnaires, inputting.
- To determine timely and effective discharge of patients, relaying this to the Physiotherapist.



To assess and issue walking aids, train patients fully in their safe use and carry out mobility assessment, e.g. stairs, without direct supervision from a Physiotherapist.

- To provide Physiotherapy colleagues and other AHPs, medical and non-medical staff with information regarding the progress of service users to optimise the outcome for each individual. This could include attendance as the Physiotherapy representative, at Multidisciplinary Team (MDT) meeting to present relevant patient information and participate in the clinical decision-making process.
- To be responsible for stock monitoring and ordering to support service provision, with budgetary responsibility borne by team and operational leads.
- To support delivery of quality standards across clinical sites in liaison with team leads and business support lead.
- To be responsible for day-to-day maintenance, cleaning and testing of Physiotherapy equipment and Physiotherapy treatment areas, adhering to department and Trust policy, including competence to use equipment. To immediately remove from service any items of equipment found to be defective, informing senior staff and liaising with other appropriate agencies, e.g. Medical Engineering.
- To maintain accurate and legible records of all interventions and advice given to patients, carers or colleagues. Clinical records must comply with legal, professional and Trust Service Standards.
- To motivate and provide psychological support, empathy and reassurance to patients and carers using well developed communication and interpersonal skills.
- To use a range of effective verbal and non-verbal communication tools to communicate with patients, relatives and carers who may present barriers to communication to ensure a full understanding of their condition, treatment programme and to gain consent.
- To have current knowledge of Physiotherapy guidelines and protocols for a stated caseload and to be able to answer patient and carer queries or to consult with the Physiotherapist when appropriate.
- To be committed to the Trust Patient and Public Involvement (PPI) agenda and to undertake PPI activity.
- To undertake any other responsibilities required by the Physiotherapy Manager or Senior Physiotherapy staff.

Strategy and Service Development

- To actively contribute to service development as part of the wider team.



Financial Resources/Management

- To be responsible for equipment and stock control

Information Resources/Information Systems

- To undertake occasional clerical & administrative duties for the Physiotherapy department.
- To participate in the delivery of Clinical Governance
- To input into all relevant information systems e.g. SystmOne, Oracle, ESR

Autonomy/Scope within Role

- Ability to work independently but within procedural guidelines and under the guidance of the physiotherapist

KEY RELATIONSHIPS

The post holder will demonstrate professional, well established and effective communication skills, both within and external to the organisation.

Key Working Relationships Internal:

Key Working Relationships Internal

- Physiotherapists, Occupational Therapists and Therapy support staff within the service.
- Administrators and Admin Team Leads
- Team Leads, Operational Leads and senior leaders within DCHS
- Clinicians and admin teams in other services
- Estates and Integrated Facilities Management services

Key Working Relationships External:





Key Working Relationships External

- Relevant external organisations e.g. ambulance services
- Patients and carers
- Public
- GP practices and secondary care

KEY VALUES: WORKING THE DCHS WAY

Our Vision

“To be the best provider of local health care and be a great place to work”

Our Values

- ☐ To get the basics right
- ☐ To act with compassion and respect
- ☐ To make a difference
- ☐ To value and develop teamwork
- ☐ To value everyone's contribution: “everyone matters”

EFFORT REQUIRED WITHIN THE ROLE AND WORKING ENVIRONMENT

The post holder will be expected to perform a degree of effort within the context of the role capturing elements of physical, mental and emotional demands.

Physical

- Moderate physical effort required on a regular basis. Assisting patients, transferring patients, pushing wheelchairs, moving equipment.
- Repeated bending and stretching in the outpatient situation and cleaning equipment.
- Regular filing of records in awkward spaces.



Emotional

- Working with people with complex emotional and physical needs.
- Working with patients, carers and staff who are distressed.
- Working with patients with chronic pain.
- Working with patients with a poor prognosis.
- Responding to patients who complain.

Mental

- High level of concentration when assisting staff and patients.
- Regular changes to work patterns with interruptions to meet the needs of staff and patients.
- Need for organisational skills and efficient time management on a daily basis.

Working Environment

- Occasional exposure to bodily fluids and clients with infection.
- Occasional contact with verbally aggressive behaviour from patients, clients or Carers.
- Occasional working in cramped conditions.
- Able to work alone and as part of a team.

JOB DESCRIPTION AGREEMENT:

Job Holder's Name and Signature:

Date:

Line Manager's Name and Signature:

Date:

PERSON SPECIFICATION

Is the criteria essential or desirable and how will it be assessed

Criteria

Education, Qualifications and Training

Essential /
Desirable

Assessment





- English Language pass at GCSE Level (or equivalent)
- Maths pass at GCSE Level (or equivalent)
- NVQ3 in relevant health care subject (or equivalent)
- Exercise/personal training qualification

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Experience and Knowledge Required

- Experience working in a Health, Community or Social Care setting.
- Experience of working in Physiotherapy
- Experience of working in the NHS
- Experience of working in a rehabilitation setting

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Application / Interview

Application / Interview

Application / Interview

Application / Interview

Skills and Attributes

- Excellent communication skills - verbal
- Excellent communication skills – written
- Good organisational skills
- Basic IT competency
- Able to work as a member of a team

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Application/ Interview

Application / Interview

Application / Interview

Application / Interview

Application / Interview



Aptitude and Personal Qualities

- Tactful and diplomatic.
- Sociable and well-motivated.
- Able to deal with difficult individuals/situations
- Willingness to learn and commitment to personal development.
- Able to work as part of a team ☐
- Able to work alone.
- Fitness to undertake manually handling of patients and equipment
- Flexibility of working in both time and across sites.
- Ability to travel between sites.

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Application / Interview

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Values, Drivers and Motivators

- Focused on patients and their families
- High expectations of quality of care
- Open and honest

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Application / Interview

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E = Essential D = Desirable A = Application I = Interview T = Test C = Certificate R = Reference

