

A day in the life of...

Meet Jamie Duddle

Healthcare Support Worker,
Tunbridge Wells Hospital



I started my career at Maidstone and Tunbridge Wells NHS Trust in 2016, as a Hospital Porter, having no previous healthcare experience. After a year of working within the facilities team, I was looking for a new challenge and wanted to progress my career at MTW.

I decided to apply to become a Healthcare Support Worker. I am currently based at Tunbridge Wells Hospital on Ward 20, a medical ward that specialises in Diabetes and Endocrinology.

Every day is different, but a normal day starts at 7:00am for handover of the patients you are caring for, then making sure all personal care needs are met. Throughout the day, I complete basic nursing tasks such as observations, blood sugar monitoring, catheter care and making sure that all documentation is updated. I enjoy the variety of working on a general medical ward. Every day is different. You never know what to expect and that can be exciting and challenging at times, but very rewarding.

At MTW there are always opportunities to progress your career and gain new skills, I have started to work alongside the discharge team and work on the Staff Bank as a Ward Flow Coordinator to develop my understanding of the discharge process. I have also looked into the Nursing Associate course and am currently being supported by the Trust to achieve my functional skills level 2 in maths, which the Professional Standards team has organised for me. One of the things I like most about working at MTW is the fact that they offer flexible working and opportunities to enhance your skills, not just clinical but in different areas.

For anyone looking to join the team at MTW, I would say 'Go for it and apply!' I took a chance applying for the role as a Healthcare Support Worker in 2018. I love what I do. Every day is different and you have chances to progress your career here at MTW.