

Job Title: Senior Clinical/Counselling Psychologist/High intensity Psychological Therapist – 12-month Fixed Term Post

Job Grade: 8a

Department: Medical Psychology Department

Directorate: In Hospital Care

DBS Disclosure Level: Enhanced

Person Specification

	Essential Criteria	Desirable Criteria
Education/Qualifications	<ul style="list-style-type: none"> Successful completion of: <ul style="list-style-type: none"> A recorded/registered doctoral level qualification in Clinical or Counselling Psychology with HCPC registration <p><i>or equivalent, i.e.</i></p> <ul style="list-style-type: none"> High Intensity IAPT Course / Post Grad CBT A recorded/registered qualification as a psychological therapy practitioner, demonstrating the competences as required with Accreditation with BABCP Evidence of continued professional development 	<ul style="list-style-type: none"> Experience of working in a health setting for one year or more.
Experience	<ul style="list-style-type: none"> Experience of specialist psychological assessment and treatment of clients Experience of working with a wide variety of client groups, across the whole life course, presenting problems that reflect the full range of clinical severity Demonstrable experience with routine outcome monitoring Demonstrable experience of carrying out risk assessments within the scope of practice 	<ul style="list-style-type: none"> Experience of working in physical healthcare settings Experience of working with people experiencing anxiety, depression and the lasting impact of stigma and trauma Experience of MDT working and liaising with other professional groups

		<ul style="list-style-type: none"> • Experience of supervising healthcare staff • Experience of completing clinical audits within a service
Skills/Aptitude	<ul style="list-style-type: none"> • Knowledge and understanding of anxiety, depression and trauma, and how this may present in physical healthcare settings • Understanding of the need to use evidence-based psychological therapies • High level of enthusiasm and motivation • Advanced communication skills • Able to use clinical supervision and personal development positively and effectively • Able to work under pressure • Able to work within a team and foster good working relationships • Regard for others and respect for individual rights of autonomy and confidentiality • Able to be self-reflective whilst working with service users and within personal and professional development, including supervision • Knowledge of child protection issues and other relevant legislation 	<ul style="list-style-type: none"> • Awareness and understanding of the relevant medical conditions and treatments and the consequent psychological impact this can have
Disposition	<ul style="list-style-type: none"> • Ability to maintain a high degree of professionalism in the face of highly emotional and distressing clinical difficulties • Ability to work under pressure/meet tight deadlines whilst delivering high quality work 	<ul style="list-style-type: none"> • Ability to exercise appropriate self-care given the emotional nature of the clinical work

	<ul style="list-style-type: none"> • Ability to reflect upon the needs of individuals from a diverse social, cultural and ethnic background, ensuring that the intervention promotes choice and is appropriate to the situation • Ability to identify and employ mechanisms of clinical governance as appropriate, to support and maintain clinical practice in the face of regular exposure to highly emotive material and challenging behaviour • Willingness to work flexibly, as and when required and in line with managerial approval 	
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