

## CONSULTANT IN DIABETES AND ENDOCRINOLOGY

### JOB DESCRIPTION & PERSON SPECIFICATION

**The James Cook University Hospital, Marton Road, Middlesbrough, TS4 3BW**



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**Please refer to information about the Trust and surrounding area and the  
General Conditions of Appointment in the attached documents.**

**Please apply for the post via [www.jobs.nhs.uk](http://www.jobs.nhs.uk).**

## SECTION 1: JOB DESCRIPTION – GENERAL DETAILS

Title	Consultant in Diabetes & Endocrinology
Location	<p>The James Cook University Hospital, South Tees Hospitals NHS Foundation Trust</p> <p>A large (1,024 bed teaching hospital with leading tertiary services that affords a very high standard of living for Consultants and their families close to the North York Moors National Park and the Yorkshire Coast. There is a large selection of excellent state and independent schools in the area. There are a variety of living options from urban and suburban areas to Georgian market towns and historic rural villages in or around the national park or coast and with short, easy commutes.</p> <p>The diabetes and endocrine medical team strive to be regional leaders in the delivery of high quality, compassionate, patient-centred, multi-disciplinary care in diabetes, endocrinology and metabolism, including teaching, training and research.</p> <p>The Trust includes a variety of specialised diabetes and endocrine services including pituitary surgery, endocrine surgery, joint thyroid eye clinics, metabolic bone service, transitional diabetes and endocrine services, multidisciplinary diabetes foot service, weight management and bariatric surgery services, antenatal Diabetes and Endocrinology, insulin pump and diabetes technology, thyroid cancer MDT and lipid services.</p>
New or Replacement Post	1 x new post
Overall job purpose	<p>10 PA post at The James Cook University Hospital including clinics in general Diabetes and Endocrinology, diabetes foot care and weight management services. There is potential for leadership and development roles in a number of these clinical services</p> <p>There is a 2 PA per week commitment to back of house in-patient care for people with diabetes and endocrine and general medical problems. There is no front of house acute medicine commitment.</p> <p>There is potential to include a significant academic interest if desired by the post holder. This could include both teaching (undergraduate and postgraduate) and research. Medical students from Hull-York, Newcastle &amp; Sunderland Universities are trained at South Tees and this provides scope for teaching responsibilities and formal teaching leadership roles. There is an active research and development department in the Trust and the diabetes and endocrine Consultants are research active.</p>

	<p>The post holder will participate in a 1:5 back of house general medicine on call rota. This entails reviewing patients recently admitted to the diabetes and endocrine ward or unstable patients and will usually take approximately 3 hours on each day of the weekend on call. There is also a 1:6 Diabetes and Endocrinology on call rota which is combined with the G(I)M on call. This is to provide expert advice to other Consultants and senior doctors in medical, surgical and maternity wards. This usually takes the form of telephone advice and there is no expectation of hospital attendance during out of hours.</p> <p>The diabetes and endocrine ward is supported by approx. 3 StR, 4 IMT, 1 GPVTS, 3 Trust Grade Doctors and 1-2 Foundation Year junior medical staff.</p>
Accountable to	Dr Simon Ashwell , Clinical Director
Reports to	Dr Simon Ashwell , Clinical Director
Works with:	A team of 6 affable, dynamic Consultants in Diabetes and Endocrinology who strive to provide the highest level of clinical care in the uniquely friendly atmosphere of the self-contained, Diabetes Care Centre.

**SECTION 2:**
**PERSON SPECIFICATION**

<b>REQUIREMENTS</b>	<b>ESSENTIAL</b>	<b>DESIRABLE</b>
<b>Qualifications and Training</b>	<ul style="list-style-type: none"> <li>➤ Full GMC registration</li> <li>➤ MRCP</li> <li>➤ Relevant CCT or equivalent ('equivalence' must be confirmed by PMETB/GMC by date of AAC)</li> <li>➤ Entry onto the GMC Specialist Register or eligibility for entry within 6 months of the date of the AAC</li> <li>➤ Experience of working in the NHS</li> </ul>	<ul style="list-style-type: none"> <li>➤ Training in appraisal techniques</li> <li>➤ GCP Certification</li> </ul>
<b>Clinical experience and effectiveness</b>	<ul style="list-style-type: none"> <li>➤ Evidence of clinical audit</li> </ul>	<ul style="list-style-type: none"> <li>➤ Evidence of experience of innovative service developments</li> <li>➤ Experience (at trainee level) in insulin pump management</li> <li>➤ Experience (at trainee level) in diabetes foot care</li> </ul>
<b>Management and administrative experience</b>		<ul style="list-style-type: none"> <li>➤ Evidence of management and administration experience</li> <li>➤ Management training</li> </ul>
<b>Teaching and training experiences</b>	<ul style="list-style-type: none"> <li>➤ Experience of supervising junior medical staff</li> </ul>	<ul style="list-style-type: none"> <li>➤ Experience of Supervising research students</li> <li>➤ Qualification in clinical education</li> <li>➤ Other teaching skills/experience</li> </ul>
<b>Personal attributes</b>	<ul style="list-style-type: none"> <li>➤ Good leadership skills</li> <li>➤ Ability to communicate effectively with colleagues, patients, relatives, GP's, nurses and other agencies</li> <li>➤ Enthusiasm and ability to work under pressure</li> <li>➤ Good organisational and management skills</li> <li>➤ Supportive</li> <li>➤ Ability to work within a multidisciplinary team</li> <li>➤ Caring attitude to patients</li> <li>➤ Commitment to good team working and relationships</li> <li>➤ Commitment to training and continuing medical education (CME)</li> <li>➤ Flexibility to respond to changing service needs</li> <li>➤ Clear recognition of boundaries in respect of sessional work outside the hospital</li> </ul>	<ul style="list-style-type: none"> <li>➤ Experience of Medical Research, basic science and clinical including; <ul style="list-style-type: none"> <li>○ commercially funded trials</li> <li>○ record of obtaining funding for research.</li> </ul> </li> <li>➤ IT Skills</li> <li>➤ Experience in counselling</li> <li>➤ Experience in team working outside of work</li> </ul>

**SECTION 3:****DUTIES & RESPONSIBILITIES OF THE POST**

Maintain the highest clinical standards in the practice of Diabetes and Endocrinology, including infection prevention and control.

**Clinical responsibilities**

Likely to include:

- Obesity services
- Diabetic foot care
- General diabetes clinics
- General endocrinology clinics

There is potential for leadership and development roles in a number of these services according to the skills and interest of the post holder.

It is expected that the post holder would take part in clinical and educational supervision of junior medical staff

Additional responsibilities, again flexible according to post holder;

- Potential for funded leadership positions in undergraduate and/ or postgraduate education
- Leadership role in community diabetes and/ or in-patient diabetes
- Involvement in research – This is a research- active unit and joint research projects are undertaken with both the University of Teesside and Durham University. There is potential for involvement or leadership in research, both investigator-initiated and commercially funded trials

**Job Plan**

A formal job plan will be agreed between the appointee and the Clinical Director on behalf of the Medical Director. This will be agreed within three months after the commencement date of the appointment. The job plan should be reviewed annually.

It will cover all aspects of a Consultant's professional practice including clinical work, teaching, research, education and managerial responsibilities, including a clear schedule of commitments, both internal and external. It should include personal objectives, including details of their link to wider service objectives and details of the support required by the Consultant to fulfil the job plan and the objectives.

Opportunities to pursue interests in sub-specialties will be agreed according to the interests of the post-holder.

**On call**

1/5 back of house general medicine consisting of ward rounds on medical wards with junior medical staff/ nurse practitioner.

1/6 diabetes and endocrine on call

## **Hospital Infection Control (HIC)**

The staff member will ensure that (s) he follows the Trust's hospital infection prevention and control (HIC) policies and procedures to protect patients, staff and visitors from healthcare-associated infections. He or she will ensure that (s)he performs the correct hand hygiene procedures (as described in HIC 14), when carrying out clinical duties. He or she will use aseptic technique and personal protective equipment in accordance with Trust policies.

## **Accommodation and Secretarial Support**

An office and secretarial support are available within the Diabetes Care Centre

## **Privacy and Dignity**

Responsibility for protecting privacy and dignity does not lie with one individual or group but with staff at every level. Staff members must adhere to the Policy G112 Privacy and Dignity.

## **Records Management**

The post holder will ensure that they follow the Trust's policy on records management and complies with the NHS Code of Practice for Records Management.

## **Junior Medical Staff**

This post is currently supported by approx. 3 StR, 4 IMT, 1 GPVTS, 2 Foundation year and 3 Trust Grade junior medical staff.

## **Diabetes Specialist Nurses**

The Diabetes Care centre has an excellent team of 7 experienced specialist nurses including interests and expertise in insulin pumps, antenatal diabetes, endocrine lead, diabetes foot and research.

## **Podiatry**

JCUH currently has 3.0 WTE podiatrists. The Diabetes Care Centre has close links to community podiatry.

## **Mentoring**

Dr Ashwell, Clinical Director, will be mentor for the post holder, unless an alternative mentor is approved by mutual agreement. The post holder should meet Dr Ashwell before the post commences. Regular meetings for the first 12 months will then be scheduled with further mentoring being agreed by consent. Dr Ashwell will be the first point of contact for any help, advice and support.

**SECTION 4a:           DIABETES AND ENDOCRINOLOGY****CONSULTANT/CLINICAL STAFF**

<b>CONSULTANT</b>	<b>SPECIAL INTERESTS</b>
Dr Simon Ashwell	Clinical Director. Lead for Diabetes foot service. Other interests: cycling, and fell running.
Dr V Arutchelvam	Lead for pituitary service, Type 1 Diabetes, and technology in Diabetes, lipid and specialist weight management services. Other interests: Cricket
Dr Sath Nag	Regional Chair for thyroid cancer network. Lead for Transitional care: Paediatric/adult endocrinology. AAU responsibilities. Regional advisor for RCP. Other interests: squash, guitar playing, cooking, and painting.
Professor Steve Jones	Professor of Medical Education, Head of the School of Medical Education, Newcastle University. Special interests: Medical education, Diabetic kidney disease. Other interests: Newcastle United Football club
Dr Ahmed Hanafy	Lead for antenatal diabetes and endocrine service and endocrine service.
Dr Barkavi Dhakshinamoorthy	Lead for thyroid eye joint service. Other interests: painting.

**CPD**

The Trust supports requirements for continuing professional development as stipulated by the Royal College of Physicians and is committed to providing support for these activities.