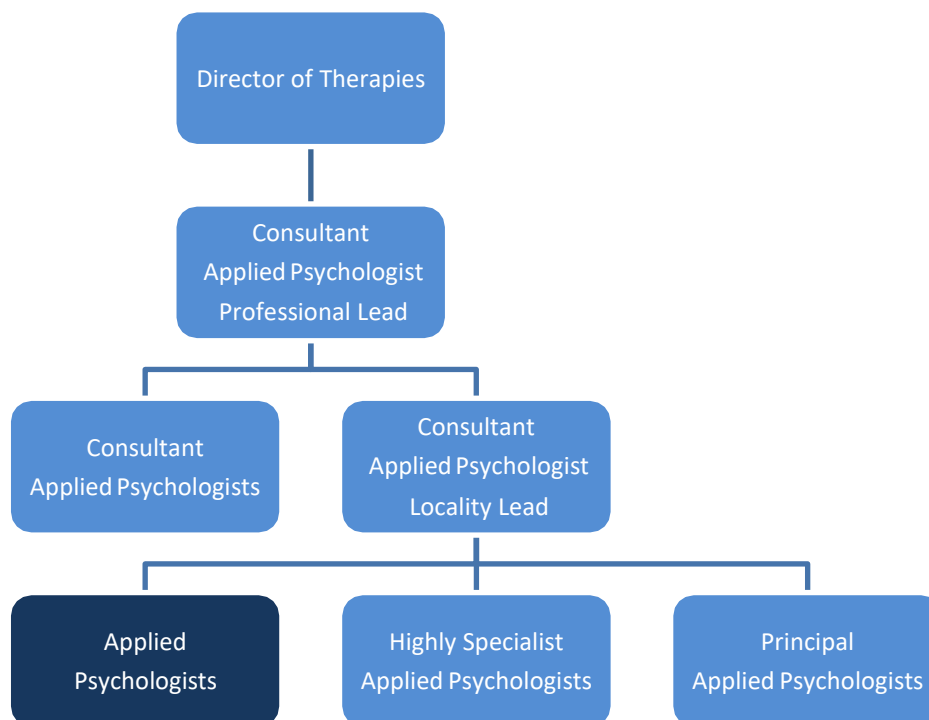


## **JOB DESCRIPTION**

### **Section One**

<b>Job Title:</b>	Applied Psychologist
<b>Band:</b>	7
<b>Service:</b>	As designated (AMH, ALD, MHSOP, CYPS or Forensics)
<b>Managerially responsible to:</b>	Ward Manager or Community Team Manager (Professional Lead in Forensics)
<b>Professionally accountable to:</b>	Locality Lead, Consultant Applied Psychologist (Professional Lead in Forensics)

### **Lines of Professional Accountability:**



## **2.0 Job Summary**

- 2.1 Accountable for own professional practice in the delivery of specialist psychological care to clients with complex mental health conditions or learning disabilities which may include challenging behaviours.
- 2.2 To be compassionate in meeting the needs of clients, their carers and families.
- 2.3 To provide advice, guidance and clinical supervision to less experienced colleagues within the designated psychology service and to other members of the multidisciplinary team.
- 2.4 To undertake formal research as an integral part of the job.
- 2.5 To be pro-active in continual service improvement within own area.
- 2.6 To promote at all times a positive image of people with mental ill health or learning disabilities.
- 2.7 To promote at all times a positive image of the service and the wider Trust.

## **3.0 Main Duties and Responsibilities**

### **3.1 Clinical Responsibilities, Patient Contact**

- 3.1.1 Provides specialist psychological assessment of clients with complex conditions based on the appropriate use, interpretation and integration of data from a variety of sources.
- 3.1.2 Responsible for recognising the potential for or signs of client harm, abuse or neglect, including poor clinical practice, reporting all such concerns and taking all reasonable steps to protect the client. Responsible for identifying and reporting concerns regarding the safeguarding of children who may be at risk.
- 3.1.3 Undertakes risk assessment and risk management for individual clients and provides specialist advice to other professionals on psychological aspects of risk assessment and risk management.
- 3.1.4 Formulates plans for specialist psychological therapy and/or management of clients' mental health conditions based upon an appropriate conceptual framework and evidence-based practice. Negotiates the implementation of such plans with clients and/or their carers.
- 3.1.5 Implements a range of specialist psychological therapies for individual clients, carers, families and groups, adjusting and refining psychological formulations as required.
- 3.1.6 Evaluates therapy options and makes decisions about treatment.

- 3.1.7 Provides specialist psychological advice, guidance and consultation to other staff contributing directly to client's diagnosis, formulation and intervention plan.

### **3.2 Administrative Responsibilities**

- 3.2.1 May be required to undertake administrative tasks in relation to own work.
- 3.2.2 Uses Microsoft Office applications on a daily basis.

### **3.3 Responsibility for Information Systems**

- 3.3.1 Responsible for maintaining accurate and comprehensive patient/client records using PARIS in accordance with the Trust and professional record keeping standards.
- 3.3.2 Writes reports for other members of the multidisciplinary team and external parties regarding patient/client related matters.
- 3.3.3 Uses psychometric testing software packages.
- 3.3.4 May use software packages for statistical analysis.

### **3.4 Responsibility for Planning/Organising & Strategic/Business Development**

- 3.4.1 Organises own workload on a day to day basis, prioritising work as appropriate.
- 3.4.2 Assists in the allocation of work to assistant and trainee psychologists.
- 3.4.3 Plans individual patient/client care and acts as care co-ordinator/lead practitioner, where appropriate, ensuring the provision of a multidisciplinary care package appropriate for the client's needs.

### **3.5 Policy Development**

- 3.5.1 Ensures that new or revised policies and procedures are communicated effectively to assistant, trainee and newly qualified psychologists and put into practice.
- 3.5.2 Pro-active in identifying and proposing changes to local procedures and working practices in own area and plays a significant role in implementation.

### **3.6 Service Development, Project Management**

- 3.6.1 Pro-active in identifying and proposing safety, quality and service improvements within own work area.
- 3.6.2 Participates in the development, monitoring and evaluation of service improvements in own area.

### **3.7 Financial Responsibilities**

- 3.7.1 Personal duty of care.

### **3.8 Responsibility for Physical Resources, Estates, Hotel Services**

- 3.8.1 Has a personal duty of care to ensure all equipment is used safely and effectively, following manufacturer's instructions, immediately reporting any defects in accordance with local procedures.
- 3.8.2 Uses available resources efficiently and effectively.
- 3.8.3 Uses psychological test equipment.

### **3.9 Research and Audit**

- 3.9.1 Maintains an active engagement with current developments in the field of psychology and related disciplines and utilises theory, evidenced based literature and research to support evidence-based practice in individual work and work with other team members.
- 3.9.2 Undertakes formal research as an integral part of the job.
- 3.9.3 Provides specialist advice to other staff undertaking research.

### **3.10 Staff Management, Training and Development, HR**

- 3.10.1 Provides training / clinical supervision to less experienced psychology staff and members of the wider multidisciplinary team.

## **4.0 Communication**

- 4.1 Communicates in a way which recognises difference and ensures that people feel included and their individual communication needs are met.
- 4.2 Communicates complex and highly sensitive information to clients during the course of psychological therapy where the atmosphere may be emotive, there may be barriers to understanding or the client may react in an antagonistic manner.
- 4.3 Shares information relating to psychological assessment and formulation with clients, carers and families in a responsive, empathic manner, taking into consideration the possible complexities of the family's circumstances and the highly sensitive nature of the information.
- 4.4 Communicates effectively with all professionals involved in the client's care including all members of the multidisciplinary team, general practitioners, Social Services, education providers, voluntary agencies, user/carers groups etc, to maximise the quality of service delivered to clients and their families and carers.

## **5.0 Analysis and Judgement**

- 5.1 Analyses complex client information, derived from a variety of sources including psychological and neuropsychological tests, self-report measures, rating scales, direct and indirect structured observations and semi-structured interviews with the client, family members and others involved in the client's care.
- 5.2 Adjusts and refines psychological formulations drawing upon different explanatory models and maintaining a number of provisional hypotheses.
- 5.3 Evaluates and makes decisions about treatment options, taking into account both theoretical and therapeutic models and complex factors concerning historical and developmental processes that have shaped the individual, family or group.
- 5.4 Responsible for maintaining appropriate boundaries with service users.

## **6.0 Freedom to Act**

- 6.1 Works as an autonomous practitioner accountable for own professional practice in respect of assessment, therapy and discharge of clients within defined caseload.
- 6.2 Works within the Professional Codes of Conduct of the Health Professions Council and the British Psychological Society.
- 6.3 Professionally accountable to the Locality Lead, Consultant Applied Psychologist.
- 6.4 Uses discretion as appropriate in applying clinical/professional policies.
- 6.5 Work is professionally monitored and managed by a more senior Applied Psychologist.

## **7.0 Personal Responsibilities**

The post holder must:

- 7.1 Comply with the terms of the contract of employment, the Staff Compact and the Trust's Statement of Values and Behaviours.
- 7.2 Be aware of, comply with and keep up to date with all Trust Policies and Procedures and other communications relevant to the role.
- 7.3 Maintain registration with the appropriate professional body where applicable and comply with the relevant code of conduct and standards of professional practice.
- 7.4 Fully participate in management, clinical and professional supervision sessions relevant to the role, as required by the Trust.
- 7.5 Fully participate in annual appraisal and appraisal reviews.

- 7.6 Maintain up to date knowledge and competency in the skills required to perform safely and effectively in the role. Undertake relevant training (including statutory and mandatory training) and be responsible for personal development agreed with the line manager and in line with the requirements of the AFC Knowledge and Skills Framework.

## 8.0 **Other requirements**

- 8.1 The post holder may be required to undertake duties not specified in the job description, but which are commensurate with the role and/or band as required by service need.
- 8.2 The post holder may be required to work in locations other than those specified in the job description as required by service need.
- 8.3 The post holder may be required to work flexible hours as required by service need.
- 8.4 There may be a requirement to change the job description in light of developing service needs.

## 9.0 **Person Specification**

	Essential	Desirable
<b>Qualifications</b>	<ul style="list-style-type: none"> <li>Post-graduate training (doctoral level equivalent) in clinical / counselling / forensic psychology (or its equivalent prior to 1996) as accredited by the BPS.</li> <li>HCPC registration as a Practitioner Psychologist</li> <li>Trained in clinical supervision (within agreed timescale)</li> <li>Trained in care co-ordination (within agreed timescale)</li> <li>Evidence of continuing professional development</li> </ul>	<ul style="list-style-type: none"> <li>Post-graduate qualification showing evidence of supervised practice in an evidence-based psychological therapeutic model</li> <li>Registration with BPS</li> </ul>
<b>Experience</b>	<p>Must have experience/interest in:</p> <ul style="list-style-type: none"> <li>Working with mental health/learning disability clients (depending on designated service area)</li> <li>Multi-disciplinary team working</li> </ul>	<ul style="list-style-type: none"> <li>Experience of CBT, DBT, Psychodynamics, systematic therapy</li> <li>Experience of research and audit</li> </ul>

<b>Knowledge</b>	<p>Doctoral level knowledge of:</p> <ul style="list-style-type: none"> <li>• Evidence- based practice relevant to the role</li> <li>• Risk assessment and risk management</li> <li>• Clinical governance</li> <li>• Knowledge of legislation in relation to the client group and mental health.</li> <li>• Audit and research methodology</li> <li>• Social Inclusion agenda</li> </ul> <p>Awareness of:</p> <ul style="list-style-type: none"> <li>• The Trust's Quality Improvement System</li> </ul>	
<b>Skills</b>	<p>Must be able to:</p> <ul style="list-style-type: none"> <li>• Communicate complex and highly sensitive information effectively, to a wide range of people</li> <li>• Adapt creatively the evidence base for interventions in mental health for clients with communication difficulties / learning disabilities.</li> <li>• Provide (within agreed timescale) effective teaching, training and clinical supervision</li> <li>• Work effectively as part of a multidisciplinary team and undertake care co-ordination/lead practitioner responsibilities</li> <li>• Undertake complex multiagency working and liaise with multiple systems</li> <li>• Utilise psychometric tests competently</li> <li>• Identify, provide and promote appropriate interventions / means of support for carers and staff exposed to highly distressing situations and challenging behaviours.</li> <li>• Utilise appropriate clinical governance mechanisms within own work.</li> <li>• Use approved breakaway techniques</li> <li>• Demonstrate effective keyboard skills</li> </ul>	<ul style="list-style-type: none"> <li>• Skills in using multimedia materials in presentations</li> </ul>

<b>Personal Attributes</b>	<ul style="list-style-type: none"><li>• Able to work in accordance with the Staff Compact and Trust Values and Behaviours.</li><li>• Able to engage with vulnerable people and work effectively in highly distressing and challenging circumstances</li><li>• Respects and has awareness of the advantages of joint working with other experienced professionals in a multidisciplinary setting.</li><li>• Able to work flexibly and co-operatively as part of a team</li><li>• Able to use own initiative and make decisions independently</li><li>• Committed to continual quality and service improvement</li><li>• Self aware and committed to professional and personal development. Able to accept and respond positively to feedback from supervision</li></ul>	
<b>Other Requirements</b>	<ul style="list-style-type: none"><li>• Ability to travel independently in accordance with Trust policies and service need.</li><li>• This post is subject to a satisfactory Disclosure and Barring Service check.</li></ul>	

**JOB DESCRIPTION AGREEMENT** SPSY001: v6: 15 January 2018

**Post Holder**

Sign..... Date.....

Print Name.....

**Line Manager**

Sign..... Date.....

Print Name.....

Print Job Title.....

### Our Journey To Change key messages

It's really important that as we continue to raise awareness and embed Our Journey To Change we use key messages. They will help us to use a shared language to communicate consistently with everyone and to make sure that what we say is simple and human. The key messages below are for use in the communications we share and conversations we have about Our Journey To Change.

#### Key messages:

- Our Journey To Change sets out why we do what we do, the kind of organisation we want to become and the way we will get there by living our values, all of the time. To help us achieve this we have also committed to three big goals over the next five years.
- Our Journey To Change was created with more than 2,500 colleagues, service users, families, carers, partners and our local communities who all took part in Our Big Conversation. We listened to every piece of feedback – and we will continue to listen.
- Through our conversations it was clear that the experience we provide to our service users, carers and colleagues was not consistently good and partners told us we weren't always easy to work with. We are committed to ensuring that we improve this experience for everyone.
- Change won't happen overnight but Our Journey To Change will be placed at the centre of everything we do and will inspire all actions and decision making at all levels, all of the time.
- This is our journey with you – it's important that everyone continues to be part of this.

#### Our values - key messages

- We are committed to co-creating safe and personalised care that improves the lives of people by involving them as equal partners. The most important way we will get there is by living our values, all of the time.
- Our values are respect, compassion and responsibility. They were created with more than 2,500 colleagues, service users, families, carers, partners and our local communities who all took part in Our Big Conversation.
- Our values are:
  - respect – we listen, we are inclusive and we work in partnership
  - compassion – we are kind, we are supportive and we recognise and celebrate achievement
  - Responsibility – we are honest, we are always learning and we are ambitious.
- Our values are at the heart of everything we do.

### Further information

Further information is available at [www.tewv.nhs.uk/about-us/our-journey-to-change](http://www.tewv.nhs.uk/about-us/our-journey-to-change)

There is also further information for colleagues on our internal staff intranet  
<https://intranet.tewv.nhs.uk/our-journey-to-change>