## Band 4 Return to Practice Nurse

S3 Adult Eating Disorder Service

## Are you passionate about a career in Eating Disorders? Are you looking for career development and progression? Then you may be the person we are looking for to be involved in shaping our services.

S3 is an adult eating disorders ward based at Addenbrookes Hospital in the University City of Cambridge.

This post is a great development opportunity for a Band 4 Return to Practice Nurse looking to gain experience and insight into working with adults with a primary diagnosis of an eating disorder.

The successful candidate will have the opportunity to practice a full range of specialist nursing skills in mental and physical health while attending a return to practice nursing course through Angla Ruskin University one day a week.

The length of the return to practice course will depend on previous experience and assessed competencies. The candidate will be a supernumerary member of the team while engaged on the return to practice course. Following the completion of the course the practitioner will transition to a band 5 nursing role on S3.

There will be opportunities to develop skills in psychological therapies and sensory approaches.

You will work with the MDT to develop your generic and specialist skills in line with professional and regulatory standards (NICE) The service will also provide you with an in-house education programme, facilitated reflective practice sessions, supervision, and skill-enhancing workshops. There are opportunities to participate in clinical research and innovative practice. In addition, we offer a 5-day induction on commencement in post.

We are keen to support and develop you through a clear career pathway with CPD options and encourage promotional opportunities within the service and the wider Trust.

If you are looking for a new challenge, enjoy variety in your work and wish to be part of a team striving to make a difference for our community by supporting people with their mental wellbeing and recovery then we want to hear from you.

Other benefits from joining us are:

- Annual leave allowance 27 days plus bank holidays (depending on NHS service)
- Pension scheme
- Full-time/Part-time or job share opportunities
- Salary sacrifice scheme
- Staff discount scheme
- Professional leadership programmes for experienced staff through NHS Academy
- Stress awareness training
- Mindfulness training
- Counselling service

For further information relating to this role please contact Megan Thody, Ward Manager, or jane Poppitt Modern Matron on 01223 217454. The Trust is committed to safeguarding and promoting the welfare of children, young people and vulnerable adults and expects all staff

and volunteers to share this commitment. As part of the selection process, you may be required to undergo a Disclosure and Barring check.

The Trust is an equal opportunities employer, and we positively encourage applications from people who have experienced mental health issues.

The Trust believes in treating everyone with dignity and respect and encourages applications from all sectors of the community. We guarantee an interview to candidates with disabilities who meet the minimum essential criteria.

Please note that due to the variety of contacts you may provide it cannot be guaranteed that the recruitment process will be managed exclusively within the NHS email system. Please ensure that all the details you provide on your application form are correct.

\*\*Internal CPFT Trust applicants who are currently 'at risk' and who meet the essential criteria will be given prior consideration over any other candidates who may apply for this post. Further consideration will then be given to other internal applicants currently 'affected by change' and then to other NHS applicants who are currently 'at risk' within the wider NHS. If you are 'at risk' or 'affected by change' please make it clear on your application so that you receive priority consideration\*\*