

# City & Hackney CAMHS

## Clinical or Educational Psychologist

### Band 7

#### 1.0wte – 1 year fixed term

- Are you a qualified **Clinical or Educational Psychologist** who is passionate about using your knowledge to make a real difference to the lives of young people in the City of London & Hackney?
- Do you have experience of delivering psychological assessments/interventions and want to use your skills within an established specialist CAMHS team within a socially, culturally and economically diverse inner London borough?
- Are you keen to work across CAMHS and Education to offer a thoughtful and joined up approach to working with young people with behaviours that challenge and whose behaviour is making it difficult for them to engage in learning?
- Are you looking to work in creative ways with families and multi-agency systems to engage young people and communities who may traditionally be less well served by services?
- Do you have strong engagement skills and are interested in working in an outreach capacity and in schools to create whole system change to improve the mental health and wellbeing of young people?

If so, we would be delighted for you to join us in a role shared between the Behaviour Support and Outreach Team in City and Hackney CAMHS, and the Re-Engagement Unit in Hackney Education!

As part of the Behaviour Support and Outreach pathway, you will work collaboratively with children, young people and their families who present with multiple and complex needs relating to conduct/oppositional behaviours alongside co-existing difficulties, such as emotionally based school avoidance, mood disorders, attachment and trauma, and neurodevelopmental conditions.

You will join a warm and experienced, multi-disciplinary team of clinicians – working together with Clinical Psychologists, Systemic Psychotherapists, Nurses, Social Workers, Psychiatrists, Child Psychotherapists and CBT therapists.

Our team provide a variety of comprehensive specialist assessments and evidence-based therapeutic interventions, including individual approaches (e.g. CBT, DBT, EMDR, IPT-A, VIG and psychotherapy), systemic and family work (e.g. Family Therapy clinics, ABFT, parenting and narrative approaches), and group work (e.g. Non Violent Resistance and our outreach Boxing group). As part of the wider Hackney CAMHS Alliance, we also work closely with our partner agencies (including statutory and voluntary organisations) to provide specialist advice, consultation and multi-agency responses.

To complement this role, as part of the Re-Engagement Unit (REU) you will work with young people who are at risk of exclusion from mainstream education and the system that supports them. You will work as part of a multi-disciplinary team to offer a comprehensive, short term intervention including supporting children, teachers, the family and other professionals to help make a real change for the child. This package will be offered alongside other members of the multi-disciplinary REU team made

up of teachers, learning mentors and family support workers. There will also be a CAMHS Family and Systemic Psychotherapist who also works jointly within you within both teams.

It would also be highly desirable for applicants to possess strong engagement skills, the ability to work creatively in relation to behaviour that challenges, manage risk and work effectively with complex multi-agency networks.

To support you, a high standard of clinical supervision will be provided by an experienced clinician from your professional discipline. We will support you to develop specialist assessment and intervention skills and pursue specific areas of interest, including service development projects where appropriate. You will have opportunities for reflective practice, training, continuous professional development and well-being support.

We welcome applicants who enjoy working effectively as part of a team, have competencies in working with families from diverse cultures and ethnicities, and have a commitment to delivering high quality, evidence based practice. Applicants who have experience and appreciation of some of the richness and complexities of working inter-culturally are welcomed.

As part of our commitment to addressing social inequalities in health, we especially welcome candidates from Black Asian and Minority Ethnic communities and residents of City of London / London Borough of Hackney as we are seeking to ensure our staffing has greater diversity and better represents local communities. As valued members of our services, we have a number of systems within the Trust to support you, including staff peer networks.

Service user participation and shared decision making is embedded within our service. You can see what our service users want from you at: <https://www.youtube.com/watch?v=nrrgffzyHck>

**Interview date: Tuesday 14<sup>th</sup> May 2024 (subject to change)**

For further details and informal visits contact: Dr Rebecca Mason, Consultant Clinical Psychologist and Clinical Team Lead ([rebecca.mason4@nhs.net](mailto:rebecca.mason4@nhs.net)), Behaviour Support and Outreach Pathway, 0203 222 5600