

Job Title:	Registered (HCPC) Principal Clinical/Counselling Psychologist or Psychotherapist
Band:	8b
Hours:	0.4wte
Department:	SloMo2 study - PICuP (Psychological Interventions Clinic for outpatients with Psychosis)
Location:	Middle House, Maudsley Hospital with trust wide working so expectation to travel to other locations, as required. WFH is an option when appropriate.
Reports to:	Dr Amy Hardy (SLaM site lead and SloMo2 chief investigator)
Responsible for:	The post holder will have a lead role in the training and supervision of SloMo therapists, and will have managerial responsibility for the SloMo research assistant psychologist (1.0wte) and lived experience researcher (0.2wte).

Job Purpose:

This post is for an 8b SLaM Clinical Implementation Lead for a new Wellcome funded study, SloMo2. SloMo is a digitally supported, cognitive-behavioural therapy for psychosis that improves fear of harm from others (or paranoia). This unique post will be integral to our mission of scaling up SloMo in SLaM, and the successful applicant will join a friendly and supportive interdisciplinary team.

SloMo is a digitally supported, cognitive-behavioural therapy for psychosis that improves fear of harm from others (or paranoia). It works by targeting fast thinking habits and encouraging slow thinking, supporting people to find ways of feeling safer and living well. The SloMo2 study will investigate if SloMo therapy can be delivered in real world settings, by conducting a clinical investigation of its implementation, effectiveness, and cost-effectiveness in three NHS Trusts.

SloMo consists of 11 sessions with a therapist, with delivery supported by an online therapy platform. This is synchronized with a mobile app, which assists management of worries in daily life. The SloMo software has been inclusively designed with people with lived experience of paranoia in psychosis, selected to be representative of our local communities. In our large, multi-centre RCT, SloMo was found to be efficacious, and highly engaging and deliverable, with improvements demonstrated in paranoia, worry, self-concept, quality of life and wellbeing, which were sustained over 6 months (Garety et al, 2021; Greenwood et al, 2021; Hardy et al, 2022; Ward et al, 2021). NICE recently recommended SloMo for use in the NHS whilst data is generated to address evidence gaps and inform future guidance (NICE, 2024). SloMo2 will investigate if the benefits identified in the SloMo RCT can be translated to routine care. An automated training package to support further NHS spread will also be developed.

Our values and commitments:



Key Responsibilities:

The post holder will:

- Train an initial cohort of trust therapists in SloMo, supported by the project leads, in a train the trainer model.
- Provide consultation and supervision of trust therapists delivering SloMo, particularly Assistant Psychologists, Clinical Associate Psychologists, and Mental Health and Wellbeing Practitioners.
- Promote therapist adoption of SloMo in routine care with the aim of delivery of n = 50 cases by December 2025.
- Liaise with project leads, software developers and local IT as appropriate to maintain the performance and safety of the SloMo software.
- Supervise the site Assistant Psychologist Researcher and Lived Experience Researcher to support data collection to a high standard, in line with study protocols, in liaison with the Study Coordinator.
- Oversee reporting and transfer of research data to project leads, in line with research governance approvals.
- Liaise with R&D regarding ethical amendments and portfolio recruitment.
- Collaborate with project leads and other site implementation leads to develop an automated training package and implementation logic model, as outputs of the study.

Personal Specification:

Qualifications	
<u>Essential Requirements</u> <ul style="list-style-type: none"> • Doctorate in Clinical or Counselling Psychology, or equivalent, and HCPC registered. (A) 	<u>Desirable Requirements</u> <ul style="list-style-type: none"> • Post-qualification Postgraduate Diploma in CBT for psychosis/Severe Mental Illness (SMI) or equivalent specialist experience. (A)
Experience	
<u>Essential Requirements</u> <ul style="list-style-type: none"> • Worked in an 8a role in adult mental health services with people with psychosis. (A/I) 	<u>Desirable Requirements</u> <ul style="list-style-type: none"> • Training, supervision, or delivery of digitally supported therapies for severe mental health problems. (A/I)
Knowledge / Skills	
<u>Essential Requirements</u> <ul style="list-style-type: none"> • Knowledge and skills in CBT for psychosis. (A/I) • Knowledge and skills in supervision and training of other mental health professionals. (A/I) 	<u>Desirable Requirements</u> <ul style="list-style-type: none"> • Training and supervision of low intensity psychological practitioners to deliver psychological interventions for psychosis (e.g. MHWPs, CAPs, APs). (A/I) • Knowledge and skills in digitally supported therapies for severe mental health problems. (A/I)

About South London and Maudsley:

South London and Maudsley NHS Foundation Trust (SLaM) provide the widest range of NHS mental health services in the UK as well as substance misuse services for people who are addicted to drugs and alcohol. We work closely with the Institute of Psychiatry, Psychology and Neuroscience (IoPPN), King's College London and are part of King's Health Partners Academic Health Sciences Centre. There are very few organisations in the world that have such wide-ranging capabilities working with mental illness. Our scope is unique because it is built on three major foundations: care and treatment, science and research, and training.

SLaM employ around 5000 staff and serve a local population of 1.1 million people. We have more than 230 services including inpatient wards, outpatient and community services. Currently, provide inpatient care for approximately 5,300 people each year and treat more than 45,000 patients in the

community in Croydon, Lambeth, Lewisham and Southwark; as well as substance misuse services for residents of Bexley, Bromley and Greenwich.

By coming to work at SLaM, you will gain experience of being part of an organisation with a rich history and international reputation in mental health care. You will have access to professional development and learning opportunities, and have the chance to work alongside people who are world leaders in their field. SLaM delivered more than 14,000 training experiences in 2014; providing an extensive range of learning opportunities for staff at all levels. In addition, our working relationship with King's Health Partners allows those working at the Trust to get involved in academic research.

Trust Policy and Procedures:

Confidentiality:

Confidentiality/data protection regarding all personal information and Trust activity must be maintained at all times (both in and out of working hours) in accordance with professional codes of conduct and relevant legislation such as the Data Protection Act. The post holder should ensure that they are familiar with and adhere to all Trust Information governance policies and procedures. Any breach of confidentiality will be taken seriously and appropriate disciplinary action may be taken.

Equal Opportunities:

Promote the concepts of equality of opportunity and managing diversity Trust wide.

Health and Safety:

Employees must be aware of the responsibilities placed upon them under the Health and Safety at Work Act 1974, paying due regard to health and safety in the workplace and management of risk to maintain a safe working environment for service users, visitors and employees.

Infection Prevention and Control:

Employees must be aware of their responsibilities to protect service users, visitors and employees against the risks of acquiring health care associated infections, in accordance with Trust policy.

Professional standards and performance review:

Maintain consistently high professional standards and act in accordance with the relevant professional code of conduct. Employees are expected to participate in the performance review process.

Service/Department standards:

Support the development of performance standards within the Service/Department to ensure the service is responsive to and meeting the needs of its customers.

Finance:

All Trust staff will comply with the financial processes and procedures.

Safeguarding Children & Vulnerable Adults:

Employees must be aware of the responsibilities placed on them under the Children Act 1989, 2004 and the trusts safe guarding vulnerable adults policy.

Code of Conduct:

The post holder is required to adhere to the standards of conduct expected of all NHS managers set out in the Code of Conduct for NHS managers.

This job description will be subject to regular review and adjustment.

SUMMARY:

This job description is an outline of the key tasks and responsibilities of the post and the post holder may be required to undertake additional duties appropriate to the pay band. The post may change over time to reflect the developing needs of the Trust and its services, as well as the personal development of the post holder.