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## JOB DESCRIPTION

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<b>DATE :</b>	March 2022
<b>REF NO:</b>	CYP CHTT

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### JOB DETAILS:

<b>JOB TITLE:</b>	CYP Crisis Mental Health Practitioner
<b>BAND:</b>	6
<b>HOURS:</b>	37.5 (you will be required to cover a 24 hour rota on a shift basis)
<b>DEPARTMENT:</b>	Bee U Crisis Home Treatment Team
<b>LOCATION:</b>	Shrewsbury & Telford
<b>REPORTS TO:</b>	Operational Lead and Clinical Lead
<b>ACCOUNTABLE TO:</b>	Service Manager
<b>RESPONSIBLE FOR:</b>	Assessing a mental health crisis and delivering safe and effective home treatment for young people in accordance with their care plan and risk assessment. Assessing young people who present to our local acute trust, facilitate a holistic assessment along with robust safe discharging plan and risk management.

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### WORKING RELATIONSHIPS:

<b>INTERNAL:</b>	<p>To communicate confidently and efficiently and to work collaboratively with clinicians and others to deliver high quality needs-led service based on national and local guidance. Actively engages with, listens to and seeks views of MDT members.</p> <p>To work collaboratively with Manager, Operational leads, Administrators, and maintains support services i.e. Facilities and Estates and HR, other teams and individuals across the Trust</p>
<b>EXTERNAL:</b>	<p>Actively engages with patients/carers and key stakeholders to influence, enhance and improve the patients' experience. This includes the Local authority, schools, colleges, other healthcare providers, statutory bodies, voluntary sector, non-healthcare workers building relationships across professional and organisational boundaries, breaking down barriers and enhancing the patient journey.</p>

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## **JOB PURPOSE:**

Band 6 practitioner have a crucial role in assessing mental health crisis in children and young people referred to the service and supporting the delivery of safe and effective home treatment for an identified group and in accordance with that persons' wellbeing and recovery action plan. The main purpose of the role is to provide mental health assessment, risk assessment and treatment, with the primary focus of the work being the high quality assessment and treatment of patients presenting with a mental health issue within a physical healthcare setting, may have physical health conditions impacting upon their mental health

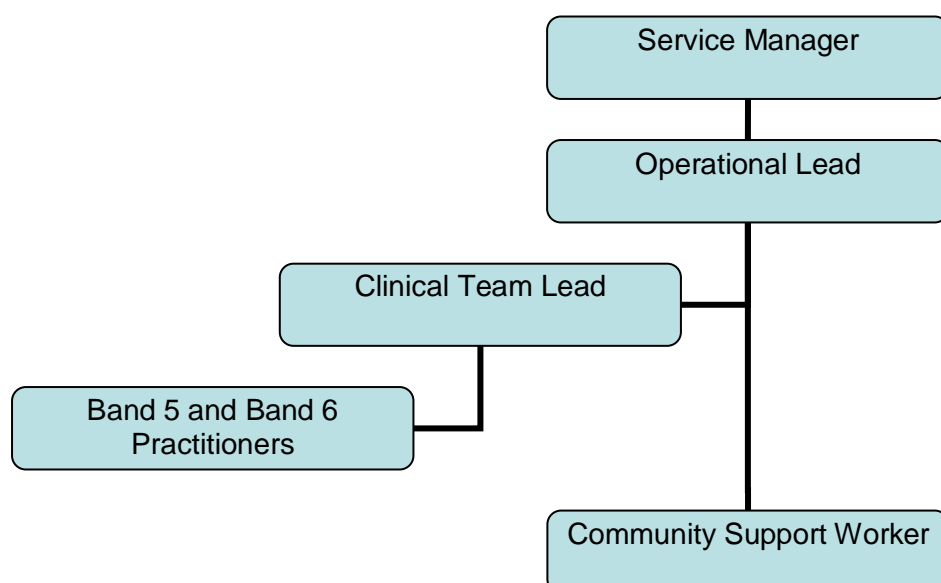
The post holder will work directly with children and young people with mental health needs and their families, carrying out assessments (including risk management) and effective treatment and/or interventions, with the aim of helping children and young people participate in normal family and community activities and to facilitate positive outcomes of care in relation to young people's mental health needs.

The post holder will participate in the delivery of the agreed aims and objectives of the service and identify factors which may inhibit these from being achieved. They will assist in the delivery of a high standard of nursing care to service users referred to the team. They will implement agreed systems for the monitoring of effectiveness of care. They will participate in the education and management of junior staff.

They will also be expected to work flexibly working across pathways, dependent on skill and service need and be available to external professionals and carers to offer advice, signposting and guidance (especially in relation to urgency and risk) associated with children and young people's mental health and emotional wellbeing.

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## **ORGANISATIONAL STRUCTURE**



## **KEY RESPONSIBILITIES**

### Main duties and responsibilities

1. Provide specialist assessment and care planning in conjunction with service users and carers, evaluation of individual treatment plans and discharge planning
2. Contribution to the delivery of home treatment through nursing care to an identified community client group and within a multi-disciplinary team.
3. Support for and facilitation of, early discharge from hospital.
4. This is a 24 hour service which will involve shifts including weekends and nights.
5. To coordinate the workload of the team on an as required basis.
6. To provide an active involvement in the assessment, development, implementation and evaluation of service user care which focuses on ensuring that service users are supported to remain in their own homes wherever hospitalisation can be safely and appropriately avoided.
7. To contribute to the clinical service development as part of the 0-25 Emotional Health and Wellbeing Service.
8. To be responsible for an agreed caseload to be determined by the operational lead and reviewed under Clinical supervision.
9. Triage and assess referrals received by service in liaison with multi-disciplinary colleagues as appropriate. Formulate and action appropriate response based on need, risk and urgency. Respond to and inform referrers/other professionals and responsible adults as necessary on decisions, plans, policy and best practice. Record this on Trust systems (RIO and Safeguard).
10. Take responsibility for the management of a complex caseload, which includes, specialist assessment (within service specification), care-planning in conjunction with service user and carer, evaluation of individual treatment plans (Care Programme Approach and Single Assessment Process).
11. Responsible for participating in the setting of quality standards, including the auditing, monitoring and reviewing of practice in line with current clinical guidance practice and policy.
12. (Non-medical Prescribers only) Administer medication, complying with relevant Trust procedures and NMC Guidance.
13. To monitor the effects of prescribed medication and (where agreed through the use of patient group directions or pgd's and with appropriate training) provide medication for service users.
14. Assess patient's individual care needs, develop, implement and evaluate programmes of care.
15. Deliver a range of interventions in accordance with the agreed plan of care and Pathway guidance including; pharmacological and psychologically informed interventions.
16. Complete and contribute to robust risk assessments and risk management plans. Deliver and promote positive risk taking, where appropriate, to improve quality of life and maximise occupational performance/independence.
17. Maintain an effective reporting system by observing and reporting verbally, electronically and in writing on patient conditions.
18. Utilise agreed outcome measures to review the effectiveness of interventions, as part of the care planning and evaluation process.
19. Participate in the development of the service to ensure clinical governance processes are actively implemented at team level.
20. Assist in ensuring that the aims and objectives of the service are fulfilled and to identify factors which may inhibit these from being achieved.
21. The post holder will be required to work within the NMC/HCPC Code of Practice and professional guidelines.
22. Maintain an up-to-date level of professional competence within the specific environment.

23. Assist in the implementation of evidence-based professional practice and participate in research and other projects as required.

#### *Research and Service Development*

24. Identify and highlight to the Pathway Manager relevant issues in relation to the needs for people and their carers; assessed using best practice evidence, in order that these are reflected in service planning, development and future provision.
25. Develop efficient and relevant health promotion activities to promote health education and ensure that preventative approaches and interventions are used to maintain independence.
26. Actively engage in the organisations clinical governance initiatives, for example to participate and lead in audit, clinical supervision and bringing critically evaluated evidence and research into practice.
27. Participate and lead on research within area of clinical expertise where possible to raise understanding and awareness of the benefits of Mental Health Nursing and Allied Health Professional practice.
28. Participate in the development of the service to ensure clinical governance processes are actively implemented at team level.

#### *Human Resources and Training*

29. As required, supervise junior staff; provide clinical advice/supervision support, leadership and professional supervision, in line with Trust Policies.
30. Support in the provision of formal and informal training of pre/post registration students, staff members, carers and service users.
31. Participate in staff appraisal and performance reviews as identified.
32. To participate, when required, in the recruitment, selection and induction of junior/support staff.
33. Provide a learning environment to support students (multidisciplinary) undergoing training and assist new and junior members of staff, peers and other disciplines to develop professional competence.
34. Lead on the development and delivery of specialist Mental Health professional education and training to: clients, carers, families' staff, students and other relevant organisations.
35. Promote mental health education to reduce stigma within the community and support relatives of sufferers of all types of Mental illness.

#### *Systems and equipment*

36. Maintain timely data collection and regular inputting of information through the use of data collection systems e.g. daily diaries/RIO, Safeguard, ensuring that confidentiality is maintained at all times in accordance with legislation and Trust policy.
37. Return accurate Mental Health Minimum Data Set (MHMDS) data to Planning and Information Department as required. Ensure all key targets are met and entered on the computer system as per Trust policy.
38. To work in partnership with other service providers to access and provide equipment and opportunities for service users to maximise functioning where possible.
39. Responsible for ensuring actions are carried out where safety alerts are issued regarding equipment.

#### *Decisions and judgements*

40. Undertake specialist assessments of patients with complex mental health, physical health and social problems to ensure appropriate treatment support and management.
41. Undertake a comprehensive and specialist mental health assessment resulting in an individualised care plan.
42. Facilitate the discharge or transfer of the patient to other services where appropriate.
43. Ensure that practice is evidence-based paying particular attention to the Trusts guidelines, policies, protocols and pathways.
44. Be available for individual supervision with agreed clinical supervisor in line with Trust

policies.

45. Implement, review and maintain Trust Policies and Procedures and propose changes to working practices within the ward area.

#### *Communication and relationships*

46. Communicate sensitive diagnosis and treatment related information with patients, utilising highly developed communication skills to overcome barriers to understanding.
47. Establish therapeutic relationships with service users, and implement evidence based therapeutic interventions with appropriate boundaries in accordance with professional code of conduct.
48. Ensure that all members of the multi-disciplinary team, their colleagues, service users and appropriate others are informed/updated of changes involving current care plans, progress, mental state and psychosocial factors in line with best practice.
49. Liaise with and advise service users and carers, local authority and other statutory bodies and third sector agencies.
50. Communicate sensitive information to carers and relatives.
51. Use a range of communication styles and channels as appropriate to the task.

#### *General*

52. Responsible for the promotion of carer and service user involvement within the service and for its provision.
53. Responsible for participation in the Trust appraisal process, identifying own/others mandatory professional, supervisory, personal development and training needs and in supporting the provision of induction, mentorship, appraisal and clinical supervision to colleagues as appropriate.
54. Responsible for the effective utilisation of clinical/financial resources to ensure adequate clinical care is provided with a requirement that all incidents, which may compromise care, are reported immediately to a senior manager, and clinicians involved in their care as appropriate.
55. Responsible for accessing and participating in clinical, managerial and caseload supervision.
56. Responsible for understanding and meeting own professional responsibilities under Child Protection legislation and Adult Safeguarding policies.

#### *Physical demands of the job*

57. The post holder will be expected on a daily basis to implement highly developed physical skills pertinent to the area of specialism, for example, injection administration, manual handling, de-escalation skills and driving.
58. Standard keyboard skills required for inputting data onto RiO.

#### *Most challenging/difficult parts of the job*

59. The nature of the client group is such that the post holder will be required to concentrate when assessing / implementing programmes of care and will need to be able to address interruptions from other patients / staff as necessary.
60. The post holder will be frequently exposed to emotional or distressing circumstances.
61. The post holder will frequently be exposed to potential incidents of physical and non-physical assault.

**Note:** This job description is not exhaustive and will be subject to review according to service need and organisational changes. Any proposed amendments or anticipated changes to the post will be

discussed with the post holder.

## **JOB STATEMENT:**

### **Infection Control**

Maintain an up to date awareness of the infection control precautions relevant to your area of work and implement these in practice. As a minimum, this must include hand hygiene, the use of personal protective equipment, the use and disposal of sharps and communicating the importance to patients, prison staff and other health care staff you are working with. Details of the precautions and sources of advice and support to assess and manage infection control risks are provided through mandatory training which all staff must attend at intervals defined in the Trust policy on mandatory training and can be found in the Trust's infection control policies and national guidance, such as that published by NICE.

### **Learning and Development**

As an employee of the Trust, you have a responsibility to participate, promote and support others in undertaking learning and development activities. This includes a proactive approach to ensuring you meet the statutory/mandatory training requirements of your role, and engaging in KSF appraisal processes in line with Trust policy and guidance.

### **Health and Safety**

As an employee of the trust you have a responsibility to abide by the safety practices and codes authorised by the trust. You have an equal responsibility with management, for maintaining safe working practices for the health and safety of yourself and others.

### **Constitution, Competence and Capability**

As an employee of the Trust you have a responsibility to promote and abide by the rights and responsibilities outlined in the NHS Constitution. You are additionally expected to adhere to Organisational/National/Regulatory Codes of Practice relevant to the role you are employed to undertake. At all times it is expected that you will limit the scope of your practice to your acquired level of competence and capability.

### **Dignity at Work Statement**

Midlands Partnership NHS Foundation Trust are committed to treating all of our staff with dignity and respect. You are responsible for behaving in a way that is consistent with the aims of our Equality and Diversity Policy. This includes not discriminating unfairly in any area of your work and not harassing or otherwise intimidating other members of staff.

### **Safeguarding Children and Vulnerable Adults**

All Trust employees are required to act in such a way that at all times safeguards (and promotes) the health and well being of children and vulnerable adults. Familiarisation with and adherence to Trust Safeguarding policies is an essential requirement of all employees as is participation in related mandatory/statutory training.

## PERSON SPECIFICATION

<b>JOB TITLE:</b> Community Mental Health Nurse Practitioner	
<b>DEPARTMENT:</b> CYP – Crisis Home Treatment Team	<b>BAND:</b> 6

\*Assessed by: A = Application I = Interview R = References T = Testing

ESSENTIAL CRITERIA	*	DESIRABLE CRITERIA	*
<b>QUALIFICATIONS &amp; TRAINING</b>			
Registered mental health Nurse or Allied Health Professional on NMC or HCPC Register.	A	BSc degree in nursing/relevant professional degree or equivalent level	A
Must have at least one years band 5 experience within a mental health setting	A		
Post-registration experience, evidence of formal courses and training at diploma/degree level.	A	Qualification in providing supervision	A
Conforms to NMC/HCPC requirements		Training or relevant experience in managing suicide risk and risk management.	A
		Training or a sound awareness of common physical health conditions and their relationship with mental illness and wellbeing.	A
	A/I	Registered Sign off mentor for nurse students (nurses only)	A
<b>EXPERIENCE</b>			
Experience with working with children & young people experiencing mental health related difficulties	/D/A /I/R	Experience of presenting at local/national level	A/I/ R
Experience of working with people who have difficulty in engaging with			



<p>services and have complex mental health needs</p> <p>Experience of working in community setting and making decisions autonomously</p> <p>Experience of assessing, planning, co-ordinating and managing people with mental health problems in a community setting.</p> <p>Experience of integrating care delivery across multi-disciplinary /multi agency teams</p> <p>Experience of leading/contributing to CPA/Care Planning process</p> <p>Experience of dealing with mental health related issues/referrals/need for advice by telephone including at times of high demand and in relation to highly stressful/emotive situations.</p> <p>Experience and ability to carry out clinical audit</p>	<p>A/I</p> <p>A/I</p> <p>A/I</p> <p>A/I/ R</p> <p>A/I/ R</p> <p>A/I/ R</p> <p>A/I</p>		
<b>SKILLS, KNOWLEDGE &amp; ABILITIES</b>			
<p>Knowledge of the Mental Health NICE Guidelines</p> <p>Knowledge of NMC/HPC Code of Conduct relevant to profession.</p>	<p>A/I</p> <p>A/I</p>	<p>Skilled in utilising specific assessments and outcome measures including the CORC/CYPIAPT measures for children and young people and HONOS, GAD7, PHQ9, CAARMS, PANNS, SWEMWBS, Lunsers, GASS.</p> <p>Skilled in undertaking and interpreting physical health investigations and providing physical health promotion advice including: weight, BMI, blood pressure, smoking, alcohol, drugs (prescribed and non-prescribed)</p> <p>Knowledge of the physical health needs and monitoring requirements for people receiving CAMHS services</p>	<p>I</p> <p>A/I</p> <p>A/I/ R</p>

			A/I/ R
Understanding of the principles of the Care Programme Approach and Community Care Act	A/I/ R		
Demonstrate understanding of Equality and Anti-discriminatory practice	A/I/ R		
Knowledge of other relevant local and national documents/drivers that affects practice	A/I		
Knowledge of the wide range of statutory independent and third sector service provision for C&YP with mental ill health	A/I		
Knowledge or interest of working with young people with eating disorders / eating distress	I		
Skills of assessing, planning and evaluating care, for people with mental health related difficulties, utilising the principles of Recovery	A/I		
Skilled in the assessment of clinical risk and developing and communicating appropriate risk management plans			
Knowledge and experience of holistic assessment of someone's mental ill health, strengths and needs and appropriate nursing and multi-disciplinary and agency interventions.	A/I		A/I
Ability to complete and interpret CORC Outcome measures.	A/I		
Ability to integrate the assessment, care planning and the review process for service users/carers in a sensitive manner	A/I		
A range of skills and knowledge to	A/I		A

deliver evidence based interventions			
Skilled in the administration of pharmacological interventions	A/I		A/I
Skilled in interventions to engage people difficult to engage			
Skilled in interventions to support concordance with treatment interventions	A/I		
Knowledge of Children's Act, Mental Health Act, the Mental Capacity Act and DOLS	A/I		A/I
Range of Interpersonal skills, (communication, listening, working collaboratively) maintaining good working relationships with service users/carers, other service providers and agencies	A/I		
Ability to manage staff/support workers and to incorporate management/leadership skills into practice including: promoting positivity, supporting innovation, management of performance, delegation and caseload and clinical supervision.	A/I		
Supervisory skills and knowledge to be able to provide clinical supervision	A/I		
Participate in Staff Appraisal and Performance Review	A/I		
Ability to work to agreed Quality Standards (CQUINS, CQC, MONITOR, NHSLA, NHS OUTCOMES and others)	I		
Accurate and timely recording and maintenance of information systems	A/I		
Ability to type into and read information from electronic records.	A/I		
Ability to manage conflict and complexity	A/I		
Ability to work flexibly and away from main base of other CAMHS	A/I/ R		

staff/colleagues				
<b>PERSONAL ATTRIBUTES</b>				
Leadership skills, ability to motivate and influence others	A/I			
Team player, Integrity, Negotiation skills, good time management/organisation skills	A/I			
Ability to deliver difficult messages in a sensitive manner	A/I			
Credibility with others as a clinician and a leader	I/R			
Exemplary personal standards of conduct and behaviour	A/I/ R			
Possesses values and beliefs that enables others to deliver services effectively	A/I/ R			
Passion for working with C&YP experiencing mental health difficulties	A/I			
A flexible attitude	A/I			
Access to suitably insured vehicle during working hours	A			
<b>Ability to demonstrate the positive application of our behaviours.</b>	1. Lead by Example 2. Respectful 3. Honest and Trustworthy 4. Caring and Compassionate 5. Listen and Engage			

<b>JOB HOLDER</b>	<b>SIGNATURE</b>
	<b>DATE</b>
<b>MANAGER</b>	<b>SIGNATURE</b>
	<b>DATE</b>