

### Job Description

<b>Post Title</b>	<b>Child and Young Persons Wellbeing Practitioner (CYWP)</b>
<b>Band</b>	<b>5</b>
<b>Directorate</b>	<b>Children and young people</b>
<b>Location/Base</b>	<b>Bolton CAMHS , RBH , Minerva Rd, Farnworth</b>
<b>Responsible to</b>	<b>Clinical lead</b>
<b>Accountable to</b>	<b>Operational Manager</b>

### Job Summary/Purpose

As a CYWP at Bolton CAMHS you will offer evidence-based interventions for children and young people in a school setting or at CAMHS. The team offer short term intervention (of up to twelve sessions) with children, young people, parents/carers and/or professionals with the aim of supporting improved mental health.

As a CYWP, you will be aligned with THRIVE's getting advice and getting help domains to act as the practitioner providing intervention at the earliest opportunity.

You will work collaboratively to empower school staff to support young people to thrive by enabling;

- Early identification and assessment of any emerging mental health or emotional wellbeing need in schools.
- Mental health promotion through working to upskill school staff, young people and parents to normalise mental health within schools, reduce stigma, support early identification of mental health symptoms and raise awareness of self-help support and self-management strategies.

### Main Duties & Responsibilities

<b>Heading</b>	<b>Duty/Responsibility</b>
<b>Clinical responsibilities</b>	<p>To hold a caseload of children and young people with a range of mental health difficulties. Cases will be allocated to you via referral routes within service.</p> <p>Complete comprehensive assessment of needs for children and young people and formulate a plan as a result of assessment.</p> <p>Provide evidence-based interventions (up to 12 sessions of direct work with children and young people as per CYWP/EEBP training) in school / CAMHS settings.</p> <p>Educate and involve family members and others in treatment as necessary</p>

	<p>To assess, plan, implement and evaluate interventions that are agreed with the child and caregiver in accordance with best practice.</p> <p>To ensure comprehensive risk assessment of children, young people and families and that risk management plans are in place and documented.</p> <p>To develop and review (indirect and direct work) support plans for children and young people on a regular basis and discuss in clinical supervision any issues that needs addressing.</p> <p>To liaise with schools and other agencies in terms of information gathering and sharing.</p> <p>To offer parent consultation, support and advice.</p> <p>To inform local child protection co-ordinator and senior clinicians of any concerns regarding protection issues as per safeguarding policy.</p> <p>To see families/children in the setting most appropriate for effective and efficient care.</p> <p>To engage and support school staff, young people and carers in utilising brief evidence based coping strategies and self-help.</p> <p>Signpost to alternative, appropriate services.</p> <p>Deliver brief evidence-based psychotherapeutic interventions.</p> <p>To ensure co-ordinated service user centred care with a proactive role with other involved professionals.</p>
<p><b>Education and development</b></p>	<p>To keep-up-to-date with Best Practice relevant to Child and Adolescent Mental Health service and user needs</p> <p>Continue personal professional development through a structured appraisal and training process.</p> <p>Undertake annual Individual Performance Appraisal (IPA) and Personal Development Plan with your line manager.</p> <p>Contribute to the continuing development and planning of the Multi-disciplinary Team.</p> <p>Participate in regular supervision, engage in reflective practice and be committed to continued development.</p> <p>Develop own skills and knowledge and contribute to the development of others.</p>

	<p>To promote and facilitate the education of child and adolescent mental health with children, young people, families, interagency staff and healthcare professionals.</p>
<p><b>Research and Audit</b></p>	<p>To maintain accurate systematic, clinical and professional records, as required by the service and in accordance with Trust Policy.</p> <p>To ensure effective communication between interagency staff and healthcare professionals. This may require the co-ordination of other services as appropriate under the guidance of the Senior Nurse/Clinician.</p> <p>To participate in the effectiveness of communications within the service, by attendance at clinical, staff and professional meetings, as advised by the senior practitioner.</p>
<p><b>Standard requirements</b></p>	<p><b>Confidentiality:</b> Confidentiality/data protection regarding all personal information and Trust activity must be maintained at all times (both in and out of working hours) in accordance with professional codes of conduct and relevant legislation such as the Data Protection Act. The post holder should ensure that they are familiar with and adhere to all Trust Information Governance policies and procedures. Any breach of confidentiality will be taken seriously and appropriate disciplinary action may be taken.</p> <p><b>Code of Conduct:</b> Maintain a consistently high standard of conduct and to provide the highest standard of service in accordance with the Trust Code of Conduct for all employees.</p> <p><b>Equal Opportunities:</b> Promote the concepts of equality of opportunity and managing diversity Trust wide.</p> <p><b>Health and Safety:</b> Employees must be aware of the responsibilities placed upon them under the Health and Safety at Work Act 1974, paying due regard to health and safety in the workplace and management of risk to maintain a safe working environment for service users, visitors and employees.</p> <p><b>Infection Prevention and Control:</b> Employees must be aware of their responsibilities to protect service users, visitors and employees against the risks of acquiring health care associated infections, in accordance with Trust policy.</p> <p><b>Professional standards and performance review:</b> Maintain consistent high professional standards and act in accordance with the relevant Professional Code of Conduct. Employees are expected to participate in the performance review process.</p> <p><b>Service/Departmental standards:</b> Support the development of</p>

	<p>performance standards within the Service/Department to ensure the service is responsive to and meeting the needs of its customers.</p> <p><b>Finance:</b> All Trust staff will comply with financial processes and procedures</p> <p><b>Safeguarding:</b> The Trust has a responsibility to ensure that all children/young people and adults are adequately safeguarded and protected. As a consequence, all Trust employees are required to adhere to national and local safeguarding policies / procedures and to act upon any concerns in accordance with them.</p>
<b>Summary</b>	<p>This job Description is an outline of the key tasks and responsibilities of the post and the post holder may be required to undertake additional duties appropriate to the pay band. The post may change over time to reflect the developing needs of the Trust and its services, as well as the personal development needs of the post holder.</p>
<p><b>Trust Mandatory On-going Requirements - to be met by the candidate after commencing in post, these will not be assessed at the recruitment stage</b></p>	<ul style="list-style-type: none"> <li>• To undertake any other reasonable duty, when requested to do so by an appropriate Trust manager.</li> <li>• To understand and comply with all Trust policies, procedures, protocols and guidelines.</li> <li>• To understand the Trusts Strategic Goals and how you can support them.</li> <li>• To understand the need to safeguarding children and vulnerable adults and adhere to all principles in effective safeguarding.</li> <li>• To carry out all duties and responsibilities of the post in accordance with Equal Opportunities, Equality and Diversity and dignity in care/work policies and principles</li> <li>• To avoid unlawful discriminatory behaviour and actions when dealing with the colleagues, services users, members of the public and all stakeholders.</li> <li>• To access only information, where paper, electronic, or, in another media, which is authorised to you as part of the duties of your role.</li> <li>• Not to communicate to anyone or inside or outside the NHS, information relating to patients, services users, staff, contractors or any information of a commercially sensitive nature, unless done in the normal course of carrying out the duties of the post and with appropriate permission.</li> <li>• To maintain high standards of quality in corporate and clinical record keeping ensuring information is always recorded accurately, appropriately and kept up to date.</li> <li>• To ensure their day to day activities embrace sustainability and reduce the impact upon the environment by minimising waste and maximising recycling; saving energy; minimising water usage and reporting electrical faults, water leakages or other environmental concerns to the facilities department or their line manager.</li> <li>• Take reasonable care of the health and safety of yourself and</li> </ul>

	<p>other persons</p> <ul style="list-style-type: none"><li>• To contribute to the control of risk and to report any incident, accident or near miss</li><li>• To protect service users, visitors and employees against the risk of acquiring health care associated infections.</li><li>• To take responsibility for your own learning and development by recognising and taking advantage of all opportunities to learn in line with appraisal and supervision.</li></ul>
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### **Further Information for Postholder(s)**

This job description is not exhaustive, but is intended to give an overall picture of the role. Other duties within the general scope of the post may be required from time to time. The duties of the post and job description can be reviewed through the agreed process. All information obtained or held during the post-holders period of employment that relates to the business of the Trust and its service users and employees will remain the property of the Trust. Information may be subject to disclosure under legislation at the Trust's discretion and in line with national rules on exemption.

All Trust sites have been designated a no smoking area. The post holder is therefore advised smoking is not permitted within the hospital premises or grounds or whilst representing the Trust in the course of their duty. While the Trust will not discriminate against employing smokers, all prospective employees should be aware of this policy