

Norfolk Community Health and Care NHS Trust

Band 5 Occupational Therapy Rotation



Information Guide

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Why join the rotation at NCH&C?

We pride ourselves on our variety of rotations, covering community, inpatients and MSK out-patients as well as specialist services. The rotations last for 6 months to allow balance between gaining ample experience in each area whilst covering a broad variety of rotation.

Current Rotations	
Inpatient Rehab Units	North Walsham District War Memorial Hospital Alder Ward: Norwich Community Hospital Foxley Ward: Dereham Hospital Swaffham Hospital
Outpatients	MSK
Community	Supported Care Services South (Wymondham Health Centre) Community South (Wymondham Health Centre) Neurological Team North (Aylsham) Supported Care Services North (Aylsham) West (Downham Market)
Social Services	Social Services County Hall: Norwich Social Services South Norfolk: Norwich
Specialist Services	Early Supported Discharge Stroke Services (ESD) Norwich Wheelchair Service Caroline House

How is the rotation allocated?

Prior to each changeover staff are asked for their preferred choices, and these are taken into consideration where possible. The aim is to give staff a variety of experience, supporting staff to develop competencies in preparation for applying for Band 6 posts.

What supervision will I receive?

There is a named supervisor for each rotation. This is to provide both day to day supervision as well as 1:1 supervision to support learning objectives. You will also have rotation managers who can also provide pastoral support.

What other support will I receive?

In addition to clinical supervision, there is a monthly half-day peer supervision / training organised by the rotational staff, inviting local clinicians / external speakers to cover core topics applicable to the rotations. We also encourage pursuing shadowing days in alternative teams to broaden knowledge and experience. Finally, the Trust runs a Preceptorship programme to support all new graduates.



Wymondham/Attleborough Community Team: Wymondham Health Centre

Overview	The community team is based at Wymondham Health Centre in Wymondham, which is the main hub for South Norfolk. Wymondham/Attleborough team is one part of the South Norfolk team, the other teams covering Dereham, Thetford/Watton and the South East. The referrals for the community team can come in from GP's, other health professionals in the team, acute hospitals or self-referrals. These are all triaged by the therapists covering South Norfolk on a rota basis. This centre has a range of different health professionals and clinics run from it on a daily basis e.g. podiatry, continence, midwives, dieticians, speech and language therapists and outpatient physio and OT.
Facilities	<ul style="list-style-type: none"> • Parking: onsite
Hours	Mon-Fri 9am-5pm
Workload	As a full-time member of staff, you will be expected to have 5 new patients a week (these are pre-booked for you by admin staff.) This is usually split between 2 routine new patient appointments and 3 Same Day Urgent (SDU) appointments which are kept for higher priority referrals. You are then expected to book in your own follow up appointments. You may be asked to cover the South wards or help in triage, but this would be discussed with you and dependent on experience. The rotational OT generally covers patients under the Wymondham and Attleborough GP surgeries.
Client group	The types of patients you will see are a big mix, but main groups are: long term conditions e.g. neuro, falls, palliative care, dementia, and frailty.
Other	<p>Key Competencies Gained on the Rotation</p> <ul style="list-style-type: none"> - Falls assessments - Equipment competencies including special equipment requests for panel - Moving and handling
Pre-rotation preparation	<ul style="list-style-type: none"> • You may find reviewing the following resources beneficial: https://theloop.nchc.nhs.uk/download.cfm?doc=docm93jjm4n2900 https://theloop.nchc.nhs.uk/download.cfm?doc=docm93jjm4n2903 <p>The Manual Handling Revolution: How Health Professionals Can Achieve Creative Solutions for People with Disabilities and Their Caregivers Book by Aideen Gallagher</p> <ul style="list-style-type: none"> • To arrange a pre-rotation visit, please use the contact details below.
Contact	Michelle Rice – Clinical Lead OT South Place – michelle.rice@nchc.nhs.uk

Social Services County Hall: Norwich



Overview	<p>A community based Occupational Therapy team, within Social Services. Assessments are carried out in the service user's home, providing equipment and adaptations to enable them to continue living at home in the community, either independently or with care.</p> <p>Typical OT interventions are: equipment provision, moving and handling, postural management, housing needs reports and housing adaptations.</p>
Facilities	<ul style="list-style-type: none"> • Parking: The Team is based at County Hall and Car parking restrictions apply. There is also the scope for remote working on non-parking days.
Hours	Working hours are: Monday to Thursday 08:45 – 17:30 Friday 08:45 – 16:35
Workload	<p>A full time OT will typically have 4 new cases allocated to them each week. They will be responsible for managing their own diaries and caseload and booking in their own visits. Key competencies gained on the rotation include:</p> <ul style="list-style-type: none"> • Moving and Handling • Equipment provision • Equipment panel applications • Housing adaptations • Writing Housing needs reports • Working with children and adults • Mental capacity assessments
Client group	Patients range in age from birth to palliative
Other	<p>You will receive regular supervision from your line manager on a 6-weekly basis. We also have peer supervision groups held once every 6 weeks.</p> <p>We attend bimonthly joint Team meetings with Health OT's</p> <p>A range of training around equipment, CPD opportunities and moving and handling are run throughout the year.</p>



Social Services South Norfolk: Norwich

Overview	<p>This Rotational OT will work alongside colleagues in Southern Locality. This is a large area, much of it rural with parishes based around market towns. There are 3 assessment teams in the locality with office bases in Attleborough, Dereham and Norwich (County Hall). These assessment teams consist of OT's, Social Workers (SW), Assistant Practitioners (AP), Integrated Care Co-ordinators (ICC's) and Admin support workers. We also have a duty team based in Wymondham which deals with all the new work coming into the locality by triaging it to the appropriate team and resolving crisis situations where appropriate.</p> <p>There are also Community Hospital workers in the Locality (SW's and AP's) who deal with discharge planning from the Community Units in the locality (Ogden Court, Norwich Community Hospital and Dereham Hospital).</p>
Facilities	<ul style="list-style-type: none"> • Parking: Parking at Dereham is on site. In Attleborough, staff use a free public car park, approx. a 5-minute walk from the office. The Norwich Team is based in County Hall which has parking but there is a non-parking day system in place which means staff have identified days where they have to find alternative parking.
Hours	Working hours are 37 a week for a full-time member of staff
Workload	<p>OTs are given cases each week based on level of experience and capacity, and the type of request. Much of our work is around moving and handling assessments as well as housing reports, prescription of equipment along with adaptations that are looked at outside of the IHAT teams.</p> <p>OTs are also on a rota to be based at Wymondham with our duty team and health OT's. This is where they respond to any crisis pieces of work that come into the locality if there is no allocated OT and work closely with our health OTs to look at areas of duplication and opportunities to work closer together. Parking is available near to the office (5-10-minute walk). Whilst on this rotation, the rotational OT's gain experience around complex moving and handling issues and gain opportunities to work with other professionals- SW's, housing colleagues and the Third-Party Sector.</p>
Other	<p>Mandatory training will be offered around Moving and Handling, Safeguarding, Mental Capacity Act as well as any other training that is identified that will assist with professional development. Formal supervision is usually 4 weekly but with new members of staff this is offered more often, as is mentoring.</p> <p>Peer group meetings also occur bi-monthly- this is an opportunity for all the OTs in the locality to come together to discuss issues, share case experience and any training updates.</p>



Early Supported Discharge (ESD) – Stroke:

Overview	The Early Supported Discharge team in Norfolk provides specialist rehabilitation to patients who have had a stroke, by supporting them in their own home. The team work with eligible patients who have been discharged from Norfolk and Norwich University Hospital or Beech Ward at Norwich Community Hospital. The team is comprised of OT's, Physiotherapists, Speech and Language Therapists, Nurses and Psychology. We also have Assistant Practitioners and Rehabilitation Assistants.
Facilities	<ul style="list-style-type: none"> • Parking: We are based at Norwich Community Hospital but cover all of central Norfolk. Therefore, you will be eligible for a mobile worker permit for NCH site.
Hours	The ESD team works 7 days a week, however as a rotational member of staff you will generally work 8.30-16.30 Monday to Friday. Saturday working is optional once you have reached the required competencies.
Workload	We work with patients in their own homes post-stroke. We are a goal-led service, and your input will be led by patient's goals. We have a strong MDT approach and work within 3 locality teams. We have weekly MDT meetings to discuss patient progress and goals. Typically, you will see 3 patients a day, depending on location and travel/service requirements. This rotation offers a valuable chance to develop specialist assessment and treatment planning skills for patients post-stroke. We provide specialist rehabilitation, and for OTs this is particularly in visual and cognitive deficits.
Client group	Generally our patients fall into the 'mild to moderate' category of disability post-stroke.
Other	<p>Clinical supervision is provided by the Clinical Lead OT. Band 6 OTs are also available for support and advice. We are a strong MDT and informal advice, and supervision is always available from other team members and team leads either face to face or remotely via telephone.</p> <p>As we cover all of Norfolk, this post does involve a lot of driving. You may be eligible for BUO category, but this is dependent on your mileage to date this year (please see NCHC Travel policy for more details).</p>
Pre-rotation preparation	<ul style="list-style-type: none"> • You may find reviewing the following resources beneficial: RCP guidelines for stroke -https://www.strokeguideline.org/ Stroke training and awareness resources (STARS) https://stroke-education.org.uk/course/stroke-training-and-awareness-resources-stars-core-competencies/ • To arrange a pre-rotation visit, please use the contact details below.
Contact	Julie Merrywest, Lead Specialist Occupational Therapist. 01603 272385. Julie.merrywest@nchc.nhs.uk



Community: Neuro Team North: Aylsham

Overview	<p>The team is a community-based service working with individuals with neurological conditions. Referrals come from patients, carers, community and acute healthcare professionals, GP's, Consultant Neurologists, social care, and voluntary services from a wide range of organisations in East Anglia.</p> <p>Our service provides assessment, treatment, condition management, practical advice, on-going support, and equipment. This enables adults with neurological conditions to live and work to their maximum ability. The service is available to those who have been diagnosed recently, as well as those who have been living with their condition for many years. It also supports people approaching the end of life.</p> <p>The service aims to promote choice, improve quality of life, and encourage independence, self-management, and control over symptoms in the future.</p>
Facilities	<ul style="list-style-type: none"> • Parking: Free parking at Aylsham. Car driver is essential as the role is in the community visiting patients in their homes.
Hours	Hours are from 9- 5pm, Monday to Friday
Workload	Approximately 3-4 patient visits per day and caseload will vary depending on referrals and complexity.
Client group	<p>Adults who have neurological conditions, such as Parkinson's disease, progressive supra nuclear palsy, multiple sclerosis, motor neurone disease or Huntington's disease. The team comprises of neuro-specialist nurses, neuro-physiotherapists, and community assistant practitioners.</p> <p>In addition to these progressive neurological conditions, the neurological occupational therapist work with adults of all ages who have suffered an acquired brain injury or stroke, long term conditions such as cerebellar ataxia, cerebral palsy, muscular dystrophy, and spina bifida.</p>
Other	<p><u>Training / Supervision Offered</u></p> <ul style="list-style-type: none"> • SystmOne use and ordering of equipment from IRIS. • Increased knowledge and skills pertinent to neurological rehabilitation such as fatigue management, muscle tone management, positioning and handling advice, seating assessments, upper limb rehab, cognitive assessments, and rehab. • Mental capacity assessments falls assessments and programmes, symptom management – education groups and health coaching, medications management, rehab to optimise activities of daily living and level of function. • Training – in house from the MDT and through guest speakers from other organisations. OT forums held in locality and team meetings. Neuro related study days as and when opportunities are offered. • Regular informal supervision from all the team and monthly formal clinical supervision



North Walsham (Inpatients): North Walsham District War Memorial Hospital

Overview	North Walsham Hospital is situated close to the town centre, in the market town of North Walsham. This is a 24 bedded unit. Patients may be referred from acute hospital via Consultants, or from the community via GPs and Community Matrons.
Facilities	<ul style="list-style-type: none"> • Parking: Parking is on site and free at present. Train station is in walking distance.
Hours	Working hours are Monday to Friday, 08.30 – 16.30 but can be flexible if bus/train commute is necessary.
Workload	The workload is fast paced, largely discharge planning, consisting of initial interviews, transfer assessments, cognitive assessments, environmental, home and d/c home visits as required. Liaising with families, social workers and NFS for care packages. Daily goal setting meetings, weekly MDT meeting, family meetings, CHC panels, best interest meetings etc.
Client group	The patients could have neurological, orthopaedic, respiratory, or other long-term conditions, or could be palliative. The patient population tends to be predominantly elderly although there are younger patients on the ward at times.
Other	<p><u>Training / Supervision Offered</u></p> <p>Experience gain in prioritisation, large caseload management, home visits, family meetings, cognitive assessments, delegation, MDT's</p> <p>Any relevant local or relevant Trust training. On site supervision from ward Band 6. Shadowing opportunities with Community and S.S. OT's.</p>



Specialist Neuro Rehab (Inpatients): Caroline House, Colman Hospital, Norwich

Overview	The Colman Centre for Specialist Rehabilitation Services is located at the Colman Hospital on Unthank Road in Norwich. Caroline House is a 20 bed sub-acute rehabilitation hospital for patients with complex neurological needs. The approach is very MDT focused. Every patient has a designated Rehabilitation Medicine Consultant, Nurse, OT, Physiotherapist, (dietician, speech/language therapist, social worker, and psychologist if appropriate). All work is on site so there is no driving involved on this rotation.
Workload	Your average caseload is 5-6 patients. Patients vary in terms of clinical presentation and therefore treatment aims and options, for example some patients are in prolonged disorders of consciousness (including the minimally conscious state and vegetative state), some patients are fully mobile but severely cognitively impaired. Each patient has a designated keyworker (approx. 2 patients). This means that you'll have certain extra responsibilities and paperwork, but it is an invaluable role which ensures the highest quality of care for these patients. We are required to collect data for the UK Rehabilitation Outcomes Collaborative (UKROC). Patients have complex needs requiring intensive rehabilitation delivery. This requires careful planning and can involve a heavy administrative load at times, particularly within the keyworker role. You will develop skills in postural assessment and management, including seating assessment, casting, and splinting, standing therapies, MotoMed, movement analysis and re-education, functional strength training and balance work. There are currently 4 tracheostomy beds. You will be supported to deliver basic tracheostomy and respirator care (assessment and treatments: changing inner tubes, checking/inflating cuffs, suctioning, and potentially cough-assist), building up skills and confidence until you reach full competency.
Client group	The types of patients include; complex strokes (behavioural/emotional needs, impaired communication, cognitive deficits, plus sensation, tone, and motor impairments) traumatic brain injuries (e.g. from road traffic accidents, falls, attempted suicide, assault) and hypoxic brain injuries. Other conditions seen are Guillain-Barre syndrome, brain tumours, brachial plexus injuries, aneurysms/arterio-venous malformations.
Other	Supervision will be provided to support the rotational programme, set dates and topics for discussion will be provided. All notes are on SystmOne and you will be given access to the inpatient unit. You will have an opportunity to lead on a service improvement project, give a presentation, and be involved in in-service training.
Pre-rotation preparation	<ul style="list-style-type: none"> • Pre reading is recommended; causes of brain/neuro injuries, neuro assessment and tone. Please contact Emma Armes for specific reading recommendations. • To arrange a pre-rotation visit, please use the contact details below.



Norwich Community Hospital: Alder Ward

Overview	Alder Ward is a 24 bedded rehabilitation ward. It mainly treats elderly patients following a stay in the acute ward but occasionally has patients admitted directly from home as admission avoidance. The length of stay varies greatly but averages about 2 weeks per patient. The ward team consists of nurses, occupational therapists, physiotherapists, and support staff. There is a nurse practitioner that covers the ward as well as a weekly consultant ward round.
Workload	A majority of patients will come from the orthopaedic trauma ward with hip or pelvic fractures however the caseload does vary and can be very complex. We also see patients with neurological conditions e.g. stroke and Parkinson's. The aim of the patients stay will be to achieve agreed functional goals in order to return home with appropriate support. This will involve exercise prescription and progression of mobility using various manual handling equipment.
Other	Supervision will be completed with the Band 6 Occupational Therapist at a frequency agreed at the start of your rotation. The team are available all throughout the day to discuss your caseload as required. In-service training is delivered on topics as identified by the team on an ad-hoc basis.



Supported Care Services North and South

Overview	<p>The Supported Care Team is based at Wymondham Health Centre in Wymondham and Mill Close Aylsham for the North Supported Care Team. The Supported Care Service has two main elements - Admission Avoidance and Discharge to Assess. The need is assessed within 2 to 24 hours and met through a joint health and social care response. The service can support for up to seven days for admission avoidance and up to 6 weeks for discharge to assess where identified.</p> <p>Admission Avoidance referrals come through via NEAT and for Supported Discharges from the acute hospital or community hospitals. The Supported Care Team consists of Occupational Therapists, Physiotherapists, Nurses and Assistant Practitioners. In the immediate team you will be supported by a band 6 OT.</p>
Facilities	<ul style="list-style-type: none"> • Parking: South - There is parking onsite (south team) which is accessed by a parking fob (this should be passed to you from previous rotational OT). • Parking: North - There is free parking available at Mill Close.
Hours	The working hours of the team are 8-8 daily. The Band 5 OT will work a 7.5-hour shift, and this is discussed on arrival to the team.
Workload	As a full-time member of staff, you will be expected to have two new patients a day (these are pre-booked for you by the team). You are then expected to book in your own follow-up appointments.
Client group	The types of patients you will see are a big mix including palliative care, dementia, falls, frail, and elderly. All patients are of an urgent nature.
Other	<p><u>Key Competencies Gained on the Rotation</u></p> <ul style="list-style-type: none"> -Basic NCH&C shared competencies e.g. basic observations, wound care, walking aids. -Moving and handling <p><u>Training / Supervision Offered</u></p> <p>You will have monthly/ six weekly supervision with one of the Band 6 OT's and can attend any of the in-service training run by the team or wider team.</p>
Pre-rotation preparation	<ul style="list-style-type: none"> • To arrange a pre-rotation visit, please use the contact details below.
Contact	Jordan Culling (South COM) jordan.culling@nchc.nhs.uk / Clare Thompson (North COM) clare.thompson2@nchc.nhs.uk



Norwich Wheelchair Service, Re-Enablement Centre, Julian Hospital, Norwich

Overview	Norfolk wheelchair service is based at the Re-enablement service centre (RSC) on the Julian Hospital site in Norwich (NR3 2JW) Service users are seen either in one of the purpose-built clinic rooms in the RSC, Kings Lynn (park view clinic) or at home. We offer home visits in exceptional circumstances. The wheelchair service covers a large geographical area encompassing Norwich, South, East, North and West Norfolk.
Facilities	<ul style="list-style-type: none"> • There is parking on site, it is free and permitted. • There is a café onsite (Hammerton Court) that staff can use.
Hours	8:30-4:30 Monday- Friday. We do not work bank holidays or weekends in the service.
Workload	You will work along existing band 5 therapists to triage, assess, prescribe and handover wheelchairs/ cushions for adults and children. Equipment will be self-propelled or attendant propelled wheelchairs, cushions, and powered wheelchairs for which you will be carrying out home environmental and driving assessments. You will also be involved in screening for mental capacity and tissue viability. Service users will generally be occasional users with limited or no follow up needs. The service is fast paced and with experience gained through the rotation you may carry out up to 6 basic assessments a day in clinic or up to 3 home visits a day. You will have designated admin time and development time factored into your rotation. You may be travelling long distances using the wheelchair service vans (one automatic large, one manual large, one manual small) – being confident in driving these vehicles is essential.
Client group	Children and adults presenting with a wide range of clinical conditions including complex neurological conditions, multiple pathologies, and end of life. We see children aged 3 upwards.
Other	<p>You will have regular formal supervision from a band 6 clinician as often as required plus informal supervision from the rest of the team who have an ethos of positive support. Training will be given regarding different wheelchairs and their optimal use, as well as in cushions and pressure relief, normal sitting patterns, postural assessment, environmental assessment, electronic prescriptions, and referrals. The Team liaises closely with service users, families, carers, and the wider multidisciplinary team.</p> <p>As you will be seeing children and adults, there will be a bi-monthly Safeguarding Supervision with the NCHC safeguarding team to discuss any complex cases.</p> <p>By shadowing senior clinicians, you will have the opportunity to observe and learn about complex and specialist seating assessments and equipment such as moulded seating, active user wheelchairs, special controls e.g., head controls, micro switches, buddy buttons etc. as well as modular backrests and cushions.</p> <p>The wheelchair service is going through an exciting period of change and development, and you will have the opportunity to be involved in teamwork and service development.</p>

	We use the National Wheelchair Managers Forum Basic Competencies to grade progress and move towards independent practice in certain areas.
Pre-rotation preparation	<ul style="list-style-type: none"> You may find reviewing the following resources beneficial: <ul style="list-style-type: none"> - https://www.wheelchairmanagers.org.uk/ - https://www.pmguk.co.uk/ - https://seatingmatters.com/gb-ie (look at the Clinicians Seating Handbook) To arrange a pre-rotation visit, please use the contact details below.
Contact	Wheelchair.services@nchc.nhs.uk – team email address 01603 216956 – team contact number Jennifer.gilbert@nchc.nhs.uk (Jenny Gilbert, Clinical Lead, Wheelchair Assessment Service)



Norwich Community Therapy Team

Overview	<p>The Norwich Community Therapy team is based at Norwich Community Hospital (NCH) with a satellite office at Thorpe Health centre.</p> <p>The referrals for the Therapy team can come from GPs, other health professionals, Social services, or self-referrals. These are all triaged by the Therapists and Community Assistant Practitioners in the team.</p>
Facilities	<ul style="list-style-type: none"> • Parking: There is parking onsite at NCH and also at Thorpe Health centre. • At NCH, there is a WRVS shop selling sandwiches, jacket potatoes, soup and snacks. There are vending machines around the site. The Therapy team floor has a kitchenette with microwave, fridge and tea/coffee facilities. <p>Thorpe health centre has tea/coffee facilities and is a 2 minute drive from Aldi, 5 minutes from Sainsburys.</p>
Hours	The working hours are Mon-Fri 9am – 5pm
Workload	Community Physical. You will see a mixture of new patients and follow ups in a day and will triage a minimum of one day a week.
Client group	We assess patients from the age of 18 upwards in their own homes which includes housing with care, sheltered accommodation, supported living and residential and nursing homes. We see a wide range of conditions including neurological patients, palliative, stroke, Dementia with a physical condition, and patients with heart and breathing difficulties. We liaise with the multidisciplinary team including Nurses, Social workers, Speech and Language Therapists and voluntary services, to name a few. We work in and around the outskirts of Norwich.
Other	<p><u>Key Competencies Gained on the Rotation</u></p> <ul style="list-style-type: none"> - Initial assessments - Falls assessments - Equipment competencies including special equipment requests for panel - Moving and handling - Triage skills - Joint visits with Physiotherapy colleagues - Integrated working with Social Services colleagues - increase knowledge around assessments they provide and how to refer. <p><u>Training /Supervision Offered</u></p> <p>You will receive a thorough local induction, monthly supervision with one of the Band 6 OTs, alongside day-to-day team support. We have OT peer support meetings once a month and a full Team meeting once a month. Clinical Leads organise specific training on new services and new equipment.</p>
Pre-rotation preparation	<ul style="list-style-type: none"> • You may find reviewing the following resources beneficial: Please research falls in the elderly and prevention, Parkinson's UK website, MS society website, Stroke association website, Community care and admission avoidance. • To arrange a pre-rotation visit, please use the contact details below.
Contact	<p>Pippa Murrell - Clinical Lead Occupational Therapist</p> <p>Phillippa.murrell@nchc.nhs.uk / 07785233737</p>

Willow Therapy Unit

Overview	<p>State-of-the-art new Willow Therapy Unit. Opening at Norwich Community Hospital in 2024, the new facility will provide a supportive and comfortable environment for 48 patients. The restorative environment at Willow Therapy Unit will enable patients to make steady, step-by-step improvements and gain independence as they prepare to return to the community. Patients will be supported to play an active role in their own care and feel confident about performing daily activities when they leave.</p> <p>Healthcare will be delivered by a multidisciplinary team of clinical professionals dedicated to patient recovery and wellbeing.</p> <p>Utilising the latest therapy and rehabilitation technology and practices, Willow Therapy Unit will play a key role in the commitment to delivering patient-centred care in Norfolk and Waveney.</p>
Facilities	<ul style="list-style-type: none">• Norwich Community Hospital operates a permit system.• Transport links: There are good rail and bus links serving Norwich.
Hours	Hours – Therapists will work across a seven-day week rota and between 07:00 and 19:30 with a 30 minute lunch break. Shifts TBC.
Workload	TBC
Client group	The unit will predominantly be for frail and elderly patients aiming to return home and they may have mild cognitive difficulties.
Other	In-house training will be available as required to develop current job role.
Contact	TBC



Swaffham Community Therapy Team: Swaffham Hospital

Overview	<p>The Community Therapy team is based at Swaffham Hospital. The Community Therapy team is one part of the West Norfolk team, the other West teams are based at Downham Market and King's Lynn.</p> <p>At Swaffham, we have dedicated therapy staff who provide therapy services to the 18 bedded rehabilitation unit on site, and/or the community.</p> <p>The referrals for the community team can come from GP's, other health professionals in the team, acute hospitals, or self-referrals. These are all triaged by the Senior Therapists in the West teams.</p>
Facilities	<ul style="list-style-type: none"> • Parking: There is parking onsite, or on the adjacent streets. • Swaffham town is within walking distance of the hospital with a range of shops available for food etc. There is a small kitchen on site with a water boiler, fridge, and microwave and showering facilities.
Hours	The working hours are Mon-Fri 8.30am – 4.30pm or 9am-5pm
Workload	In-patient rehabilitation
Client group	On the ward we have patients with a variety of clinical needs including de-conditioning, simple and complex fractures, long term conditions (neurology/stroke), Dementia and complex discharge planning.
Other	<p><u>Key Competencies Gained on the Rotation</u></p> <ul style="list-style-type: none"> - Falls assessments - Equipment competencies including special equipment requests for MediQuip panel - Moving and handling - Complex Discharge planning - Cognitive Assessments <p><u>Training /Supervision Offered</u></p> <p>You will receive monthly/6 weekly supervision with one of the Band 6 OTs, alongside team support. We have a monthly in-service training programme, and a quarterly OT Forum facilitated by the Clinical Lead.</p>
Pre-rotation preparation	<ul style="list-style-type: none"> • You may find reviewing the following resources beneficial: Current Nice guidelines on long term condition management, Moving and Handling of Plus size people (NBE 2013), Grandpa on a skateboard, The practicalities of assessing mental capacity and unwise decisions. Tim Farmer. • To arrange a pre-rotation visit, please use the contact details below.
Contact	<p>Adele Travis</p> <p>Clinical Lead Occupational Therapist – adele.travis@nchc.nhs.uk</p> <p>07990 525469</p>