



BIRMINGHAM AND SOLIHULL MENTAL HEALTH NHS FOUNDATION TRUST

JOB DESCRIPTION

Job Title:	Consultant Clinical/ Forensic Practitioner Psychologist, Women's and FCAMHS Service,
Grade:	Consultant Psychologist, Speciality Lead (8c)
Reporting to: and Offender health	Lead Consultant Psychologist. Lead for Psychological Professions Secure Care
Accountable to:	Professionally accountable to the Chief Psychological Professions Officer via the Lead for Psychological Professional, Line management accountability to the Lead Consultant Psychologist, Secure Care and Offender Health
Location:	Ardenleigh

Job Purpose

As an experienced clinical or forensic practitioner psychologist holding doctoral level professional qualifications, ensures the systematic provision of a highly specialist, multilevel forensic psychology service that is cost-effective, culturally appropriate and based on best clinical and professional practice and that meets Trust, Programme and Reach Out objectives, national strategic and policy guidelines, commissioner requirements and user and carer needs and expectations. To thereby help understand, prevent and ameliorate psychological distress and disorder and improve the mental health and well being of the female service users of the forensic service.

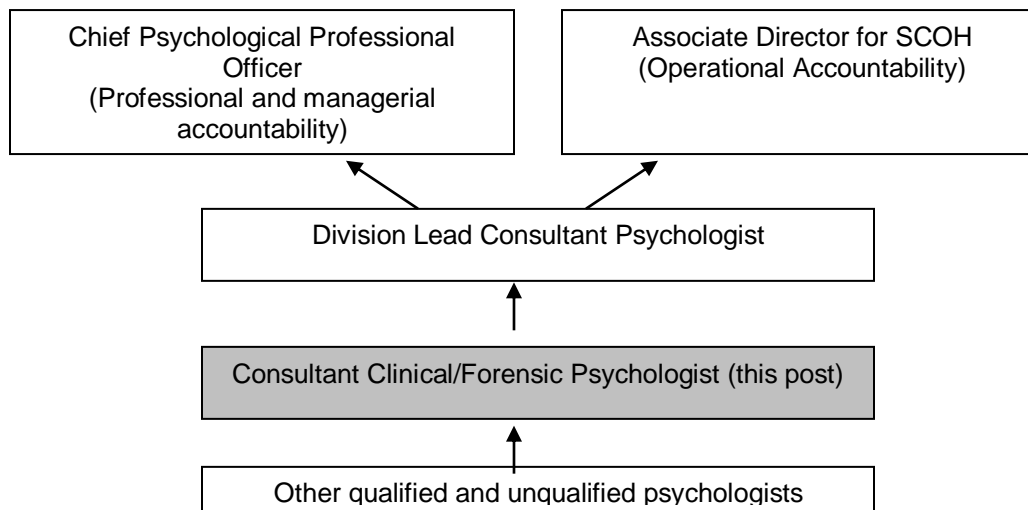
Job Summary

1. As a qualified psychologist and Speciality Psychological professionals Lead, assumes accountability for own professional actions, exercises discretion in determining how objectives are to be achieved and works autonomously within the overall framework of relevant speciality/trust/service principles, policies and procedures, the professional codes of practice of the BPS and terms and conditions of employment.
2. As a Consultant Psychologist and Speciality Lead, is responsible for leading the development, delivery and evaluation of the speciality psychological service for which the post holder is responsible.
3. As a Consultant and Speciality Lead Psychologist, exercises delegated responsibility for co-ordinating, organising and managing the psychological staffing and material resources available in the speciality for which the post holder has designated professional responsibility.
4. Exercises responsibility for the systematic governance of psychological practice within the speciality and ensures that effective systems are in place for the clinical and professional supervision and support of all other psychologists within the speciality area for the post holder has designated responsibility (including systems for recruitment, professional appraisal and the identification of CPD needs across the speciality).
5. Responsible for developing, introducing and implementing new psychology service and team policies and service developments in the speciality for which the post-holder is responsible.

6. Responsible for proposing and implementing/supporting the implementation of policy or service changes and developments (including changes in clinical practice and policy) which impact beyond the post holders own area of activity (impacting for example on the work of other disciplines, departments, professionals and members of the MDT within the speciality or Programme or on the work of others in other specialities, programmes or service areas).
7. Takes the lead in ensuring that psychological services within the speciality are developed and delivered in accordance with relevant NICE and DoH guidelines.
8. Acts as a highly specialist and expert resource to other psychologists, other professionals and teams and the wider professional community within the speciality, directorate, Trust and wider health and social care network providing expertise and advice as required in relation to the post holder's particular speciality expertise.
9. Provides direct clinical services to clients, their families and other carers as appropriate, undertaking highly specialist psychological assessments and providing individual and group based psychological therapy and intervention as appropriate and required.
10. Facilitates the dissemination of effective evidence informed psychological practice within the speciality by developing and supporting the use of psychologically informed protocols, guidelines and procedures by other professions and members of the MDT and by developing psychologically informed assessment and intervention procedures that are incorporated within routine service practice.
11. Plans, organises and provides specialist teaching/training session/programmes in psychological principles and practice for other professionals and other staff within the speciality and as appropriate for staff in other parts of the Trust or elsewhere in the health and social care system.
12. Provides expert supervision and 'liaison-consultation' services to enable and support client related work undertaken by other professionals within a multidisciplinary context and across partner agencies.
13. Provides professional supervision for other qualified and unqualified psychologists and psychological professionals in the speciality or elsewhere in the Trust as appropriate.
14. Provides specialist placements and supervises Trainee Clinical Psychologists (and counselling and forensic trainees as appropriate) on placement from local University based training courses.
15. Regularly undertakes applied clinical research and development activities related to the needs of the clients served by the speciality and the Clinical Psychology Service and Trust as a whole, as well as supporting R&D activity undertaken by other professionals within the speciality.
16. Initiates, organises and undertakes audit and policy/service development projects within the speciality, utilising research skills, collecting, collating and analysing data, writing and presenting reports, etc as appropriate. Uses IT equipment and software as required, including statistical, database, spreadsheet and presentational.
17. Participates in supervision, personal appraisal and continuing professional development activities as agreed with professional head of service, including general training required in accordance with the policies and procedures of the Trust.
18. In completing duties, draws upon advanced level highly specialist knowledge and expertise commensurate with a doctoral degree in clinical psychology, eligibility for registration as a chartered clinical psychologist and further post qualification specialist training, clinical supervision and experience.

19. In completing agreed duties, plans, organises and prioritises own time, activities and workload and as appropriate the priorities of others.
20. In delivering objectives, plans and organises a complex range of service development, clinical, consultative, training, governance and R&D activities and programmes which impact on the clinical psychology speciality and other services and professionals within and beyond the speciality, exercising complex planning, organisational, co-ordination and evaluation functions and formulating and adjusting plans in the light of current, anticipated and changing circumstances.

Organisational Chart



Key Communications and Working Relationships

Works/liases with qualified psychological professionals and assistant practitioners within the speciality, in other programmes and with other clinical groups within the Trust; with psychologists and professionals working in the speciality in other Trusts within the Region or elsewhere in the country; with senior members of other disciplines and professions responsible for the provision and evaluation of clinical care, including operational managers, team leaders and other senior clinical, operational and corporate managers within the Trust; relevant senior colleagues in PCTs, Local Authority, Probation Service, Criminal Justice System and other statutory, voluntary and non-statutory agencies; GPs and other referral agencies; professional training courses, academic/educational and research departments, research workers; service user and carer organisations, service users and carers; and others as relevant to this post.

Working Environment

The post holder will work with women and young people with complex, severe and enduring mental health disorders and serious risk behaviour, whose presentations often involve overlapping conditions and multiple needs and are sometimes complicated by organic dysfunction. In the course of their work, the post holder will encounter a range of presenting problems, including psychosis, personality disorder, self harm, challenging behaviour, substance misuse, complex emotional dysfunction (depression, anxiety,

anger), PTSD, cognitive deficits (including impairments of intellectual, memory and executive function), severe interpersonal problems and social disabilities. Histories of risk, antisocial and offending behaviour are typical and several clients present a risk of serious aggression and violence or self-injury. Many clients will have difficulties arising from physical, sexual and emotional abuse. Clients in the residential unit are detained under the MHA and may be subject to Home Office restrictions following transfer from prison or other secure settings. Motivation and engagement is commonly poor and the clients understanding or acceptance of their condition is often constrained by psychological, cognitive, linguistic or other factors. The post holder will also work with the client's support networks, including care staff and family members.

The post holder will work across the Trust in a range of inpatient, day and community team settings, and will be required to travel between sites and settings within the Trust's socio-economically diverse service area on a regular basis (for example, to undertake clinical activities in inpatient or residential settings, to follow up assessment or treatment activities in service users' homes, to visit service settings beyond the Trust, to attend professional meetings and training events). The transport of psychological test materials, audio-visual and IT equipment may be required.

The post holder will work in secure and restrictive environments, is likely to encounter unpleasant working conditions (e.g. verbal abuse/threats) on a frequent basis and may have some exposure to physical aggression. The post holder is likely to be exposed to highly distressing or highly emotional circumstances on a frequent basis (working with clients who are emotionally demanding/behaviourally challenging, with cases of abuse or self harm) and may occasionally witness/have to deal with highly distressing incidents of violence or self-harm. When working within multidisciplinary settings, the post holder may encounter and be required to address challenging team dynamics and conflicting professional perspectives.

Principal Duties and Responsibilities (Key Result Areas)

The post holder may be required to undertake any of the duties specified in the key result areas noted below. The relative priority and time allocated to each of the duties/key result areas will be determined by reference to service needs and may vary in the light of prevailing service priorities and requirements.

Clinical

1. Takes the psychological lead in the development and provision of effective evidence based psychological therapies in the clinical speciality for which the post holder is responsible.
2. Organises the psychological referral/allocation system within the specialities for which the post holder is responsible.
3. Undertakes highly specialist psychological assessments of complex cases, assessing personality, beliefs, attitudes, behaviour, emotional function, and other relevant psychological characteristics and dimensions and factors relevant to the development, maintenance and understanding of the client's difficulties as appropriate, using standardised psychometric instruments, protocol based assessment tools, self-report measures, rating scales, direct and indirect structured observations and structured and semi-structured interviews as required. Utilises assessment techniques directly with clients and collects information from family members and others involved in the client's care as appropriate.
4. Undertakes highly specialist risk assessments from a psychological perspective, provides psychologically based programmes of risk management for individual clients as appropriate, and provides both general and specialist advice to psychologists and other professions on psychological aspects of risk assessment and management.
5. Undertakes highly specialist assessments of neuropsychological and cognitive function, including attention, intelligence, memory, executive function, aphasia and language, motor skills and sensory

function, using specialised neuropsychological tests, materials, equipment and observational and measurement techniques that require precise adherence to standardised administration protocols and that require specific training and appropriately developed physical skills for their proper use (including dexterity and co-ordination when manipulating stimulus materials and demonstrating task requirements, precise timing of stimulus presentations and response times and rates, very high levels of accuracy when measuring responses, high level attentional, observation and listening skills when evaluating motor dysfunction or speech deficits, as well as efficient memory skills and concentration.)

6. Scores, collates, analyses, interprets and reports findings of psychological assessments undertaken with clients and others, integrating highly complex data from multiple sources (obtained using a variety of measures and techniques and collected from a variety of sources) within an appropriate interpretational framework.
7. Develops highly complex formulations of highly complex presenting problems, considering a range of hypotheses as required and drawing upon the findings of psychological assessments, relevant aspects of the case history, relevant psychological models, concepts and theory and advanced knowledge, expertise and analytic and interpretational skills acquired through specialist post qualification training and experience.
8. Responsible for developing and implementing highly complex plans for the formal psychological treatment and/or management of the client's presenting problems, that are based upon highly specialist and advanced knowledge and an appropriate conceptual framework, that employ psychological procedures and practices having an evidence base for their efficacy and/or an established theoretical basis for their use and that are provided across the full range of relevant care settings.
9. Maintains a case load of clients for therapy, the size of which is determined in the light of service needs and objectives and delivers psychological treatments and therapeutic/management interventions to fidelity, protocol guidelines or appropriate professional standards, for individual clients, couples and for families. In providing formal therapy and other psychological interventions i) evaluates, identifies and makes highly skilled evaluations and decisions about appropriate treatment/intervention options in the light of specialist theoretical and therapeutic models, the findings of assessment and the complex historical and developmental factors that have shaped the individual client and their family, the problem formulation, the evidence base and user characteristics and preferences; ii) employs a range of psychological approaches and techniques individually and in combination as appropriate; and iii) monitors and evaluates clinical progress and reviews and revises the psychological formulation and treatment plan in the light of treatment progress and by reference to differing explanatory models and alternative/reformulated hypotheses.
10. Provides expert opinions (including second opinion, opinions required for legal purposes) in individual cases as required, including those where expert opinions may differ.
11. Plans, develops, co-ordinates, delivers and evaluates therapeutic groups as appropriate, including for example group approaches to the management of stress, anxiety and depression and the enhancement of self esteem and social skills, psycho-educational group approaches to the understanding and self-management of symptoms and problems, and other protocol based or semi structured group interventions. Acts as therapist or co-therapist (with other qualified psychological professionals, Assistant Practitioners, or other designated clinicians) as appropriate.
12. Together with other team members as appropriate, provides support and advice to the families and natural carers of people with mental health and psychological problems referred to the team/service area, offering behavioural family therapy or systemic family therapy where appropriate and supporting and enabling the delivery of intervention programmes by relatives/carers as appropriate.

13. *In completing clinical duties, exercises full professional responsibility and autonomy for the

psychological assessment and treatment, and discharge from psychological care, of referred clients and other clients whose problems are managed by psychologically based care plans, communicating with the referral agent and others involved with the client's care on a regular basis.

14. When completing clinical duties, receives, obtains and communicates highly complicated, extremely sensitive and highly contentious assessment, formulation and treatment related clinical and personal information, sometimes in emotionally charged, hostile or otherwise challenging circumstances, where there may be constraints on the engagement, motivation, cooperation, acceptance, tolerance or understanding of the service users involved or their families.
15. Collaborates with other members of the MDT in case and care reviews and other relevant clinical systems applying in inpatient, day patient or outpatient settings.
16. Acts as care coordinator where appropriate, taking responsibility for planning, initiating, co-ordinating and reviewing of CPA care plans appropriate for the clients needs and involving and communicating with clients, their carers, referring agents and others involved the network of care as necessary.
17. Attends and contributes to appropriate multi-disciplinary assessment meetings, case conferences, reviews, etc, providing specialist psychological advice, opinion, expertise and guidance in relation to problem formulation, diagnosis, treatment and individual care planning and other clinical matters as necessary and providing a psychological perspective or psychological information as required.
18. Directly and indirectly promotes and supports a psychologically informed and evidence based approach to the understanding and management of the problems and needs of all clients across all settings within the service area covered.
19. Where appropriate develops very highly specialised project work in respect of a particular clinical need of relevance to the speciality, identifying the scale of local need in relation to the problem in question, collaborating with colleagues in planning relevant psychological interventions and solutions and to assisting in service dissemination and the maintenance of quality standards via the development of protocols, training and networking, for example as part of Reach Out.

Teaching, training, supervisory, consultative/advisory

1. Plans, organises and delivers in service training workshops, seminars, lectures and courses on specialist psychological topics for members of the MDT or other professionals within the specialty and as appropriate for other staff in the Trust or elsewhere in the healthcare system (the focus of which will be determined by reference to the specialty's service priorities and skills required to meet clients' needs). As required, plans and organises training sessions/courses, prepares teaching content, materials (including handouts) and aids (including computer assisted), organises and co-ordinates input from other tutors/trainers, directly provides presentations and evaluates teaching initiatives using appropriate measures.
2. Participates with other psychological professionals in the development, delivery and evaluation of specialist training on a cross trust basis in respect of relevant speciality related skills, particularly those that promote the dissemination of evidence based practice in line with NICE and DoH guidelines.
3. Provides presentations on specialist clinical or research topics, relevant areas of work, external training events attended, etc, to members of the Trust Psychology Service, contributing thereby to the CPD of other psychologists in the service.
4. Ensures that appropriate systems are in place for the professional and clinical supervision of psychological professionals within the speciality for which the post holder is responsible.
5. Provides clinical and professional supervision to practitioner psychologists, and as appropriate to

Assistant Practitioners, other psychological professionals, graduate volunteers and undergraduates on attachment, working within the speciality for which the post holder is responsible. Where appropriate, provides specialist clinical supervision to psychological staff from elsewhere in the Trust in relation to the post holder's particular area of expertise.

6. Provides specialist clinical placements and supervision for trainee clinical and forensic (and if appropriate counselling) psychologists, ensuring that trainees acquire doctoral level clinical and research skills, competencies and experience necessary and contributing to the assessment and evaluation of such competencies as appropriate.
7. Contributes with other members of the Trust Psychological Services to the doctoral courses in Clinical Psychology and to other University based professional training courses, counselling psychology and forensic psychology, providing teaching input and contributing to course selection processes as appropriate.
8. Ensures that all members of the treating team within the speciality have access to a psychologically based framework for the understanding and care of clients of the service and facilitates the effective and appropriate provision of psychological care by team members through the provision of expertise, advice, support and consultation and the dissemination of psychological theory and research.
9. Provides highly specialist psychological advice, consultancy, guidance and where appropriate supervision to other members of the MDT (e.g. nursing staff) who are involved in client assessment and who provide direct intervention in individual cases and with groups of clients. Supports other member of the MDT in the appropriate identification and use of psychologically informed assessment methodologies and treatment interventions as part of a client's agreed care plan and as appropriate designs programmes of assessment and intervention for implementation by others. As appropriate, works jointly with other team members in the provision of individual and group based programmes.
10. Provides highly specialist advice, consultation and training to other professionals working in the speciality to enable team members to incorporate informed psychological practice within their day-to-day work with clients. In this respect, supports other members of the MDT by the development of 'shared formulations' of the clients presentation and needs, and advises on psychologically based assessment and intervention techniques that might at a systems level be incorporated within the Team's operational policy.
11. Provides expert consultation about the psychological care of the client group to staff and agencies outside the directorate and Trust

Research and Service Evaluation

1. Draws upon evidence-based treatment literature, other relevant clinical and experimental research findings and established theoretical models to support the post holders own evidence based best practice, and that of other psychologists within the designated area of responsibility, when working directly with clients and their families and when working with and through other members of the MDT.
2. Promotes and supports psychological research activity within the psychological speciality for which the post holder is responsible, supervising the research of other qualified and unqualified psychologists as necessary.
3. Ensures that evaluations of MDT services and general service developments within the speciality as a whole have a psychological dimension, taking the psychology lead in this respect and deploying professional skills in research, audit and outcome evaluation as appropriate.
4. Contributes to the development and implementation of governance initiatives and quality assurance systems for use by other professionals and MDTs, including for example the development of systems for assessing outcomes and for evaluating user satisfaction with services received. Undertakes specific project management that enhances the speciality and Team's service provision, including complex audit and service evaluation, collaborating with colleagues within and across the service as required.
5. Regularly undertakes personal R&D activity of benefit to the speciality and service as a whole, including as appropriate work evaluating current psychological practice, work related to the development of innovative psychological assessment and intervention procedures and work related to the better care of people within existing care systems. Designs, implements and evaluates research and projects as agreed.
6. Where appropriate, advises team colleagues on matters related to experimental design and methodology and collaborates in research programmes organised by others within the Trust.
7. Participates in such systems of clinical audit, quality assurance and governance review as may be agreed in respect of psychology services.
8. Analyses data and produces audit and research reports, using advanced statistical procedures and advanced IT skills. Uses complex statistical software (e.g. SPSS) and other information technology and software (including word processing, spreadsheet and databases) as appropriate.
9. Ensures that adequate records of service operation are kept in accordance with agreed speciality/Clinical Psychology Service/Trust information systems and ensures the security of confidential data.
10. Collates and submits information on the psychological services and prepares annual reports for submission to the Directorate (or Directorate equivalent) Lead for Psychological Services and Service Director as appropriate. Collates and submits information to assist the Lead for Psychological Services (or equivalent) in the preparation of annual reports on the psychological services provided to the Directorate and Trust.

Information Technology responsibilities

1. Uses information technology to record client contact information (including the Trust's patient data information system,), to complete data display and analysis, to prepare teaching and training materials and deliver presentations, to prepare reports (including written, graphical and visual material) and to communicate via e-mail. Uses word processing, spreadsheet, data base, statistical, presentational, and desk top publishing software and software for the scoring and interpretation of psychometric and neuropsychological tests.
2. Collates and organises data and information collected/compiled by others (e.g. measures of clinical outcome recorded by other psychologists and other members of the MDT, information recorded by others that is required within an audit or governance context), undertakes analysis of such information (using SPSS or other statistical procedures as appropriate) and prepares reports and documents as required.
3. Prepares, and as appropriate guides/supports others in preparing, data bases or spreadsheets for purposes of recording and organising research and audit data collected by others. Establishes filing systems and data-bases for activity monitoring and review purposes within that part of the psychological services for which the post holder has responsibility.
4. Uses a range of software to create reports and documents, including desk-top publishing software to design and create leaflets and psycho-educational materials.

Professional Development and Practice

1. Observes professional codes of practice of the British Psychological Society (including the BPS 'Code of Conduct, Ethical Principles and Guidelines', 1998, and the Division of Clinical or Forensic Psychology 'Professional Practice Guidelines', 1995), HCPC guidelines; Trust policies and procedures and terms and conditions of employment.
2. Responsible for working within limits appropriate to qualifications, competence and experience and for professional self-governance in accordance with professional codes of practice and Trust policies and procedures.
3. In common with all applied psychologists, receives regular clinical and professional supervision from an appropriately experienced Chartered Clinical and / or Forensic Psychologist (and if appropriate other senior professional colleagues), in accordance with the BPS Code of Conduct, DCP professional practice guidelines; HCPC and Trust Psychological Services policy.
4. Participates in annual personal development/appraisal reviews with the Divisional Lead for Psychological Services.
5. In accordance with DCP/DFP, HCPC Guidelines for CPD and Trust Psychologicals Services policy, undertakes such programmes of internal and external CPD, personal development and training as may be agreed with the post-holder's professional manager at the beginning of the appointment and at subsequent appraisal reviews, ensuring thereby that the post-holder develops and maintains the highest professional standards of practice when fulfilling their duties and responsibilities and that they contribute to the development and articulation of best practice in psychology across the service.

6. Maintains active engagement with current developments in the field of clinical or forensic psychology and related disciplines, gains wider experience of professional psychological practice, continues to develop skills of a reflexive and reflective scientist practitioner and further develops skills and competencies that assist in the performance of current duties and prepare for future duties and responsibilities, through attendance at training events, attendance at special interest groups and relevant clinical forums, reading relevant research and practice literature, visits to other service settings, etc, as well as through regular professional supervision and appraisal.
7. Maintains and further develops skills in the area of clinical supervision and professional pre- and post-graduate training.
8. Promotes and ensures the highest standards of clinical record keeping (including electronic data entry) and report writing in the clinical area for which the post holder is responsible, in accordance with professional codes of practice and Trust policies and procedures.
9. Organises and chairs meetings of psychological professionals working in the area for which the post holder has responsibility, and attends and contributes to Programme Psychological professionals Meetings, the Trust Wide Psychological Professionals Advisory Committee and such other Trust wide psychological service meetings as may be organised.
10. Contributes with other Consultant Psychologists within the Division and Trust to the development and articulation of best practice in psychology across the Trust.
11. Advises line manager of any changes in their circumstances that might jeopardise their fitness to practice or their compliance with the Society's Code of Conduct (including criminal convictions incurred subsequent to completion of Disclosure and Barring Service (DBS) checks).
12. Advises those to whom they are accountable if post holder believes they have been allocated responsibilities that exceed their level of competence or experience, if they have been allocated a workload they consider unreasonably excessive, if they identify CPD needs relevant to duties they are asked to undertake, or if they otherwise require support.
13. Notifies professional lead and/or the Trust Chief Psychological Professions Officer should post-holder believe that another psychological professional's fitness to practice, or adherence to the Society's Code of Conduct, has been compromised or breached.

Other

1. To maintain up to date knowledge of legislation and national and local policies and guidance in relation to both the specific client group with whom the post holder works and general mental and psychological health issues, and maintains knowledge of Trust policies and procedures that are relevant to the post-holders roles and responsibilities. Ensures that other psychological professionals in the area for which the post holder is responsible are aware of relevant legislation and policy.
2. Provides activity data as required as part of relevant service reviews.
3. Undertakes specific administrative duties as required.
4. Performs other duties of a similar kind appropriate to the grade, which may be required from time to time by the Lead for Psychological Professionals .

General Trust Conditions and Expectations

Confidentiality

It is a condition of employment that staff do not disclose any information obtained in the course of their duties other than to those entitled to receive it. The post holder must ensure that the confidentiality of personal data remains secure and the terms of the Data Protection Act and relevant Trust policies are met in respect of information held the Trust's computerised information systems.

Equal Opportunities

The Trust is committed to equality of opportunity. All staff are required to comply with current legislation, Trust policies and guidance, good practice and the NHS Executive's Planning and Priorities Guidance 1996/1997

Health and Safety

Staff must ensure that they are familiar with the requirements of the Health and Safety at Work Act (1974), the Trust's Health and Safety Policies/codes of practice or regulations applicable to the work place.

Training Education and Development

All staff are required to participate in any necessary training and development to keep up to date with the requirements of the job.

Research Governance

R&D activities help underpin effective and high quality clinical services and support a culture of evidence based practice and innovation amongst staff. All staff have a duty to be aware of and comply with their responsibilities for research governance, whether as researchers, as part of the team caring for those participating in research, or as research participants themselves.

No smoking

Acknowledging its responsibility to provide a safe, smoke free environment for its employees, service users and visitors, the Trust actively discourages smoking on Trust property.

This job description is indicative only and may be revised from time to time, and not less than annually, in consultation with the post holder and in the light of changing service demands, service priorities and other relevant circumstances and the post-holders personal appraisal. The post holder may also be required to provide cover in other areas following appropriate discussion.

Job Description Agreement:

Manager: **Signature**

..... **Name**

..... **Date**

Post Holder: **Signature**

..... **Name**

..... **Date**

