

## **Job Description**

### **Community Band 5 Physiotherapist**

**Location of duties**                **Community Services Blackpool Teaching Hospital NHS Foundation Trust**

**Reports to**                        **Team leader for Central West**

**Clinically responsible to** **Specialist Physiotherapist/Senior Physiotherapist**

**Liaison with**                    **Consultants, GPs Nursing Staff, Occupational Therapists and Physiotherapists, MDT Team.**

#### **Infection Prevention and Control:**

**The post holder must comply with all relevant policies, procedures and training on infection prevention control. The trust is committed to safeguarding and promoting the welfare of children, young people and vulnerable adults and expects all staff and volunteers to share its commitment.**

#### **Job Summary:**

Band 5 Physiotherapist will play a key role in the provision of high quality physiotherapy services. The employee will be guided and supported by senior and clinically specialised staff.

The post holder will work as a member of the integrated care team to provide care as a part of the wider multi-disciplinary service.

Be responsible and accountable for providing specialist assessment and treatment to patients with diverse health needs, who may have complex and / or chronic conditions, in a community setting.

Assist in the education and training of staff from other disciplines within the multi-disciplinary service and the supervision and delegation of treatment programmes to staff from own and other disciplines.

#### **Clinical areas include:**

This post will also work within the locality of Blackpool and will support the delivery of services across the whole of the locality.

#### **Job Statement**

To perform physiotherapeutic assessment and treatment of patients with diverse presentations, which will include complex physical and psychological condition.

To develop and deliver patient centred care appropriate to patient requirements.

To be responsible for patients directly under your care within the specific area.

To work as a physiotherapist autonomously within the related MDT and to practice safely within CSP and HPC standards of care.

You will have supervision within the clinical area by the designated clinical lead which may involve an individual physiotherapist or collaboratively by a team of senior practitioners.

As a Band 5 physiotherapist you will be supported via the senior team members as required.

To partake within clinical development of the team and to maintain individual development.

Working hours will be over a 5-day week from Monday to Friday 9am-5pm. All reasonable flexibility requests will be considered.

### **Specific Duties and Responsibilities.**

#### **Clinical**

- To be professionally and legally accountable for all aspects of own work, including the management of patients in your care.
- To undertake a comprehensive assessment of patients including those with diverse or complex presentations/multi pathologies; using advanced clinical reasoning skills and manual assessment techniques to provide a clinically reasoned working diagnosis of their condition.
- Formulate and deliver an individual physiotherapy treatment programme based on a sound knowledge of evidence based practice and treatment options using clinical assessment, reasoning skills and knowledge of treatment skills e.g. manual physiotherapy techniques, patient education, exercise classes, electrotherapy techniques and other alternative options.
- To take delegated responsibility from the senior physiotherapist for managing patients with conditions and be responsible for providing physiotherapy assessment and treatment plans for patients with these conditions safely.
- Assess patient understanding of treatment proposals, gain valid informed consent and have the capacity to work within a legal framework with patients who lack capacity to consent to treatment.
- Use a range of verbal and non-verbal communication tools and channels to communicate effectively with patients to progress rehabilitation and patient management. This will include patients who may have difficulties in communication, For example, patients may be dysphasic, depressed, deaf, blind, linguistic barriers or may be unable to accept diagnosis.
- Evaluate patient progress, reassess and alter treatment programmes if required.
- To be responsible for the safe and competent use of all equipment used.
- To manage clinical risks within own patient caseload and to work within trust, HPC & CSP guidelines.
- To be responsible for maintaining accurate and comprehensive patient treatment records in line with HCPC & Chartered Society of Physiotherapy (CSP) standards of practice.
- Represent physiotherapy service and / or individual patients at the multi-disciplinary team meetings, to ensure the delivery of a co-ordinated multidisciplinary service, and integrate physiotherapy treatment into the treatment programme. This will include discussion of patient care, patient progress and involvement in discharge planning.
- Keep up to date with trust and departmental mandatory training.
- Maintain up to date continuous professional development.

#### **Professional**

To be responsible for maintaining own competency to practice through CPD activities, and maintain a portfolio which reflects personal development.

Maintain and develop current knowledge of evidence based practice in each clinical area, developing knowledge of particular conditions and patient types.

Undertake an evidence based project where appropriate.

Participate in the staff appraisal scheme as an appraisee and be responsible for complying with your agreed personal development programmes to meet set knowledge and competencies.

Undertake the measurement and evaluation of your work and current practices through the use of evidence based practice projects, audit and outcome measures supported by senior clinicians.

Be an active member of the in-service training programmes and tutorials

Be actively involved in professional clinical groups, such as CSP clinical interest groups and other professional development activities.

Provide support guidance and training to physiotherapy assistants and students as guided.

### **Organisational**

To be able to manage an individual caseload.

Be actively involved in professional clinical groups, such as CSP clinical interest groups and other professional development activities.

Provide supported guidance and training to physiotherapy assistants and students as guided by senior members.

Ensure that your own practice and that of staff under your supervision meet the required professional standards of physiotherapy practice.

To be adaptable to changes within service delivery.

### **Effort**

To comply with the Trust Manual Handling Policy and therapeutic handling guidance at all times.

To deal sensitively with patients and take in consideration emotional and physical involvement and social needs in relation to the medical condition.

Work independently where necessary assessing and managing risk.