

PERSON SPECIFICATION

**Highly Specialist Family Therapist
(Eating Disorders)**

Milton Keynes Specialist Child and Adolescent Mental Health Service

Item	Essential	Desirable	Evidence
Training and Qualifications	<ul style="list-style-type: none"> • Post-graduate degree in an appropriate mental health/social welfare profession or equivalent • Masters/Doctoral level qualification or equivalent in Systemic Family Therapy • Further specialist training gained through C.P.D. • Registered with the UKCP (United Kingdom Child Psychotherapy) • Member of AFT/IFT or similar 		Certificates, Application form/ Curriculum Vitae
Work Experience	<ul style="list-style-type: none"> • Substantial experience at graduate level or equivalent in a mental health or social welfare. • Substantial experience post – qualifying as a Family Therapist, working with eating disorders. • Experience of working therapeutically with families and children in various contexts 	<ul style="list-style-type: none"> • Experience of working therapeutically in a multi-disciplinary Child and Adolescent Mental Health Team. • Experience of teaching and training Systemic Family Therapy to other professionals 	Application form/ Curriculum Vitae, Interview
Knowledge and Skills	<ul style="list-style-type: none"> • A high level of skill in assessing the client system, and identifying and prioritising interactional patterns, family dynamics and context • Highly developed communication skills in relation to complex condition-related conversations with children, parents, family systems, carers and professionals in other agencies 	<ul style="list-style-type: none"> • Knowledge of psychiatric disorders and risk assessment. • Knowledge of research methodology and audit practices as practiced within clinical Family Therapy research • Ability to train and supervise trainees and other professionals in the Systemic Family Therapy modality 	Application form Curriculum Vitae, Interview Application form Curriculum Vitae, Interview

	<ul style="list-style-type: none"> • Highly developed negotiating skills with families often in a very emotive atmosphere with multiple perspectives • Knowledge of Children Act, 1989/2004 and ability to work with child protection procedures. • Organisational skills and an ability to plan and prioritise own patient workload and family sessions in the Family Therapy clinic • Advanced skills in report and letter writing • Ability to work autonomously being accountable for own professional decisions • Ability to interpret and act within ethical and Trust guidelines and in accordance with the rules of professional conduct 	<ul style="list-style-type: none"> • Interest in working with sexually abused children/young people and their families. 	<p>References</p> <p>Application form Curriculum Vitae, Interview. Evidence of C.P.D.</p> <p>Application form Curriculum Vitae, Interview.</p> <p>Application form Curriculum Vitae, Interview.</p> <p>Application form Curriculum Vitae, Interview.</p> <p>Application form Curriculum Vitae, Interview, references</p>
Physical Skills	<ul style="list-style-type: none"> • Telephone skills • Current full driving license • Advanced video skills • IT skills 		Application form Curriculum Vitae, Interview.
Disposition	<ul style="list-style-type: none"> • Tactful, trustworthy and sensitive to other peoples' feelings • Calmness when dealing with conflicting pressures • Ability to work with other professionals in multi-disciplinary team 		Interview References