

## Job Description

### 1. JOB DETAILS

Job Title: Senior Dietitian for Oncology (Active Together)

Grade: Band 6

Responsible to: Head of Dietetics

Reports to: Specialist Dietitian for Oncology (Active Together)

Location: Advanced Wellbeing Research Centre (AWRC) and Royal Hallamshire Hospital (RHH)

### 2. JOB PURPOSE

- To support the provision of the dietetic service to a complex clinical caseload in prehab oncology and head and neck cancer using a high level of skills and knowledge as an independent practitioner.
- To work in partnership with the Specialist Oncology Dietitians to support dietetic clinical leadership for developing evidence-based practice, reviewing and implementing the dietetic service and providing specialist advice and education in the field of oncology.
- To actively participate in development, education and delivery of training to dietetic students.
- Ensure the overall service provides a high quality of patient care.
- To ensure evidence-based practice at all times and by all other practitioners assigned to the area.

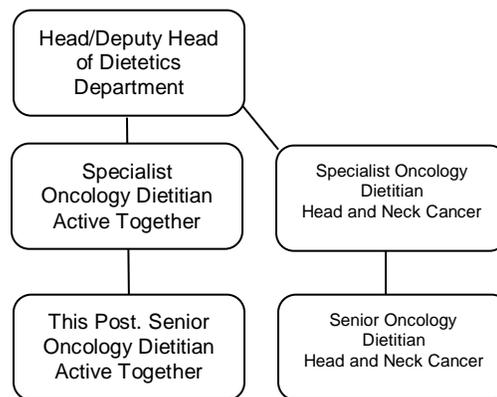


### 3. ROLE OF THE DEPARTMENT

The Dietetic service aims to:

- Deliver a high-quality safe evidence-based dietetic and nutrition service to patients
- Deliver evidence-based teaching and education to healthcare professionals on nutrition and dietetics
- Support staff through professional career development and supervision

### 4. DEPARTMENTAL/DIRECTORATE ORGANISATIONAL CHART



### 5. MAIN DUTIES AND RESPONSIBILITIES

#### 5.1 Clinical Practice

The dietitian is responsible for a clinical caseload providing specialist advice to patients and carers by undertaking the following:-

- Determine/diagnose the appropriate dietetic treatment and develop effective management plans in respect of planned medical intervention and prognosis.
- Dietetic assessment and calculation of dietetic requirements of referred patients taking into account medical, biochemical, social, cultural, and psychological factors.
- Provide nutrition and dietary advice suitable to the patient's medical, biochemical, social and cultural factors which is based on current evidence, incorporating local professional and national guidelines and standards.
- Negotiate with patients to enable them to achieve targets overcoming barriers to change including dietary, environmental, and social factors.



- Monitor and review dietetic care plans against outcomes, manage, and adjust care plans to facilitate achievement of goals.
- Ensure dietetic interventions can be implemented through continued collaborative interdisciplinary working in and outside the Trust by attending and participating in multidisciplinary meetings, case conferences.
- Work in partnership with services in the provision of nutritionally adequate, normal, and therapeutic diets.
- Ensure up to date and accurate records of all assessments and interventions in medical, nursing, and dietetic documentation in line with department, trust and government directives.
- Ensure safe and timely discharge of patients by providing relevant information to key professionals and agencies and following relevant procedures.
- Develop, implement and evaluate educational programmes for patients and carers.
- Contribute to health promotion in the Trust by developing and participating in events e.g. Dietitians Week

## 5.2 Teaching and Training

The dietitian will contribute to the development, implementation and evaluation of high quality evidence-based education in all media to Dietetic colleagues and other healthcare professionals both formally (ENB, NVQ) or informally in specialist area by:-

- Using different models of teaching, in order to facilitate effective learning.
- Developing or adapting methods and resources to meet needs of participants e.g. those with communication difficulties.
- Responsible for the implementation of in house catering course for catering staff with another senior dietitian.

## 5.3 Dietetic Pre-registration Training

The dietitian will assist the dietetic lead for student training in developing and managing pre-registration training of dietetic students by:-

- Being a designated supervisor for dietetic students of undergraduate or postgraduate level on A placements.
- Contribute to student dietetic training of B and C placements, ensuring learning outcomes and standards of practice are established and achieved by the student during allocated time.
- Provide supervision during allocated placement and mentoring support as required.
- Design and develop training resources and lead relevant tutorials /worksheets.
- Assess and provide feedback on clinical, written, presentations and other evidence collated during placement using clinical supervisory skills when appropriate.



#### 5.4 Clinical effectiveness Evaluation and Research

The dietitian will contribute on clinical effectiveness (audit and research) within speciality as part of clinical practice and provide support with these for less experienced staff by undertaking the following:-

- Critical appraisal of any new evidence pertaining to designated area of practice and to disseminate this within the team, department, and service.
- Contribute to the development of evidence-based policies on matters relating to nutrition and dietetics and support implementation.
- Identify areas within speciality, which have gaps in evidence and work with specialist dietitians to develop audit or research protocols.
- Participate in local, national, and international studies, following agreed protocols and ethics.

#### 5.5 Inter- personal skills, Communication

The dietitian will establish and maintain effective communication with individuals, and groups about difficult or complex matters by:-

- Using counselling skills to establish rapport and a client centred relationship in order to identify barriers to understanding and implications for change for staff and patients.
- Using empathic, motivational, negotiating and cognitive behavioural management skills in formulating a plan, establishing change and maintaining change for staff and patients.
- Obtaining consent and explaining the implication of a diagnosis in relation to complex dietary needs and long-term impact on lifestyle and chronic disease management.
- Developing collaborative interdisciplinary working through effective communication across health and social care boundaries.
- Using a range of communication methods (hearing loop, interpreters, communication boards) to enable clear understanding for staff and patients.
- Adapting resources to meet language, learning, and physical disabilities associated with communication difficulties.
- Using information technology as a method of communication and information.
- Maintaining good interpersonal skills with staff and colleagues to ensure no harassment, bullying or discriminatory behaviours.

#### 5.6 Staff and service management

The dietitian will contribute to the strategic development of dietetic services by undertaking the following:-

- Identify gaps in staff resources and new developments that will impact on provision and liaise with specialist dietitians and Dietetic management.



- Contribute to organising day to day changes in staff resources to ensure dietetic service meets agreed priorities.
- Attend and contribute to departmental meetings, working groups and lead them as required.
- Represent dietetics at relevant local and stakeholder groups.
- Record and submit clinical and professional activity using manual and electronic means according to departmental standards and national data collection.
- Produce progress reports as required.
- Support other dietetic staff members to provide evidence-based practice in clinical area.

### 5.7 Personal and Professional Development

The dietitian will ensure that all professional practice complies with the following:-

- The Health and Care Professions Council (HCPC) statement of conduct, performance and ethics.
- HPC standards of proficiency for Dietitians.
- Department, directorate and Trust standards, policies and procedures
- BDA code of conduct
- BDA national professional standards
- Specialist group dietetic standards
- Other professional bodies' standards that impact on practice.
- Other government legislation that directs and informs practice.

The dietitian will actively contribute to the Trusts and departmental clinical governance agenda by engaging in and providing evidence of CPD through:-

- Participating in the departmental appraisal system.
- Supporting the in-service training programme by attendance and presentation at staff meetings, tutorials, journal clubs, training sessions, external courses.
- Participating in clinical supervision and reflective practice.

### 5.8 Risk management

- Monitor and maintain health and safety and security of self and others in the work area and comply with the statutory requirements of the Trust's and Departments policies and procedures.



- Identify potential risks in work activities within trust procedures on risk management and take appropriate action.
- Take appropriate action to manage an emergency situation with patients or colleagues.

**6. FINANCIAL MANAGEMENT RESPONSIBILITIES (including estimated size of budget)**

None

**7. HUMAN RESOURCES MANAGEMENT RESPONSIBILITIES (including numbers and grades of staff)**

Supervisory responsibilities for A, B and C placement students. Supervision of Dietetic Assistants and Band 5 Dietitians as required.

**8. ASSET MANAGEMENT RESPONSIBILITIES (i.e. stock, equipment, buildings)**

None

**9. WORKING RELATIONSHIPS (please identify the main personnel with whom the post holder will be required to communicate with and advise internally and externally)****a) Communicate with:**

Multidisciplinary team (MDT) - ward based, outpatient, radiotherapy, cancer site specific and palliative care.

Cancer support staff

Dietetic staff

Dietetic admin staff

Dietetic Manager

Dietetic lead clinician

Catering staff

Pharmacy staff

AWRC staff

RHH staff

Colleagues in TPC and other directorates

Dietitians from other local Trusts

**b) Provide advice to:**

MDT members

Cancer support staff

Project management team

Patients/carers

AWRC staff

RHH staff





*Continue on a separate sheet if necessary*

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**Chapter 1 We are committed to our responsibilities under the Equality Act 2010 and encourage equal opportunities, diversity and flexibility within our workforce**

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SHEFFIELD TEACHING HOSPITALS NHS FOUNDATION TRUST

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