

<b>Job Title</b>	: Specialist Nurse – Sexual and Reproductive Health
<b>Department</b>	: King's Sexual Health
<b>Division</b>	: Planned Medicine
<b>Band / Grade</b>	: 6
<b>Responsible to</b>	: Senior Sister/Charge Nurse
<b>Accountable to</b>	: Matron
<b>Location</b>	: Beckenham Beacon

King's College Hospital NHS Foundation Trust is one of the UK's largest and busiest teaching Trusts with a turnover of c£1 billion, 1.5 million patient contacts a year and around 15,000 staff based across 5 main sites in South East London. The Trust provides a full range of local hospital services across its different sites, and specialist services from King's College Hospital (KCH) sites at Denmark Hill in Camberwell and at the Princess Royal University Hospital (PRUH) site in Bromley.

King's is committed to delivering Sustainable Healthcare for All via our Green Plan. In line with national Greener NHS ambitions, we have set net zero carbon targets of 2040 for our NHS Carbon Footprint and 2045 for our NHS Carbon Footprint Plus.

Our values at King's, are that we're a kind, respectful team; Kind. We show compassion and understanding and bring a positive attitude to our work Respectful. We promote equality, are inclusive and honest, speaking up when needed Team. We support each other, communicate openly, and are reassuringly professional

The trust-wide strategy Strong Roots, Global Reach is our Vision to be BOLD, Brilliant people, Outstanding care, Leaders in Research, Innovation and Education, Diversity, Equality and Inclusion (EDI) at the heart of everything we do. By being person-centered, digitally-enabled, and focused on sustainability, we can take Team King's to another level

King's is dedicated to embracing the broad diversity of our staff, patients and communities and stand firmly against all forms of prejudice and discrimination. This includes, but is not limited to, racism, ableism, homophobia, biphobia, transphobia, sexism, ageism, religious discrimination, and any other prejudiced behavior that undermines the rights, wellbeing and identity of our staff, and patients.

As part of our commitment to EDI, we have five staff network groups that represent and advocate for staff:



## **Job Summary**

- To provide autonomous nursing care to meet the sexual health and contraceptive needs of the patient population, including assessment, investigation, diagnosis and treatment for the individual patient group.
- To provide professional and clinical leadership within the nursing team
- To support the role of the Senior Charge Nurse and Nurse Practitioners in the implementation of a strategic development plan for nursing and nurse led services within the department
- To act as a resource for nursing education and clinical development within the service
- To be actively involved and supportive of Senior Nursing staff in the development and implementation of a programme of nursing audit and research within the department.

## **Key Working Relationships**

Matrons, Heads of Nursing, Consultants, Allied Health Professionals, General Managers, Service managers, Patient involvement groups, Doctors, Clinical Nurse Specialists, Nurses, healthcare support workers, Administrators, Result coordinators, General practice, Social Care, Mental health liaison support, Safeguarding teams, Commissioners, Pharmacy and MDT within the service.

## **Main Duties and Responsibilities**

### **Clinical Responsibilities**

- To provide intermediate level, autonomous nursing care to patients with sexual health and contraceptive needs – to include diagnosis and treatment of STI's and related conditions
- To provide autonomous nursing care to patients with contraceptive needs, using a recognized contraception qualification, and competence at supplying all methods of contraception, and insertion and removal on contraceptive implants.
- To utilize specialist knowledge and skills and undertake procedures and practices such as cryotherapy, microscopy, speculum examination, proctoscopy, contraceptive implant insertion and removal, and specialist follow up clinics
- To be accountable for his/her own practice and utilize available opportunities to sustain and improve knowledge and professional competence
- To obtain a detailed and comprehensive patient history in a systematic manner, including physical, emotional, psychological and environmental factors and a comprehensive sexual history.
- To undertake relevant physical examination and investigations for an undiagnosed patient group.

- To develop and implement a management plan for each patient referring as necessary internally and externally to the department as required
- To request and interpret tests as required within departmental guidelines
- To supply and administer medicines in accordance with Patient Group directions or as an Independent Prescriber if appropriate
- To have knowledge of and adhere to local and national guidelines, policies and procedures specific to the safeguarding of children, young people and adults.
- To monitor the effectiveness of care and treatment through follow up as required (including partner notification) according to departmental guidelines
- To maintain accurate clinical records in accordance with NMC, Trust and medico-legal requirements. To ensure that these standards are met and maintained within the nursing team
- To ensure that all clinical and patient care is conducted in line with professional (NMC) and trust behavior standards.
- To act as a patient advocate when appropriate, ensuring respect for patient confidentiality, privacy and cultural/ethnic background. To ensure that these standards are met with dignity and maintained within the nursing team.

### **Leadership**

- To act as a clinical and professional role model for the nursing and wider multi professional team
- To participate in operational management as Nurse coordinators
- To be actively participate in audit and research skills within the nursing team
- To deputise for the Senior Charge Nurse or Nurse practitioners as required and carry out delegated responsibilities as agreed
- To support the Senior Sister/Charge Nurse in developing a culture of fair, equitable, consistent and supportive management within the nursing and CSW team
- To support and participate in recruitment activities within the nursing team.
- In conjunction with the Matron, Nurse practitioners and Senior Sister/Charge Nurse to support and participate in the development of nurse led services as appropriate
- To be a credible and approachable role model for junior staff and students – providing clinical support and guidance as required
- To engage in local and national forums to develop practice and raise the profile of the service and Trust where appropriate.

## **Quality**

- To ensure care is delivered in accordance with requirements and recommendations of approved local and national clinical guidelines.
- To ensure all service users have a positive patient experience and to utilise patient experience data to support improvements in quality of care.
- To facilitate high quality, cost effective care through the use of audit, benchmarking and other quality initiatives as determined by the Trust
- To attend and participate in multi professional meetings and represent the CSHC nursing team and Senior Charge Nurse as required.
- To be fully aware of the targets and health agendas set by the government, Trust and Service – and be involved in the implementation of the required actions to meet these targets.
- To identify and monitor any risk to patient or staff safety taking appropriate management action. To support the risk management process through the Datix system.
- To be actively involved in nursing clinical audit (including PGD's) and research to support, maintain and develop expected standards of care.
- To utilise and disseminate research findings in the delivery of specialist patient care.
- To participate in the development and implementation of assessment and mentorship processes for new staff to ensure quality standards are met.

## **Education and Training**

- To contribute to an assessment of own educational needs, developing and agreeing a professional development plan with the line manager.
- To keep up to date with clinical and nursing developments as required to meet the NMC revalidation standards.
- To maintain links with affiliated educational organizations and ensure that there is an appropriate learning environment for students and trainees.
- In conjunction with the Practice development nurse to be involved in the ongoing programme of education and clinical development for nurses and CSW's.
- To support the training and mentorship of staff, students and trainees within the department.
- To teach on relevant courses in affiliated university nursing departments and external courses as required.

## **General**

- The post holder has a general duty of care for their own health, safety and wellbeing and that of work colleagues, visitors and patients within the hospital, in addition to any specific risk management or clinical governance accountabilities associated with this post.
- To observe the rules, policies, procedures and standards of King's College Hospital NHS Trust together with all relevant statutory and professional obligations.
- To live and role model the King's Values of:
  - Understanding you.
  - Inspiring confidence in our care.
  - Working together.
  - Always aiming higher.
  - Making a difference in our community.
- To observe and maintain strict confidentiality of personal information relating to patients and staff.
- To be responsible, with management support, for their own personal development and to actively contribute to the development of colleagues.
- This job description is intended as a guide to the general scope of duties and is not intended to be definitive or restrictive. It is expected that some of the duties will change over time and this description will be subject to review in consultation with the post holder.
- All employees must hold an 'nhs.net' email account which will be the Trust's formal route for email communication.

## **Safe Guarding**

The Trust takes the issues of Safeguarding Children, Adults and addressing Domestic Abuse very seriously. All employees have a responsibility to support the organization in our duties by;

- Attending mandatory training on safeguarding children and adults.
- Familiarizing themselves with the Trust's processes for reporting concerns.
- Reporting any safeguarding child or adult concerns appropriately.

## **Infection Control Statement**

The post holder has an important responsibility for and contribution to infection control and must be familiar with the infection control and hygiene procedures and requirements when in clinical areas.

The post holder has an important responsibility for and contribution to make to infection control and must be familiar with the infection control and hygiene requirements of this role.

These requirements are set out in the National Code of Practice on Infection Control and in local policies and procedures which will be made clear during your induction and subsequent refresher training. These standards must be strictly complied with at all times.

**PERSON SPECIFICATION**  
**Specialist Nurse Sexual Health – Band 6**

	<b>Essential</b>	<b>Desirable</b>
<b>Education and Qualifications</b>		
NMC Registered Nurse (Level 1).	X	
Recognized Sexual Health Course.	X	
Completion of DFRSH (or equivalent).	X	
Completion of LOC Implant.	X	
1 <sup>st</sup> degree in appropriate health and social science subject or willingness to complete.	X	
<b>Knowledge and Experience</b>		
Enhanced knowledge and experience of sexual history taking, screening and examination of both female and male clients.	x	
Recognition of child, young person and adult safeguarding concerns. And experience in assessment and onward referrals.	x	
Demonstrable interest in and commitment to the professional development of others.	x	
Able to contribute to the development of students, nurses and oneself.	x	
Able to contribute to develop the workplace as a learning environment	x	
Awareness and understanding of current health issues and in particular to demonstrate a good understanding of the NHS Plan and recent initiatives	x	
Experience of the provision of medication under patient group direction/ Non-Medical Prescribing qualification.	x	
Experience of completing clinical audits.	x	
Previous experience of leading change in a clinical environment		x
Experience of Nursing research.		x
An understanding of HR processes and issues pertaining to staff management		X
An understanding of nursing issues in relation to finance management		X
Experience of working within a RSH setting.	x	
Experience of project management.		x
<b>Skills and Competencies</b>		
Ability to organise and manage day to day departmental activities and the activities of large multidisciplinary team within this.	x	
Communication skills – able to relate and communicate with patients and staff at all levels and from different professions. Adapts communication style as necessary and is able to work with and through others.	x	
Team building and working skills – able to lead a team to achieve results	x	
Understanding of the issues pertaining to change management	x	
Understanding of the issues pertaining to clinical risk management	x	
Ability to utilise research in clinical practice.	x	
Problem solving skills – able to respond to unexpected issues and provide first line response and to identify appropriate sources of secondary support	x	

Highly self-motivated – Possesses high internal work standards, sets themselves and helps others to set attainable goals; wants to do things better, to improve, to be more effective and efficient; measure progress against target	x	
Flexibility – Able to adapt to ensure achievement of objectives within constantly changing situations and environments	x	
Customer focused – committed to ensuring a positive hospital experience for patients and their relatives/ carers	x	
Computer literacy	x	