

Candidate Brief

Rehabilitation Assistant Band 4

2024



Candidate Brief

Job title: Rehabilitation Assistant

Department: Integrated Stroke and Neurorehab

Division: Surrey Downs Health & Care

Band: Agenda for Change Band 4

Surrey Downs Health and Care (SDHC) deliver care closer to people's own communities through our Primary Care Networks and our innovative partnership of local NHS organisations.

Surrey Downs Health and Care has a track record of providing person centric care that goes beyond organisational boundaries to do what is best for the individual. This partnership includes:

- The three GP federations representing practices that operate in the Surrey Downs area
- CSH Surrey
- Epsom and St Helier University Hospitals NHS Trust
- Surrey Council County

Historically, there have been boundary lines between the organisations that provide care to people in their homes, in GP surgeries and in hospitals, but we have always been united in our mission to provide great care to the people who need us.

It's on those grounds that the Surrey Downs Health and Care was formed – we want local people to receive the care that they need in the right environment. By bringing together our expertise, we can improve patient care and enable local people to access the right support, care and treatment more easily than ever before.

In bringing this partnership together, we are working to the same set of values that will translate into better care for our residents.

We collectively aspire to be an exemplar of how to deliver the highest quality and best value care in a complex health and care environment. An exciting opportunity has arisen for an enthusiastic, ambitious and highly motivated individual to join Surrey Downs Health & Care Partnership.


Our shared purpose

Developed by our patients and staff in the Your Voice Your Values project, 2018.



All of us who work at Epsom and St Helier

Choosing to work at Epsom and St Helier means I choose to sign up to our values, behaviours and expectations.

-  Respect and value other people's views, experience and skills
-  Develop myself to be a great role model of our behaviours
-  Treat patients with respect and as equal partners in their care
-  Treat everyone fairly regardless of protected characteristics, profession, role or level
-  Speak up whenever I have a concern, give feedback respectfully, receive feedback gracefully, admit mistakes, resolve issues together
-  Respect myself, looking after my own health and wellbeing
-  Create a respectful environment free from disrespectful behaviour
-  Respect my role, doing a good job to meet my objectives as they change, and doing the best I can with available resources.

Our ambition is to provide an outstanding level of care to our patients and communities.

Above all we value respect. This means everyone at the Trust – whether a member of staff, a patient or their loved ones – can expect to be treated with respect, whatever their role or background. This ensures kind, positive, professional teamwork, delivering great care to every patient, every day.

By choosing to work here, you also choose to value and role model respect. This means having respect for the Trust and your roles and responsibilities, as well as colleagues, patients and anyone who interacts with the Trust.



About us

At Epsom and St Helier – we run high performing hospitals with a strong track record in providing high quality care, delivering operational standards and meeting our financial targets. In addition to that, we are proud to host joint ventures with our partners in mental health, social care, community health and GPs in Surrey Downs and Sutton, providing adult community, children's therapy and sexual health services as part of Sutton Health and Care, and adult community services as part of Surrey Downs Health and Care. We are committed to providing seamless joined up care for the 500,000 people we serve as their local hospitals and community services. We also have the privilege of running the South West London Elective Orthopaedic Centre at Epsom Hospital and a GP practice in Leatherhead.

Our future looks very bright and there has never been a better time to join our team. In September 2019, the Government announced a £500 million investment into our Trust to develop a new major specialist emergency care hospital. This investment will allow us to create a state-of-the-art hospital facility for our sickest patients. We are planning for this to open in 2025. This money also provides us with the funds to finish the refurbishment of our hospital buildings on both the Epsom and St Helier sites, and support our workforce to provide great care to our patients, every day.

We have been rated Good by the CQC and welcome applications from individuals committed to being part of the team to maintain and build on this.

We know that all of our achievements are only possible because of the commitment, team work and expertise of our staff – and we truly value the dedication our teams show. As a result, we want Epsom and St Helier to be an outstanding place to work where staff are treated with, and treat others with, respect at all times.

There is simply no place for bullying, racism, discrimination or other poor behaviours in our hospitals and we work together to ensure that respect is at the heart of every interaction we have with one another and our patients.

By choosing to work here, we all also choose to be role models of respect. We can make this commitment thanks to a recent comprehensive review of the culture of our organisation (including more than 3,000 pieces of feedback from our staff and patients and thousands of us going through bespoke training and workshops), which showed us that 'above all we value respect' and gave us the tools to make sure we can live by this powerful value.

So if you want to be part of creating a truly integrated health and care service, where hospital staff, community health staff, mental health teams, primary care staff and social care teams work closely together; help us to develop a brand new specialist emergency care hospital; and do it in an increasingly

respectful environment, then we are the place to come and develop your career.

We offer an extensive range of services, including cancer, pathology, surgery, and gynaecology to 500,000 people in south west London and north east Surrey. We operate two busy general hospitals, Epsom Hospital and St Helier Hospital, and run services from other locations, including Sutton Hospital.

St Helier Hospital is home to the South West Thames Renal and Transplantation Unit and Queen Mary's Hospital for Children, while Epsom Hospital is home to the South West London Elective Orthopaedic Centre (SWLEOC). Both Epsom and St Helier hospitals have Accident and Emergency departments (A&E) and Maternity services (Obstetrics).

We also play an active role in the local healthcare economy, and are the lead provider in two innovative health and care partnerships.

In Surrey Downs (that's the Epsom, East Elmbridge and Dorking areas), we have partnered with CSH Surrey, the three GP federations in the Surrey Downs area, and Surrey County Council (who are an associate member), to provide adult community health services. This innovative partnership is called **Surrey Downs Health and Care**. You can visit our website <https://surreydownshealthandcare.nhs.uk>

In Sutton, we have joined forces with the London Borough of Sutton, Sutton GP Services and South West London and St George's Mental Health Trust to provide adult and children's community health services and sexual health services to local people. Together, we are called Sutton Health and Care – you can visit our website www.suttonhealthandcare.nhs.uk.

Surrey Downs Health and Care

Job Description

Job Title:	Rehabilitation assistant
Responsible to:	Physio team lead
Accountable to:	Head of Service, Integrated Stroke and Neurorehab
Working within:	Integrated Stroke and Neurorehabilitation Service, SDHC
Grade	4

Role Summary:

- To carry own patient caseload, assessing and treating patients as allocated by senior therapist.
- Monitor patient and progress according to patient care plan, in order to maximise each individual patient's functional ability.
- To carry out routine assessments as well as more skilled assessments (selected neuro pts ,simple stairs assessments, discharge from acute settings in conjunction with the Stroke Supported Discharge Team)
- To undertake specific skilled support work to aid the rehabilitation of patients living in their own homes. Where patients have complex needs, this is carried out in conjunction with qualified clinicians
- Enable the delivery of effective and efficient rehabilitation teamwork to patients whilst providing appropriate support and communication to relatives and carers.
- To participate in creating a culture of patient centred rehabilitation and enablement rather than being cared for and use every opportunity to promote a healthy lifestyle and prevent accidents.

Principal duties to include:

1. To carry out assessments of patients' needs as directed by Neuro Clinicians
 - Walking aid assessments, bathing assessments and assessments for specific pieces of equipment as requested by therapy or nursing staff.
 - More in depth assessments of patients deemed suitable by Neuro Clinicians these may include certain routine neuro patients, more complex generic assessments of patients needs, initial assessment of patients discharged from Acute settings to check they are safe and determine any unmet needs which can then be addressed
 - To be able to identify more complex issues that need assessment by qualified clinicians
2. To implement therapy programmes both to individuals and provide feedback to therapists
 - To carry out programmes devised by therapists using a range of techniques which the post holder has been deemed competent to do.

- To plan patient care plans for the approval of the appropriate neuro clinician and implement them, reviewing patient progress and adapting the plan as needed. Provide feedback at all stages of patients progress.
 - To work jointly with neuro clinicians in cases which are complex
 - To be responsible for assessing and managing clinical risk in relation own caseload, seeking guidance where appropriate
 - Will not attempt any procedure without appropriate training and being deemed as competent to carry it out
3. To contribute to the evaluations of therapeutic interventions including planning discharge
- To set SMART goals with patients, adapting them as the patient progresses.
 - To be able to monitor progress with appropriate outcome measures, adjusting treatment as appropriate.
4. To be able to prioritise work load
- To plan day-to-day workload
 - To be able to identify factors involved in making decisions with regard to prioritisation
 - To be able to prioritise the referrals to rehabilitation assistants on a daily basis.
5. To provide support to clients, their carers and other professionals involved in a patients care
- To use listening skills and be aware of the issues and of how to respond to questions and anxieties. This requires empathy, sensitivity and good interpersonal skills, especially when a patient has barriers to understanding.
 - To liaise with family, carers or other involved with a patients care in order to teach exercise programmes for them to supervise.
6. To participate within the multi-disciplinary team within the Neuro Service
- To attend weekly patient review meeting and make contributions to goal setting, and the review process.
7. To participate in writing progress notes
- To maintain timely patient progress notes
 - To abide by the record keeping standards of SDHC
8. To be involved in service projects and developments
- To contribute to and support any projects for improving the Neuro service
9. To keep clinical skills updated by attending study days and training
10. To maintain personal and professional development
- To take part in CPD
 - Attend in-service training above.
 - To participate in SDHC's appraisal scheme and formulate a personal development plan
 - To participate in Clinical supervision
11. To fulfil any specific tasks as requested by the Team Leader or other therapists

12. To maintain complete confidentiality of all information concerning patients that may be known or acquired in the course of work.
13. To adhere to all policies and procedures of the Neuro Rehabilitation Service and SDHC.

This job description is subject to review and development from time to time in liaison with the post holder. As an employee of SDH&C you will be required to adhere to all the organisations policies and procedures.

Standards of Business Conduct

The post holder will be required to comply with SDH&C Leadership behaviours, corporate and financial policies and any relevant Codes of Conduct eg: for NHS Managers. S/he is required, at all times, to deal honestly with the organisation, with colleagues and all those who have dealing with the organisation including patients, relatives and suppliers.

Confidentiality

The post holder is required to:

- ensure confidentiality in all matters relating to clients, to employee personnel issues and to information obtained during the course of employment
- not release such information to anyone else other than acting in an official capacity
- Comply with the regulations of the Data protection Act and Freedom of Information Act.

Safeguarding of children and vulnerable adults

It is the responsibility and duty of all staff to safeguard children and vulnerable adults and promote their welfare.

Child protection and vulnerable adult safeguarding issues when identified or areas of concern must be referred by you promptly in accordance with SDH&C policy and procedures. Details of Leads on Safeguarding are detailed in the SDH&C procedures. Please ask your line manager or HR for details.

Performance Review

This job description only covers the key result areas and as such does not intend to provide a comprehensive list of objectives. Specific objectives will be subject to annual review in consultation with the postholder and may develop to meet changing needs of the service. The SDH&C Performance Development Review includes a review of leadership behaviours.

Equal Opportunities

The organisation aims to maintain the goodwill and confidence of its own staff, service users and the general public. To assist in achieving this objective, it is essential that at all times employees carry out their duties in accordance with the organisations Equal Opportunities Policy respecting the differing backgrounds of colleagues and clients.

Infection Control and Prevention

SDH&C is committed to minimising any risks of healthcare associated infection to patients, visitors and staff. All employees are required to be familiar with and comply with Infection Prevention and Control policies relevant to their area of work.

Health and Safety

The post holder will be required to observe local Health and Safety arrangements and take reasonable care of himself/herself and persons that may be affected by his/her work ensuring compliance with the requirements of the Health and Safety at Work Act (1974):

1. To follow and promote safe working practices and to comply at all times with the Health and Safety at Work Act 1974, and Manual Handling Operations Regulations 1992, and SDH&C policies and procedures
2. To assist in the regular monitoring and maintenance of equipment in accordance with health and Safety regulations.
3. To act immediately on safety notices, hazard warning notices and any other notifications in relation to equipment used/prescribed by the organisation.
4. To take reasonable care of the health and safety of yourself and other persons who may be affected by your acts or omissions at work and to co-operate with SDH&C to ensure that statutory and departmental regulations are adhered to.
5. To report all clinical and non-clinical incidents or near misses promptly and when required to co-operate with any investigations undertaken.

Security

1. It is a condition of employment that identification badges be worn at all times.
2. All employees have a responsibility for security and the proper care of property. In accordance with standing financial instructions all managers have a particular responsibility for security and loss prevention arrangements in their areas of responsibility.

Continuous Improvement

SDH&C has a full programme of learning and development opportunities to support continuing professional development, statutory and mandatory training and personal development.

Registered Health Professionals

All co-owners who are members of a professional body must comply with standards of professional practice/conduct. It is the post holder's responsibility to ensure they are both familiar with and adhere to these requirements and maintain their professional membership to the relevant body.



Disability Discrimination Act (1995)

Please note that some flexibility may be exercised in the application of the criteria outlined below where a disabled candidate covered by this Act is unable to meet certain parts of the specification by reason of their disability. If you believe this applies to you please outline the details on your application form. Each case will be assessed on an individual basis at shortlisting and/or interview with advice from the Human Resources Centre.