

## JOB DESCRIPTION

For Personnel use only

**Job Title: Registered Mental Health Nurse – Band 7- Woodland Ward**

**Reports to (post title): Clinical Team Leader**

**Role Purpose:** To work within a multi-professional ward based team and to provide a service for the Geriatric and Mental Health Unit at Kings Mill Hospital. To take a leading role to provide, develop, promote and coordinate a service for older people with organic mental health needs that co-exist with physical health problems.

To participate in and manage the assessment and treatment of patients who have acute, complex and/or chronic presentation that co-exist with physical pathologies. Working as an autonomous practitioner, you will provide specialist mental health assessment, consultation and intervention.

To provide expert training, advice and liaison to/with other professionals, clients and carers to enable them to meet the mental health needs of the older person.

To use and promote a range of evidence based skills and knowledge, whilst working within agreed Trust policies and procedures and current government guidelines.

To maintain and develop professional knowledge, skills and expertise at an advanced level.

To demonstrate the ability to manage and support change and develop new skills, in self and others, in response to service requirements.

The post holder will be based at Kings Mill Hospital

In undertaking this role, all employees will be expected to behave at all times in a way that is consistent with and actively supports the principles listed in the Consultation Document on the creation of Sherwood Forest Hospitals NHS Trust. These are:

- The principles of the NHS, where high quality care is provided on the basis of need rather than the ability to pay
- The contribution of the local community to the development of our services
- Preserving and developing our reputation as a caring organisation
- Developing services that are designed around the patient
- Working co-operatively with others in the interests of patients and their families
- Valuing the contribution of staff and investing in their development
- Valuing the diversity of all our staff, patients and carers and demonstrating a zero tolerance of discrimination
- The importance of developing innovative approaches to teaching, research and service provision, which allows us to be at the forefront of developments in patient care
- Responsible and wise stewardship of public money and effective use of resources

**Role Context:** To contribute to the provision of a mental health service to Kingsmill Hospital. To link closely with existing Liaison psychiatry services, CMHT'S, IHTT's, A & E , discharge teams, social services and MHSOP wards.

### KEY ACCOUNTABILITIES

#### Clinical Practice or Work Practice

To work within a clinical team, alongside the Medical and Mental Health Unit management team, to deliver a specialist service, based on principles that are research based and which enhance the quality of patient care.

### PERFORMANCE MEASURES

Appropriate professional standards and agreed criteria are met.

<p>To lead in the provision of specialist assessments and treatments to service users in an acute hospital setting, ensuring consistency and continuity of care and adherence to evidence based practice and local and national guidelines.</p> <p>To measure mental capacity and be able to judge an individuals capacity to consent.</p> <p>To promote an understanding of equality and diversity issues, relating and incorporating them into service provision.</p> <p>To provide expert, specialist, evidence-based theoretical and practical advice, education, training and support to multi-professional colleagues on the effective management of clients needs, according to speciality.</p> <p>To use theoretical and clinical knowledge to identify mental health needs based on information from the client, through observation and assessment and /or written details provided by the referrer.</p> <p>To act as a resource and expert to support health care of older persons patients experiencing mental health related problems and to be able to prioritise workload within the team.</p> <p>To work with and co-ordinate care with other healthcare professionals in caring for patients experiencing mental health related problems, including safe discharge of patients into the community and ongoing care and support.</p> <p>Work as part of the Multidisciplinary team to assess, plan, provide and monitor care of patients with mental health problems.</p> <p>To lead in the identification, development and evaluation of care pathways and the development and implementation of clinical guidelines and protocols to ensure ongoing quality and maintenance of an effective service.</p> <p>Be a visible point of contact for patients, visitors, relatives, and staff, acting as a resource for problems and able to clearly present the patients' / clients' points of view to others.</p> <p>Ensure that patient care plans are regularly updated, changes implemented and that patients' records and documentation are maintained and current.</p> <p>Organise and lead meetings to discuss and plan patient management as required.</p> <p>Provide specialist support to the clinical team in providing specialist advice and management strategies for dealing with the complex needs of different client groups.</p> <p>Adopt innovative ways of working within the speciality.</p> <p>To undertake assessment of patients referred to the Geriatric and Mental Health unit, as to their suitability for their admission or transfer there.</p> <p>-</p>	
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<p><u>Health and Safety</u></p> <ul style="list-style-type: none"> <li>- To work within a framework and guidelines of Nottinghamshire Healthcare trust to ensure that Health and Safety issues, Risk Assessment and monitoring are effectively maintained.</li> </ul>	<p>To ensure that a safe working environment is maintained.</p>
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<u>Education and Development</u> <ul style="list-style-type: none"> <li>- To ensure own professional development needs are met to ensure safe and effective practice.</li> <li>- To achieve trust essential training requirements</li> <li>- To provide education and training to non-mental health professionals in identified areas, both formally and informally.</li> <li>- To promote the development of the service throughout the trust.</li> <li>- Be a mentor for student nurse practitioners.</li> <li>- To attend liaison conferences and provide presentations for seminars and training days.</li> </ul>	<p>Personal and professional development targets are met and demonstrated through maintenance of Continuing Professional Development portfolio and agreed annual Professional Appraisal and Development (PAD) review.</p> <p>Other professional colleagues are supported and have the opportunity for education and development.</p>
<u>Policies and Procedures</u> <ul style="list-style-type: none"> <li>- Ensure working within trust/national and professional guidelines.</li> <li>- To participate in the development of specialist protocols/procedures within the medical mental health unit and the liaison team.</li> </ul>	<p>To maintain up to date knowledge of policies and procedures.</p>

DIMENSIONS
<ul style="list-style-type: none"> <li>• This post has developmental, educational, consultative, supervisory, and health promotion elements to it.</li> <li>• To supervise and support development of junior staff.</li> </ul>
SKILLS, KNOWLEDGE AND EXPERIENCE
<ul style="list-style-type: none"> <li>• First line nursing qualification and current registration or equivalent.</li> <li>• Evidence of further education and training appropriate to area/ role</li> <li>• Ability to work autonomously and use own initiative.</li> </ul> <p>Able to demonstrate and evidence excellent working knowledge of clinical teaching.</p> <ul style="list-style-type: none"> <li>• Recent experience of working with older people with mental health problems.</li> <li>• ENB998 or equivalent desirable.</li> <li>• Adheres to professional standards.</li> </ul>
COMMUNICATION & RELATIONSHIP SKILLS
<ul style="list-style-type: none"> <li>• Providing and receiving complex, sensitive or contentious information, where developed persuasive or re assurance skills are required.</li> <li>• Developing and maintaining relationships within the acute hospital trust, taking into account differing working practices, targets and policies/ procedures.</li> <li>• Tolerance and understanding of other professionals' working practice.</li> <li>• Working and communicating with a number of multi disciplinary Teams.</li> <li>• Retaining relationships with other health workers in community services.</li> <li>• Facilitating and managing effective student placements.</li> <li>• Continuing to communicate effectively with carers in relation to need and service provision.</li> <li>• Maintaining up to date written records as per Liaison Psychiatry team operational procedure and trust policies and procedures.</li> <li>• Develop relationships with other clinical specialists working in old age liaison psychiatry.</li> </ul>
PHYSICAL EFFORT
<p>Exposure to moderate physical effort for short periods is required.</p>
EMOTIONAL EFFORT

Potential exposure to highly distressing or highly emotional circumstances is a key factor of this role.

### WORKING CONDITIONS

Occasional exposure to unpleasant working conditions.

### ORGANISATION

Ward Manager/Liaison Team Manager

Post holder

### SIGNATURES

After reviewing the questionnaire please sign to confirm agreement

Post holder:

Date:

Line Manager:

Date:

Next level Manager :

Date:

