

## JOB DESCRIPTION

<b>Job Title</b>	: Clinical Nurse Specialist (Paediatric Gastroenterology)
<b>Department</b>	: Paediatric Gastroenterology
<b>Care Group / Directorate</b>	: Child Health
<b>Band / Grade</b>	: Band 7
<b>Responsible to</b>	: Lead Clinicians Paediatric Gastroenterology
<b>Accountable to</b>	: Paediatric Liver Matron, Lead Nurse, Head of Nursing (Child Health)
<b>Number of direct reports</b>	: 0
<b>Budgetary Responsibility</b>	: Not Applicable
<b>Location</b>	: Kings College Hospital NHS Foundation Trust, Denmark Hill

King's College Hospital NHS Foundation Trust is one of the UK's largest and busiest teaching Trusts with a turnover of c£1 billion, 1.5 million patient contacts a year and around 15,000 staff based across 5 main sites in South East London. The Trust provides a full range of local hospital services across its different sites, and specialist services from King's College Hospital (KCH) sites at Denmark Hill in Camberwell and at the Princess Royal University Hospital (PRUH) site in Bromley.

King's is committed to delivering Sustainable Healthcare for all via our Green Plan. In line with national Greener NHS ambitions, we have set net zero carbon targets of 2040 for our NHS Carbon Footprint and 2045 for our NHS Carbon Footprint Plus.

Our values at King's are that we are a kind, respectful team:

**Kind:** We show compassion and understanding and bring a positive attitude to our work

**Respectful:** We promote equality, are inclusive and honest, speaking up when needed

**Team:** We support each other, communicate openly, and are reassuringly professional

The trust-wide strategy Strong Roots, Global Reach is our Vision to be BOLD, Brilliant people, Outstanding care, Leaders in Research, Innovation and Education, Diversity, Equality and Inclusion (EDI) at the heart of everything we do. By being person-centred, digitally enabled, and focused on sustainability, we can take Team King's to another level

King's is dedicated to embracing the broad diversity of our staff, patients and communities and stand firmly against all forms of prejudice and discrimination. This includes, but is not limited to, racism, ableism,

homophobia, biphobia, transphobia, sexism, ageism, religious discrimination, and any other prejudiced behaviour that undermines the rights, wellbeing and identity of our staff, and patients.

As part of our commitment to EDI, we have five staff network groups that represent and advocate for staff:



### **Job Summary**

The appointee will work within Child Health - Paediatric Gastroenterology Service at the Denmark Hill site as part of Kings College Hospital NHS Foundation Trust as a Paediatric Gastroenterology Clinical Nurse Specialist (CNS):

- To work as a skilled practitioner and deliver, a safe and expert nursing service to all inpatient and outpatients within the Paediatric Gastroenterology Service – including those with Inflammatory Bowel Disease (IBD), those requiring gastroenterology related investigation, nutrition input, related surgery and transitional care.
- To manage a caseload of patients within the speciality of Paediatric Gastroenterology.
- Provide comprehensive clinical skills, information, advice, liaison and support to patients within the Paediatric Gastroenterology Service, specifically those with IBD.
- To ensure that patients and their parents / carers are fully informed and supported by providing clinical and social support.
- To assist in the development of evidence based clinical nursing practice in line with current research and guidelines within the speciality of paediatric gastroenterology.
- To establish and maintain clear lines of communication within the specialty team to ensure cohesive multidisciplinary management of patients
- Provide expert clinical advice and support to all members of the multidisciplinary team within the trust, locally and nationally.
- Work as an independent practitioner alongside other members of the multidisciplinary team.
- Undertake research and participate in clinical audits in own specialist area, ensuring maintenance of clinical excellence, underpinned by evidence-based practice

Particular emphasis is placed at Kings, on the need to ensure that all staff recognize their responsibility to deliver services in a high quality, courteous, patient focused manner maintaining patient confidentiality at all times.

## **Key Working Relationships**

Patients (both children and young people), families and carers, Paediatric Gastroenterology consultants, speciality registrars, nutrition CNS, surgical CNS, liver CNS, inpatient and outpatient Child Health areas, matrons and ward leaders, administrative support, service managers, community nursing teams, local paediatricians, dietitians, pharmacist, clinical psychologists, social worker, health visitors, school nurses.

## **Main Duties and Responsibilities**

### **Clinical Responsibilities**

- To apply highly specialised nursing skills to assess patients with inflammatory bowel disease (IBD), analyse symptoms and initiate appropriate clinical investigations to establish an appropriate specialised clinical management plan for individuals with IBD.
- To act in an advisory and specialist clinical capacity in partnership with medical, nursing and paramedical staff within the trust, community and at a national level. This includes active involvement in appropriate professional and charitable organisations.
- Initiate changes in complex medical therapy in keeping with agreed protocols and patient group directives.
- To visit ward based IBD patients as required, working with ward-based staff to provide continuity of care.
- To support the IBD nursing biologics team in the administration of complex intravenous therapies to appropriate patients within a day care setting, utilising appropriate protocols and guidelines.
- Provide nurse led clinics, within the outpatient department, and via the telephone and ensure responsibility for the accurate assessment utilising nursing skills and ordering of appropriate clinical investigations.
- To provide specialist knowledge and skills to the MDT within the scope of practice.
- To apply expert skills to assess individual's level of understanding about their clinical condition and simplify highly complex medical information for patients providing appropriate information aids to ensure understanding.
- To deliver individualised care and psychological support to patients and families incorporating their diverse cultures, ethnic backgrounds and any disabilities they may have.
- To participate in the identification and development of clinical protocols and strategies to enhance both the continuity and standard of specialist care whilst ensuring equity of access to the service
- To regularly review those clinical notes of patients ensuring all assessments, diagnostic investigation and test results are up-to-date and in place to ensure a smooth review/consultation process.

- To ensure all patients are fully informed of the risks and benefits of proposed procedures / treatments, contributing to the process of securing informed consent
- Provide informal counselling for patients with psychological or behavioural problems related to their IBD.
- Ability to communicate specialist and sensitive information to patients about highly complex and emotional subjects regarding IBD and long-term care, including medication issues, investigations and surgery if appropriate.
- Ability to adapt to changes in the patient's physical well-being and psychological status whilst the patient is an inpatient.
- Act as patients advocate in multidisciplinary discussions regarding management and care

#### Communication & Interpersonal Relationships

- Highly developed interpersonal skills to communicate with all members of the MDT both within the trust, regionally and nationally to achieve a coordinated specialist service for patients, communicating specialist and highly complex or sensitive information verbally, formally written or electronically as appropriate.
- To actively involve service users in providing feedback of their experience of the current service and suggestions for improvements.
- To participate in relevant forums at Care Group, Trust or CCG Level to represent the specialist service or generic Child Health perspective
- Ensure accurate records of patient care are maintained i.e. patient notes and referral letters.
- To liaise with pharmaceutical companies and charitable organisations appropriately.
- To establish and maintain individual and team communication networks within primary and secondary care settings to ensure multi-disciplinary and multi-agency communication.
- To ensure all patients have an accurate plan of care that reflects the assessment undertaken and incorporates the advice and recommendations made.
- To ensure clear documentation in the patient's records.
- To follow-up patients as appropriate and ensure all relevant information is available to enable patients/carers to make an informed choice about their treatment

#### Governance / Quality Control

- To contribute in the process of operational policies review annually in accordance with national standards and agreed protocols
- Develops protocols for the provision of care of patients with IBD.

- To comply with measures to actively manage and reduce risk to patients. Ensuring the formal reporting and recording and investigating adverse incidents in line with Trust policy
- To utilise and maintain information systems to aid audit and to provide regular activity analysis reports
- Maintain contemporaneous and accurate treatment records, submitting relevant statistics, reports and activity data as requested.
- To participate in the evaluation of the service in terms of clinical effectiveness, clinical excellence and value for money
- To ensure the best use of available resources is used within agreed budget to provide a cost-effective service. This includes ensuring specialist drug and diet challenge packs for allergen diagnosis is available.

#### Community Relationships

- Develop links with other areas within the trust and community including dietitians, GP's and district nurses, to facilitate continuity of care for patients.
- To liaise effectively with all other disciplines within the Trust and at local level.
- Provide clinical advice and support nurse specialists within the department and other nurse specialists within the trust.

#### Research, Education & Service Development

- To produce and provide patients / carers with relevant and accessible written information regarding their treatment in accordance with Trust standards
- To supervise and participate in the delivery of programmes of education and training according to the identified needs of clients, carers and other involved in their care
- To contribute to the development of nursing practice within the team. Additionally, where appropriate, to act as a practice supervisor to Trust and honorary contract employees.
- To actively participate in educational events provided by the Trust and primary care sector.
- To attend meetings and conferences as appropriate ensuring that you are fully conversant with current issues both within the Trust and within the specialist services locally and nationally.
- To promote and facilitate evidence-based practice and clinical audit within the Trust, raising the profile and enhancing the contribution of nursing to patient care and informing business and service development plans.
- To participate in and assist with any appropriate / relevant Trust approved research projects conducted within the department.
- To promote nursing research and evidenced based practice relevant to the speciality

- To ensure own practice is kept up to date by attending appropriate study days and conferences  
Prepare specialist teaching material and submit for publication within the specialist field
- Developing improvements within the service of IBD specialist nursing, e.g. patient group directives, audit of the service.
- Development of specialist policies and protocols for the management and follow up of patients with IBD, Gastroenterology conditions and patient pathways, transition to adult care, patient/parent information leaflets
- Publish and present research findings. Both trust wide and at national/international level, to include relevant journals and conferences.
- To be skilled at making presentations using multimedia tools at local and regional meetings to all members of the multi professional team to share best practice.

### Leadership

- Promote the role of the Paediatric Gastroenterology CNS within the directorate, Trust and national arena. Provide cover in the absence of colleagues within the team.
- To support nurses who administer IBD Biologics to gastroenterology patients and to review care plans and outcomes
- To collaborate with other clinical nurse specialists across the Trust as required, and act as a resource for newly appointed nurse specialists.
- Participate in the specialist education and training of all levels of staff within the trust in relationship to Gastroenterology conditions and their management e.g. IBD
- Responsibility for dealing with difficult situations
- Act as a role model to ward nursing staff, providing clinical support and advice and demonstrating high standards of nursing expertise and patient care.
- To participate in the management of change to improve standards and communication links from Acute Trusts through to Primary and community Care.
- To actively contribute to any relevant initiatives within the care group and provide support to colleagues.
- To contribute positively to the leadership of nursing within the care group acting as an effective role mode
- Ensures compliance with the Trust's Equality and Diversity Policy, supporting the delivery of the Trusts Race Equality Scheme and the Trust's duty to positively promote race equality and equality of opportunity for disabled people ensuring services are responsive to the needs of equality groups.
- To forge effective links within primary, secondary and tertiary care to ensure effective communication.
- Ability to work under pressure and meet agreed deadlines.
- Able to deal with confrontation and deal with complaints effectively.

### Financial responsibility

- Ensure economical use of resources
- To have an awareness of cost implication of various medication and therapeutic strategies for IBD and incorporate this awareness into day-to-day practise
- To be able to effectively utilise and manage available resources to meet service objectives
- Responsible for maintaining of stock control for the IBD service, including day care unit, including the purchase of specialist supplies.

### Administrative Responsibilities

- Assist in the collection of information and maintenance of the departmental database for in / out patients and maintain the IBD registry / audit.

### Safeguarding

The Trust takes the issues of Safeguarding Children, Adults and addressing Domestic Abuse very seriously. All employees have a responsibility to support the organisation in our duties by;

- attending mandatory training on safeguarding children and adults
- familiarising themselves with the Trust's processes for reporting concerns
- reporting any safeguarding child or adult concerns appropriately

### Infection Control Statement

The post holder has an important responsibility for and contribution to infection control and must be familiar with the infection control and hygiene procedures and requirements when in clinical areas.

The post holder has an important responsibility for and contribution to make to infection control and must be familiar with the infection control and hygiene requirements of this role.

These requirements are set out in the National Code of Practice on Infection Control and in local policies and procedures, which will be made clear during your induction and subsequent refresher training. These standards must be strictly complied with at all times.

## PERSON SPECIFICATION

### Paediatric Gastroenterology Clinical Nurse Specialist (Band 7)

	Essential	Desirable
Current NMC Registration RN 1 (Child)	✓	
First degree e.g., BSc in a health related or relevant subject	✓	
Higher degree (MSc) in a health-related subject, or working towards		✓
Recognised teaching / mentoring qualification	✓	
Relevant experience within paediatric IBD	✓	
Recent evidence of continuous professional development	✓	
In depth knowledge of professional and current issues in children's nursing and healthcare	✓	
Awareness of safeguarding procedures	✓	
Able to relate to patients, families and colleagues from diverse backgrounds demonstrating a clear understanding of equality and diversity	✓	
Expert relevant paediatric clinical skills, including intravenous therapy and central venous access devices	✓	
Computer literacy on E-mail, WP, and Access	✓	
Able to work with electronic patient information systems	✓	
Excellent verbal, written, communication and interpersonal skills	✓	



Excellent teaching, training and preceptorship skills	✓	
Demonstrable understanding of the role of the CNS within service provision.	✓	
Understanding of the NMC code of professional conduct	✓	
Good attendance record	✓	
Ability to work independently and as an integral part of the multidisciplinary team	✓	
Self-directive with excellent time management and organisational skills to support lone working	✓	
Able to work across professional team and organizational boundaries	✓	
Ability to work independently and as part of a team	✓	
Flexible approach to work	✓	
Capacity to bring about change	✓	
Clear leadership skills	✓	
Ability to deal with conflict situations	✓	
Understanding of resource management, health and safety, clinical risk, quality and equality and diversity issues	✓	
Experience of collecting and using data		✓
Experience of handling clinical incidents and complaints		✓

Advanced assessment skills		✓
Research and publication record		✓
Good presentation skills		✓
Previous experience as Band 7 / as Clinical Nurse Specialist		✓