

## **Person Specification**

*POST: Psychological Wellbeing Practitioner*

*DEPARTMENT: NHS Blackpool Talking Therapies Service*

Job Requirements	Essential	Desirable
<b>EDUCATION AND QUALIFICATIONS</b>	<p>Qualification from Psychological Wellbeing Practitioner (PWP) Training Course (Post Graduate Certificate)</p> <p><b>OR</b></p> <p>Equivalent e.g. Experienced and Qualified Graduate Mental Health Worker (Qualification in Post Grad Primary Care Mental Health) with relevant Primary Care experiences.</p>	<p>Training in nursing, social work, occupational therapy, counselling or within a psychological therapy.</p> <p>Psychology or other health related undergraduate degree.</p>
<b>EXPERIENCE AND KNOWLEDGE</b>	<p>Evidence of working with people who have experienced a mental health problem.</p> <p>Experience of working in Primary Care Services, such as a Talking Therapies service.</p> <p>Worked in a service where agreed targets in place demonstrating clinical outcomes.</p> <p>Received training (either formal or through experience) and carried out risk assessments within scope of practice.</p> <p>Demonstrates an understanding of anxiety and depression and how it may present in Primary Care.</p> <p>Demonstrates a knowledge of the issues surrounding work and the impact it can have on mental health.</p>	<p>Evidence of working in the local community.</p>

	<p>Knowledge of medication used in anxiety and depression and other common mental health problems.</p> <p>Demonstrates an understanding for the need to use evidence based psychological therapies and how it relates to this post.</p>	
<p><b>SKILLS AND ABILITY</b></p>	<p>Ability to manage own caseload and time.</p> <p>Demonstrates high standards in written communication and able to write clear reports and letters.</p> <p>Ability to evaluate and put in place the effect of training.</p> <p>Computer literate.</p> <p>Excellent verbal and written communication skills, including telephone skills.</p> <p>Able to develop good therapeutic relationships with clients.</p> <p>High level of enthusiasm and motivation.</p> <p>Ability to work within a team and foster good working relationships.</p> <p>Ability to use clinical supervision and personal development positively and effectively.</p> <p>Ability to work under pressure.</p> <p>Regard for others and respect for individual rights of autonomy and Confidentiality.</p> <p>Ability to be self-reflective, whilst working with service users, in own personal and professional development and in supervision.</p>	<p>Fluent in languages other than English.</p> <p>PWP registration with BABCP.</p>

	Car driver and/or ability and willingness to travel to locations throughout the organisation.	
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