
CBT Therapist - Hi Intensity Trainee – March 2024 - Further Information

- This post is for positions within EAST and WEST Berkshire. For EAST Berkshire your work base will be in either Bracknell, Maidenhead or Slough. For WEST Berkshire your work base will be in Newbury, Reading or Wokingham.
 - The course you will be completing at the University of Reading as part of this role is a Level 2 accredited course with the British Association for Behavioural and Cognitive Psychotherapies (BABCP). This means that upon completion trainees will meet criteria to apply for provisional accreditation as a CBT therapist with the BABCP.
 - To be appointable to this post, you must meet the criteria for CBT training and also have a BABCP-recognised professional background in mental health or related areas. This means having a recognised Core Profession. You can find out whether you have a recognised Core Profession at [BABCP | British Association for Behavioural & Cognitive Psychotherapies > Accreditation > Practitioner Accreditation > Core Professions > Core Professions list and criteria](#)
 - If you do not have a BABCP-recognised Core Profession, you must complete a portfolio of evidence to show that you have equivalent training and experience. This is known as the Knowledge, Skills, and Attitudes portfolio (KSA). You can find out more on the KSA portfolio here: [Knowledge Skills and Attitudes \(babcp.com\)](#).
 - The list of core professions has been reviewed again in June 2021, with the result that some professions need to complete only a condensed version of the KSA. Please note, to be eligible for a briefer KSA, Psychological Wellbeing Practitioners (PWP) need to be registered with the British Psychological Society (BPS) or the BABCP.
 - You are expected to have completed your KSA ahead of applying for this post, but we appreciate some people may need some support with finalising it; as such if you are successful in being offered this role, then you will be invited to a workshop on finalising the KSA portfolio at the start of the training in September. **Prior to this interview you must have completed the self-statements for the KSA criterion relevant to you and you must send across criterion 4 to admissions-cwi@reading.ac.uk** for the course tutors to review prior to your interview (see the BABCP website for guidance and exemplars). Please note this is a pre-requisite for an offer.
 - Once completion and passing of the Post Graduate Diploma in Evidence Based Psychological Treatment is evidenced, you will progress to AfC pay band 7 which may include additional responsibilities such as line management and/or supervising. You will be required to apply for provisional accreditation with the BABCP within 4 weeks of your qualifying results being ratified by the University of Reading.
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