

# **BLACK COUNTRY HEALTHCARE NHS FOUNDATION TRUST**

## **Clinical / Counselling Psychologist**

### **Physical Health Psychology, Dudley Cancer, Palliative and Bereavement Services**

#### **BAND 8b**

#### **0.4 WTE (15 hours) 12 month fixed term**

We are pleased to offer this exciting opportunity to develop your career within our friendly and dynamic Physical Health Psychology Service. The Physical Health Psychology Service is a team of psychologists, psychotherapists, and counsellors who aim to assist people in adapting to and developing creative solutions for living with physical health problems. The Black Country Healthcare Physical Health Psychology Service currently operates across 3 geographical areas (Dudley, Wolverhampton and Sandwell and West Birmingham) with a number of contracts in each area. Due to service developments and staff promotions a number of vacancies are available and we would welcome conversations with those who would like to consider a single vacancy or combination of roles.

Experience of working in a physical health setting is desirable, but we are also keen to hear from applicants who have been working in other specialties, who feel they have transferable skills. The most important qualities are good communication skills, working co-operatively and thinking creatively.

The post holders will benefit from joining a supportive and enthusiastic team of practitioner psychologists and other psychological professionals, who utilise a varied range of therapeutic approaches. There are opportunities to engage in CPD and supervision across a range of models, including EMDR, psychodynamic, attachment, humanistic and 3rd wave approaches. In each role you will be working alongside a Principal Psychologist and other applied psychologists and psychological professionals, with support from a Consultant Clinical Psychologist. A robust leadership and supervision structure is in place, alongside operational management.

This fixed term role is comprised of the following:

#### **0.4 WTE CANCER, PALLIATIVE AND BEREAVEMENT- Dudley**

The specialist palliative care psychology service works with the award winning community and hospital specialist palliative care teams, both of which have achieved the Gold Standards Framework (GSF), the highest national standard for end of life care. The role will offer opportunities to provide complex assessments and formulations, psychological therapy for patients and their loved ones, and to work jointly with other health care professionals. The palliative care MDTs are highly psychologically skilled and greatly value the input of the palliative care psychology team via attendance at regular MDTs, as well as the through the provision of regular clinical supervision, consultancy and staff training. There will be ample opportunity to support the Principal Psychologist and work with other psychological therapists in the continuing development and improvement of the service.

This is what our staff have said about working in the Physical Health Psychology service:

*The psychology team provided a number of opportunities for broadening experiences, and the roles are varied in nature. For example, there are opportunities to provide supervision, training, reflective practice, team development and individual client work. '*

*'Thank you for helping me grow – I wouldn't be the psychologist I am today..."*

*'My experiences enabled me to develop skills in consultation, which in turn helped me to support the development of psychological thinking in the team in which I was working.... in the development of psychological thinking across team meetings, trust wide discussions and broader forums where clinical decision making was involved. '*