

Job Title: Specialist Community Dietitian	Grade: Band 6	Post No:
Directorate: Business Unit	Department: Nutrition and Dietetics	

<p>Responsible to: Band 7 Team Leader</p> <p>Contact with:</p> <ul style="list-style-type: none"> Patients and Carers Nutrition and Dietetic staff Multidisciplinary teams Acute and Community Services within health and social care Voluntary and private sector organisations Catering providers Education providers Nutrition and Dietetic students <p>Principal objectives:</p> <ul style="list-style-type: none"> • To be lead dietitian for MUST and food first initiatives across community of East Suffolk actively promoting effective prescribing practices. This will include designing, updating and implementing community malnutrition guidelines and resources. • To be a lead dietitian responsible for the delivery of a high quality, evidence-based dietetic care to a complex case load of patients in a variety of care settings, which could include acute and community settings e.g. Wards, outpatient clinics and patients' homes. • To manage a caseload of complex home visits • To supervise junior member of staff including band 4 assistant practitioners. • To contribute to the dietetic service in the community providing a source of expertise to patients, carers, medical practitioners and allied health professionals and social care professionals as part of the multidisciplinary team. • To provide specialist input into the planning, development and evaluation of dietetic services within your team and for defined projects. This will include looking at clinical outcomes in your area.

Key Responsibilities:

Clinical

To manage a caseload of patients with complex needs in a range of settings using evidence-based, client-centred principles to assess, plan and evaluate specialised dietetic interventions.

To undertake nutritional assessments, taking into consideration biochemistry, anthropometrics, clinical condition and dietary intake.

To ensure that communication between the Acute and Community setting is timely, effective and comprehensive by working with providers.

To work with patients and carers to identify nutrition-related goals as part of an overall care plan.

To plan, implement and evaluate interventions in partnership with patients using a range of treatment techniques to meet individuals' nutritional requirements.

To work in a holistic way and participate in patient care meetings to ensure that dietetic outcomes influence any decision regarding overall care plan.

To provide support, education and advice to patients and carers regarding aspects of diet therapy e.g. dietary modification, food fortification, nutritional supplementation, enteral and parenteral nutrition.

To ensure that any treatment plan is compatible with the patient's lifestyle, religious and cultural beliefs functional ability and health outcome.

To plan and prioritise own clinical caseload and that of dietetic students and support staff on a daily basis.

To promote the MUST and Food First projects, as well as, support the promotion of cost effective prescribing of oral nutritional supplements.

Communication

To establish and maintain effective communication pathways with department colleagues.

To generate and maintain effective interactions with the MDT and external health and social care agencies e.g. industry, private and voluntary sector.

To establish rapport with patients and gain their active participation in the development and progress of the dietetic care plan, including setting of realistic goals using a variety of motivational techniques.

To present sensitive and complex information to patients and carers using appropriate communication techniques.

To identify ways to overcome potential barriers to effective communication and understanding.

To lead in the development of relevant educational materials for patients and staff within your speciality and other areas as appropriate.



East Suffolk and
North Essex
NHS Foundation Trust

Key Responsibilities (continued)

Documentation

To be responsible for the quality of data recorded. The data should be accurate, legible (if hand written), recorded in a timely manner, kept up to date and appropriately filed.

To ensure that up to date written and electronic records and activity data are maintained and reviewed in accordance with Professional and Trust Standards.

To lead the development of any speciality specific operational documentation as required e.g. care plans.

Professional Ethics/Standards

To comply with the:

- British Dietetic Associations Professional Code of Conduct
- Health Professions Council guidelines for professional practice
- Local and national policies and procedures.

To ensure that respect is given to the individuality, values, cultural and religious diversity of patients and carers.

All employees must comply with the Ipswich Hospital NHS Trust Equal Opportunity Policy and Race Equality Scheme and must not discriminate on the grounds of sex, colour, race, ethnic or national origins, marital status, age, disability, sexual orientation or religious belief.

All employees have the right to work in an environment which is safe and to be protected from all forms of abuse, violence, harassment and undue stress. All employees are responsible for helping to ensure that individuals do not suffer harassment or bullying in any form. All employees will be personally accountable for their actions and behaviour in cases of complaint of harassment or bullying.

Leadership, Supervision and Appraisal

To provide effective leadership to dietitians, support staff and students through guidance, supervision and appraisal.

To support the Team Leader/ Professional Lead in coordinating the team activities

To demonstrate effective leadership skills through the management and coordination of projects.

Training and Education

To participate in the induction of dietetic staff and dietetic students.

To participate in the training and education of students and other health and social care professionals within East Suffolk.

To lead the training and ongoing development of dietitians, dietetic support staff and students.

To provide expert support regarding your speciality for dietetic colleagues within the department.

To arrange and lead meetings with other dietitians from outside the Trust for peer support and education.

To deliver nutrition education to specific client groups, both large and small, and the wider population of East Suffolk.

Service Development and Delivery

To contribute to policy development within your given speciality.

To be responsible for identifying and advising the resources required to carry out the dietetic work within your speciality.

To participate in the planning, implementation and evaluation of service developments within your speciality.

To contribute to decisions about the future development of Nutrition and Dietetic Service objectives and participate in their delivery.

To contribute to the promotion of the Nutrition and Dietetic Service and profession within the Acute Trust and wider health and social care system.

To participate in cover arrangements for staff absences.

Personal and Professional Development

To prepare and actively participate in Trusts annual Performance Development Review process and progress reviews.

To ensure training and development needs detailed in your personal development plan are followed up and the effectiveness of the acquired training and development evaluated in terms of yourself, patients and service.

To apply acquired skills and knowledge of dietetic practice in order to work to the recognised professional standards of a senior dietitian.

To demonstrate ongoing personal and professional development and disseminate learning to other members of the service.

To prepare and actively participate in the Trust's annual Performance Development Review process and progress reviews.

To work as a reflective practitioner with the ability to critically evaluate own practice making effective use of professional supervision and appraisal.

To attend staff meetings.

To attend in-service mandatory training.

Clinical Governance

To contribute to the Nutrition and Dietetic clinical governance arrangements and quality agenda.

To demonstrate an understanding of national guidelines and legislation relating to Nutrition and Dietetics and their impact on service provision e.g. National Service Frameworks and NICE guidelines.

To lead uni professional audit/research projects relevant to dietitians or other service areas, on a regular basis disseminating the findings at local, regional and national level.

To continuously demonstrate advanced skills in critical analysis of research and evidence and be able to disseminate the information and apply it to practice.

All staff:

To be responsible for complying with Trust Infection Control policies and clinical guidelines.

To be responsible for complying with Trust and local Safeguarding policies and procedures. You must at all times be aware of the importance of maintaining confidentiality of information gained by you during the course of your duties. This will, in many cases, include access to personal information relating to service users. You must treat all information in a discreet and confidential manner and keep it secure.

To prepare and actively participate in Trusts annual Performance Development Review process and progress reviews.

Ensure training and development needs detailed in your personal development plan are followed up and the effectiveness of the acquired training and development evaluated in terms of self, patient and service.

To be responsible for the quality of data recorded. The data should be accurate, legible (if hand written), recorded in a timely manner, kept up to date and appropriately filed.

All employees must comply with the Ipswich Hospital NHS Trust Equal Opportunities and Diversity Policy and must not discriminate on the grounds of gender, gender reassignment, colour, race, ethnic or national origins, marital status, age, disability, sexual orientation or religious belief.

The Trust is committed to taking appropriate action to pursue those who commit fraud, bribery and corruption. Any allegations of fraud, bribery and corruption will be investigated in line with the Trust's Counter Fraud policies and procedures. Anyone who reports fraud is protected under these policies and the Trust's Raising concerns/freedom to speak up Policy

Employees have a responsibility to themselves and others in relation to managing risk, health and safety and will be required to work within the policies and procedures laid down by The

Ipswich Hospital NHS Trust. The Trust seeks to establish a safe and healthy working environment for its employees and operates a non-smoking policy.

All employees have the right to work in an environment which is safe and to be protected from all forms of abuse, violence, harassment and undue stress.

All employees are responsible for helping to ensure that individuals do not suffer harassment or bullying in any form.

All employees will be personally accountable for their actions and behaviour in cases of complaint of harassment or bullying.

All staff have a responsibility to contribute to a reduction in the Trust's carbon footprint and should pro-actively reduce and encourage others through own actions to reduce the contribution to carbon emissions.

This includes switching off electrical appliances that are not in use, turning down heating, closing windows, switching off lights and reporting carbon waste etc.

Prepared By:	Catherine Dyson	Date:	December 2022
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Note:
This job description is issued as a guide to your principal responsibilities. It may be varied from time to time to meet new working requirements and does not form part of your Contract of Employment