

Job description and person specification

Together, we are making life better for our communities

Our behaviours, our values, our mission



We will treat you as an individual; feeling valued, engaged and listened to; a focus on health & wellbeing, continuing development, career progression and equality of opportunity; sustainable approach to addressing inequality; offering complete care and concern for our workforce



JOB DESCRIPTION

DATE: 1 January 2021

REF NO: SSOTP-OT-898

JOB DETAILS

JOB TITLE: Occupational Therapist

BAND: Band 6

HOURS: 37.5

DEPARTMENT: Home First

LOCATION: Stoke-on-Trent / Newcastle / Moorlands

REPORTS TO: Integrated Team Lead

ACCOUNTABLE TO: Service Lead

RESPONSIBLE FOR:

The post holder will be part of the Allied Health Professions (AHP) service providing Occupational Therapy and will work in a variety of settings.

This is a dynamic post that requires the post holder to work closely with uni/multi-disciplinary teams/agencies in addressing a range of care/support issues across the spectrum of conditions, preventing unnecessary hospital admissions and improving the health and wellbeing of the population served. The nature of the service will be determined by local service specifications.

WORKING RELATIONSHIPS

INTERNAL: Operational Lead, Co-ordinators, Team Leads, Social Care Assessors and other Trust employees

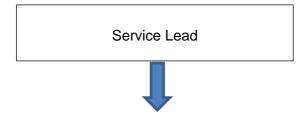
EXTERNAL: Patients, families, multi-disciplinary team, education, voluntary agencies, social care and general members of the public. This list is not exhaustive.

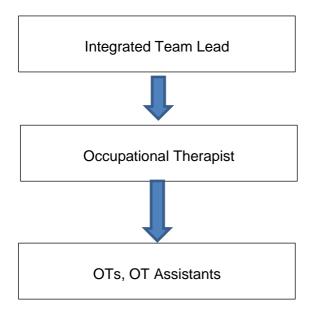
JOB PURPOSE.

- Be competent as appropriate to the requirements of the role
- Demonstrate at all times the Trust Values
- Be a specialist Occupational Therapist and have a detailed professional and clinical knowledge.
- They will be a specialist practitioner and have a focus in clinical knowledge. They will
 be a specialist practitioner and have a focus in one of the following areas;
 rehabilitation, integrated community, community intervention and reablement.
- Be responsible for a defined population of service users in a variety of settings across the Trust including the community and hospitals

- Be skilled in the assessment of complex/specialist care/support needs and in the development, implementation and evaluation of care/support packages.
- Have supervisory, training and leadership responsibilities where appropriate and will have some responsibility for team performance and service developments/improvements.
- Demonstrate initiative and be creative in finding solutions to problems
- Work with the team leader undertaking delegated tasks in team management.

ORGANISATIONAL STRUCTURE





KEY RESPONSIBILIES

Main duties and responsibilities

- To adhere to and apply the Health and Care Professions Council's (HCPC) standards
 of proficiency and the College of Occupational Therapists (COT) code of ethics and
 professional conduct and all other relevant guidance from the HCPC, COT and the
 Partnership Trust.
- To be professionally accountable and responsible for all aspects of own work.
- To establish and maintain effective working relationships both within the Partnership
 Trust and with external organisations in order to meet service requirements and
 support and demonstrate the Trust's equality values.
- To assess new service user referrals and care/support needs. Assesses service
 users and formulates, develops, implements and evaluates programmes of
 treatment /care/support for individuals, families and carers. The specialist
 care/support plans may include the following:
- Promoting independence/self-management and maintaining safety
- Increased functional ability
- Improvement in health and wellbeing including mental health
- Interventions in disease/condition management
- Prevention and reducing of health inequalities
- Admission avoidance
- Early supported discharge
- Case management/ treatment /care plans
- To use professional knowledge and judgement to take into account the range of care/support packages and treatment options available. To consider each service user's personal circumstances and preferences in order to implement and adjust programmes of care and intervention.
- To maintain and develop skills and knowledge to deliver a range of interventions and sets an example of good practice to other team members including skill sharing. For example moving and handling, risk assessments, functional capabilities, cognition.
- To maintain sensitivity at all times to the emotional needs of the service user and their carers offering reassurance and empathy, in particular when imparting potentially distressing information. This may be in regard to the nature/prognosis of their condition and implications of the same.
- To work with individuals and carers who may find it difficult to engage with the service or aspects of the service resulting in uncooperative or challenging behaviour that has to be managed.
- To use professional knowledge, skills and expertise when working in changing environments and across professional boundaries.
- To maintain contemporaneous and accurate records as required by the Partnership Trust and in line with professional standards (i.e. HCPC). Support identified team members giving guidance and direction where appropriate.
- To take responsibility for the safe use and transportation of equipment (e.g. wheelchairs) between locations and in and out of people's homes. This may require the post holder to work in cramped or awkward positions e.g. raising furniture (beds, chairs, toilets, therapy equipment etc.). This may be required on a regular daily basis or at least once a week. To work in non-purpose built rooms involving the necessity to move furniture, therapy equipment etc.
- To ensure that the skills of identified team members are appropriately deployed and that care is delivered by staff with the relevant education, expertise and competence.
- To deliver a high standard of intervention, whilst managing the demands of unplanned aspects of the role using innovative problem solving techniques.
- To provide advice, education and training to service users, carers and professionals regarding the management and care/support of service users.
- To provide professional and clinical support and leadership to identified team members.
 Supports in identifying training needs of staff and encouraging practitioners to develop

skills in:

Critical thinking and reflective practice

Excellence in practice

Specialist knowledge and research based practice

- To take accountability for allocated assessments, planning and implementation of care packages/ programmes of support, within their caseload.
- Identifies health promotion needs and creates opportunities in liaison with other health care professionals to create and provide health awareness to the total service population.
- To provide and receive regular supervision in order to support the continuous professional development of self and others.
- To contribute to the process of induction for new team members and other disciplines, as appropriate.
- To identify own training/educational needs as part of the supervision and appraisal process. Attains and maintains an agreed level of expertise through ongoing training and development.
- To have people management skills which incorporate compassionate and appreciative leadership.
- To set workload priorities for self, and oversee the workload of more junior team members and students as required.
- To provide training, undertake work based assessments and supervision of preregistration students, typically for periods of 4-12 weeks as required. Acts as a preceptor to newly appointed staff and staff undergoing a supervised return to practice.
- To contribute to service/policy development through active membership on working parties or professional forums.
- To undertake tasks concerning the day to day organisation and operation of the team, working with the team leader as required.
- To set priorities to achieve a balance between service user needs, supervisory duties, (may include staff work allocation, sickness cover and annual leave) and staff training within resource limitations.
- In collaboration with the team leader and/or specialist establishes clear goals and standards for the team/service in order to maintain and improve the quality of care/support.
- To work with the Team Leader/ Specialist/ Professional Lead to identify clinical levels of expertise within the team, in order that talents, training and competences are identified and can be fully utilised.
- To collect and input statistical information as required within agreed timescales.
- To participate in and support the team in undertaking clinical audit.
- To contribute to, and actively promote the implementation, development and upholding of policies, procedures, guidelines and directives, along with relevant statutory measures and governmental directives.
- The post holder may be required to order stock or sign off expenses for staff.

JOB STATEMENT

Infection Control

Maintain an up to date awareness of the infection control precautions relevant to your area of work and implement these in practice. As a minimum, this must include hand hygiene, the use of personal protective equipment, the use and disposal of sharps and communicating the importance to patients, prison staff and other health care staff you are working with. Details of the precautions and sources of advice and support to assess and manage infection control risks are provided through mandatory training which all staff must attend at intervals defined in the Trust policy on mandatory training and can be found in the Trust's infection control policies and national guidance, such as that published by NICE.

Learning and Development

As an employee of the Trust, you have a responsibility to participate, promote and support others in undertaking learning and development activities. This includes a proactive approach to ensuring you meet the statutory/mandatory training requirements of your role, and engaging in PDC / appraisal processes in line with Trust policy and guidance.

Health and Safety

As an employee of the trust you have a responsibility to abide by the safety practices and codes authorised by the trust. You have an equal responsibility with management, for maintaining safe working practices for the health and safety of yourself and others.

Constitution, Competence and Capability

As an employee of the Trust you have a responsibility to promote and abide by the rights and responsibilities outlined in the NHS Constitution. You are additionally expected to adhere to Organisational/National/Regulatory Codes of Practice relevant to the role you are employed to undertake. At all times it is expected that you will limit the scope of your practice to your acquired level of competence and capability.

Dignity at Work Statement

Midlands Partnership NHS Foundation Trust is committed to treating all of our staff with dignity and respect. You are responsible for behaving in a way that is consistent with the aims of our Equality and Diversity Policy. This includes not discriminating unfairly in any area of your work and not harassing or otherwise intimidating other members of staff.

Safeguarding Children and Vulnerable Adults

All Trust employees are required to act in such a way that at all times safeguards (and promotes) the health and well-being of children and vulnerable adults. Familiarisation with and adherence to Trust Safeguarding policies is an essential requirement of all employees as is participation in related mandatory/statutory training.

PERSON SPECIFICATION

JOB TITLE: Occupational Therapist						
DEPARTMENT: Home First		BAND: 6				
*Assessed by: A= Application I = Interview R = References T = Testing						
ESSENTIAL CRITERIA	*	DESIRABLE CRITERIA	*			
QUALIFICATIONS & TRAINING						
Degree in Occupational Therapy or equivalent. Registration with HCPC/NMC Fieldwork educators accreditation		Modules at Masters level Evidence of further clinical study APPLE accreditation Leadership experience/qualification Membership of BAOT / COT				
EXPERIENCE						
Post qualification courses in working with older people and people with physical disabilities. Attendance at relevant clinical networks or Special Interest Groups Up to date field work/pre-registration student training.		Experience in Experience of using standardised assessments and outcome measures Experience of negotiation and conflict management in clinical situations.				

SKILLS, KNOWLEDGE & ABILITIES

Relevant experience to the role including assessment and interventions for a wide range of disabilities.

Ability to manage time and caseload effectively.

Supporting service users, families and carers in dealing with the impact of disability and life limiting conditions

Working in a multidisciplinary team.

The necessary competences required to undertake this role will be provided (once ratified) as a separate document on appointment. They are derived from skills for health and aligned to national occupational standards. An element of these is given below:

Assess individual's psychological, social and emotional needs for rehabilitation

Prioritise treatment and care for individuals according to their health status and needs

Determine a treatment plan for an individual

Evaluate the outcomes of the individual's rehabilitation

Discharge and transfer individuals where appropriate

Support individuals to manage their condition/disability

Identify and evaluate opportunities for innovation and improvement

Disseminate information by giving formal and informal presentations

Initiate and participate in networks and discussion groups

Working across hospitals and community settings and have the ability to travel within a geographical area to meet the requirements of the post.

Flexibility with working hours to enable 7 day working Evidence of specialist clinical knowledge relevant to the post.

Ability to demonstrate an in-depth knowledge of a variety of medical conditions and disease processes, equipment and minor home adaptations.

Understanding of Information Governance, Data Protection, HCPC /COT standards and Safeguarding Vulnerable Adults. Knowledge of relevant NSF's and NICE guidance. Understanding of wider NHS agenda and its application to the local context.

Continuing healthcare assessments.

An understanding of team dynamics

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Awareness of relevant NSF's and NICE guidance				

JOB HOLDER	SIGNATURE	
	DATE	
MANAGER	SIGNATURE	
	DATE	

