
JOB DESCRIPTION

DATE: March 2024

REF NO:

JOB DETAILS

JOB TITLE: Psychosexual Therapist

BAND: 6

HOURS: See Contract of Employment

DEPARTMENT: Sexual Health

LOCATION: Cobridge, Stoke-on-Trent/Home Working

REPORTS TO: Psychosexual Service Lead

ACCOUNTABLE TO: Operational Service Manager

RESPONSIBLE FOR:

- Supporting the provision of psychosexual services within the Sexual Health Services.
- Working as part of a team and independently in clinics as required.
- Providing a quality and holistic service and to be responsible for the assessment, planning, implementation and evaluation of service user needs ensuring confidential records are maintained.
- Playing an active part in the continuing development of the Psychosexual Medicine and Therapy Service.

WORKING RELATIONSHIPS

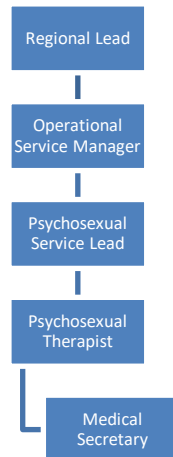
INTERNAL: Administrators, clinical staff (doctors, nurses and health care assistants), patients and service users, non-clinical staff, team leaders, team managers, senior managers

EXTERNAL: Primary healthcare services, health and non-health related professionals, external partner agencies

JOB PURPOSE.

The specialist in psychosexual therapy is required to manage a caseload of clients presenting with a variety of sexual problems. They are assessed and then provided with on-going psychosexual therapy to the individual or couple. When necessary, they will refer on to other specialist disciplines or services, in particular for medical advice or assessment. The post holder is to maintain client records and confidentiality. The post involves working both independently and as part of a multidisciplinary team.

ORGANISATIONAL STRUCTURE



KEY RESPONSIBILITIES

Main duties and responsibilities

1. Providing Psychosexual Therapy services for people living in North Staffordshire and Stoke on Trent
2. To be responsible for setting high standards of care within the resources available and to review and monitor these on a continuous basis, through the process of audit, to ensure continuing quality of care.
3. Contribute to the delivery of evidence-based personalised and compassionate care which places quality at the heart of specialist practice. Care will be responsive to individual needs and reflect current local protocols and national guidelines.
4. Working in partnership with other agencies to deliver key performance indicators and sexual health outcomes.
5. To work as a team member and part of the wider sexual health service
6. To conduct assessment sessions and decide on an appropriate contract of psychosexual therapy or to refer on to colleagues, other disciplines or specialist services.
7. To seek medical advice or refer clients for medical assessment when necessary.
8. To manage a specialist case load
9. To work with both individual clients and couples either face to face or remotely (telephone or video).
10. To provide a safe, non-judgemental and confidential environment whereby patients can discuss any sexual health concerns and ask questions.
11. To work with interpreters when necessary.
12. To attend clinical supervision as required by the professional body.
13. To be registered with either the College of Sexual and Relationship Therapists or the Institute of Psychosexual Medicine and to work within their code of ethics.
14. To liaise with other professionals within the multidisciplinary team.
15. To undertake risk assessments, crisis management and suicide reduction strategies with the client group.
16. To work with other professionals and use the multi-agency procedures and structures in the best interests of clients who are at risk of self-harm and/or serious mental health crisis. To proactively share information with other professionals involved in a client's care.
17. To maintain high quality clinical records as applicable, respecting confidentiality at all times, consistent with the Trust's record keeping policy and professional body record keeping standards.
18. Responsible for participation in the Trust appraisal process, identifying own mandatory professional, supervisory, personal development and training needs. To demonstrate compliance with Inclusion mandatory training.
19. To practice within Trust policies procedures and pathways. Follows policies and procedures for own area of work.

Systems and equipment

- 20. Use of electronic patient record systems where a high standard of accuracy will be required.
- 21. To work within department processes and procedures to ensure efficient and effective delivery of services with continual development in line with service improvement.
- 22. Required to sit for long periods of time in front of VDU.
- 23. To contribute to the development of systems and interventions as and when required
- 24. To use I.T. equipment as provided by the Service.

Decisions and judgements

- 25. Post holder will manage their own workload and be able to plan, organise and prioritise their workload
- 26. To make decisions more or less on a continuous basis based on effective communication and risk management. To seek management advice where appropriate
- 27. To identify training needs and utilise supervision effectively.
- 28. To be aware of boundaries at all times.
- 29. To be responsible for identifying individual training needs and keep abreast of new trends.

Communication and relationships

- 30. To effectively communicate and work collaboratively with a range of people including service users, colleagues, external partners/providers to ensure the service users' needs are met
- 31. To work within and promote the sexual health service.
- 32. To be professional at all times, taking part in appropriate training and development; to demonstrate local work routines to new starters.

Physical demands of the job

- 33. There is a frequent requirement for sitting in a restricted position for a substantial proportion of the working time either in meetings, at a computer desk.
- 34. Frequent concentration required in providing clinical care and dealing with staff issues.
- 35. Frequent exposure to distressing or emotional circumstances,
- 36. Frequent exposure to unpleasant conditions

JOB STATEMENT

Infection Control
Maintain an up to date awareness of the infection control precautions relevant to your area of work and implement these in practice. As a minimum, this must include hand hygiene, the use of personal protective equipment, the use and disposal of sharps and communicating the importance to patients, prison staff and other health care staff you are working with. Details of the precautions and sources of advice and support to assess and manage infection control risks are provided through mandatory training which all staff must attend at intervals defined in the Trust policy on mandatory training and can be found in the Trust's infection control policies and national guidance, such as that published by NICE.
Learning and Development
As an employee of the Trust, you have a responsibility to participate, promote and support others in undertaking learning and development activities. This includes a proactive approach to ensuring you meet the statutory/mandatory training requirements of your role, and engaging in PDC / appraisal processes in line with Trust policy and guidance.
Health and Safety
As an employee of the trust you have a responsibility to abide by the safety practices and codes authorised by the trust. You have an equal responsibility with management, for maintaining safe working

practices for the health and safety of yourself and others.

Constitution, Competence and Capability

As an employee of the Trust you have a responsibility to promote and abide by the rights and responsibilities outlined in the NHS Constitution. You are additionally expected to adhere to Organisational/National/Regulatory Codes of Practice relevant to the role you are employed to undertake. At all times it is expected that you will limit the scope of your practice to your acquired level of competence and capability.

Dignity at Work Statement

Midlands Partnership NHS Foundation Trust is committed to treating all of our staff with dignity and respect. You are responsible for behaving in a way that is consistent with the aims of our Equality and Diversity Policy. This includes not discriminating unfairly in any area of your work and not harassing or otherwise intimidating other members of staff.

Safeguarding Children and Vulnerable Adults

All Trust employees are required to act in such a way that at all times safeguards (and promotes) the health and well-being of children and vulnerable adults. Familiarisation with and adherence to Trust Safeguarding policies is an essential requirement of all employees as is participation in related mandatory/statutory training.

PERSON SPECIFICATION

JOB TITLE:	Psychosexual Therapist		
DEPARTMENT:	Sexual Health	BAND:	6

*Assessed by: A = Application I = Interview R = References T = Testing

ESSENTIAL CRITERIA	*	DESIRABLE CRITERIA	*
QUALIFICATIONS & TRAINING			
Be registered with either the UKCP (United Kingdom Council for Psychotherapy), BACP (British Association for Counselling & Psychotherapy) or COSRT (College of Sexual and Relationship Therapists) and to work within their code of ethics.	A		
EXPERIENCE			
To have attended and completed a Psychosexual Therapy Diploma (or equivalent)/MSc Training Programme	A A/I	To have awareness of a variety of counselling therapeutic interventions	A
To have experience of working in an NHS Psychosexual Therapy service	A/I	To have completed couple counselling courses	A
To have had experience working with people of diverse ages, sexualities, ethnicities, demographics, etc.	A/I	Experience of working with vulnerable, hard to reach communities including LGBT and BME	A/I
		Experience of working with people with learning disabilities	A/I
SKILLS, KNOWLEDGE & ABILITIES			
Detailed knowledge of a variety of therapeutic approaches and theories	I	To have an awareness of the wider sexual health agenda and topic areas such as ;	A/I
A robust knowledge of Sexual Health issues	I	Knowledge of Drug Misuse, Rape and Sexual Violence, Sexuality, Bereavement, Pregnancy, Alcohol Misuse, Self Harm, effects of ageing.	A/I
Constantly maintain and update professional competency	A/I		
Knowledge of application of confidentiality	I		

Exceptional communication skills and ability to work sensitively with people in crisis situations.	A/I		
Able to establish and maintain effective partnerships and working relationships at various different levels to achieve jointly agreed outcomes.	A/I		
Commitment to applying equal opportunities principles in practice.	I		
Ability to reflect on performance and identify areas for improvement.	A/I		
Evidence of commitment to engage in clinical supervision	I		

PERSONAL ATTRIBUTES

Effective interpersonal and negotiation skills	A/I		
Ability and flexibility to work as a member of a multi-disciplinary team	I		
Excellent written and oral communication	A/I		
Able to establish and maintain effective working relationships with service users and staff	I		
Able to manage own time/workload and organize self and others effectively/efficiently.	I		
To work flexible hours according to service needs.	I		
Ability to demonstrate the positive applications of our behaviours:	A/I		
<ul style="list-style-type: none"> • Respectful • Honest and Trustworthy • Caring and Compassionate • Taking the time to talk and listen • Working together and leading by example 			

JOB HOLDER	SIGNATURE
	DATE

MANAGER	SIGNATURE
	DATE