Monday	Tuesday	Wednesda	Thursday	Friday	Saturday	Sunday
Relief 12	Relief 0	Relief 12	Relief 0	Relief 12	Relief 0	Relief 0
1830-0630	1830-0630	Rest Day	Rest Day	Rest Day	0630-1830	0630-1830
Rest Day	Rest Day	Rest Day	Rest Day	1830-0630	1830-0630	1830-0630
Rest Day	Rest Day	0630-1830	0630-1830	0630-1830	Rest Day	Rest Day
0630-1830	0630-1830	1830-0630	1830-0630	Rest Day	Rest Day	Rest Day
Relief 0	Relief 0	Relief 0	Relief 0	Relief 0	Relief 12	Relief 12
1830-0630	1830-0630	Rest Day	Rest Day	Rest Day	0630-1830	0630-1830
Rest Day	Rest Day	Rest Day	Rest Day	1830-0630	1830-0630	1830-0630
Rest Day	Rest Day	0630-1830	0630-1830	0630-1830	Rest Day	Rest Day
0630-1830	0630-1830	1830-0630	1830-0630	Rest Day	Rest Day	Rest Day
Relief 0	Relief 12	Relief 0	Relief 12	Relief 12	Relief 0	Relief 0
1830-0630	1830-0630	Rest Day	Rest Day	Rest Day	0630-1830	0630-1830
Rest Day	Rest Day	Rest Day	Rest Day	1830-0630	1830-0630	1830-0630
Rest Day	Rest Day	0630-1830	0630-1830	0630-1830	Rest Day	Rest Day
0630-1830	0630-1830	1830-0630	1830-0630	Rest Day	Rest Day	Rest Day
Relief 0	Relief 0	Relief 0	Relief 0	Relief 0	Relief 12	Relief 12
1830-0630	1830-0630	Rest Day	Rest Day	Rest Day	0630-1830	0630-1830
Rest Day	Rest Day	Rest Day	Rest Day	1830-0630	1830-0630	1830-0630
Rest Day	Rest Day	0630-1830	0630-1830	0630-1830	Rest Day	Rest Day
0630-1830	0630-1830	1830-0630	1830-0630	Rest Day	Rest Day	Rest Day
Relief 12	Relief 12	Relief 12	Relief 12	Relief 0	Relief 0	Relief 0
1830-0630	1830-0630	Rest Day	Rest Day	Rest Day	0630-1830	0630-1830
Rest Day	Rest Day	Rest Day	Rest Day	1830-0630	1830-0630	1830-0630
Rest Day	Rest Day	0630-1830	0630-1830	0630-1830	Rest Day	Rest Day
0630-1830	0630-1830	1830-0630	1830-0630	Rest Day	Rest Day	Rest Day
Relief 0	Relief 0	Relief 0	Relief 0	Relief 0	Relief 12	Relief 12
1830-0630	1830-0630	Rest Day	Rest Day	Rest Day	0630-1830	0630-1830
Rest Day	Rest Day	Rest Day	Rest Day	1830-0630	1830-0630	1830-0630
Rest Day	Rest Day	0630-1830	0630-1830	0630-1830	Rest Day	Rest Day
0630-1830	0630-1830	1830-0630	1830-0630	Rest Day	Rest Day	Rest Day